

Competition Type

**East Region Winter Champs 2017**  
 Long Course Licensed @ Level 1 : #1ER170911

Place  
 Date  
 Coach

**UEA Sportspark Norwich - Full AOE Timing**  
 4th + 5th November 2017  
 John - Saturday / Roger - Sunday



# HALSTEAD SC

Event No.	SWIMMER	Age Group	Stroke	Distance	Place	Time	PB Improvement		Award	Last Recorded PB		Club Record						2018 County Qualifying Times (Age @ 31st Dec 2018)			
							Slower by :	Faster by :				Age Band	Set By :	Date Set	Record	Slower by :	Faster by :	Comment	Q/Time	Slower by :	Faster by :
202	Kai ADAMS	Open	Freestyle	50m	33	0:25.94	-0.31 secs		Gold	0:25.63	13-Apr-14	OPEN	E.Clark	23-Feb-13	0:25.11	-0.83 secs			0:30.09		4.15 secs
203	Eloise CONWAY	Open	Backstroke	50m	76	0:34.65	-1.81 secs		Gold	0:32.84	05-Nov-16	16&U	E.Conway	05-Nov-16	0:32.84	-1.81 secs			0:37.89		3.24 secs
207	Sasha HUTCHISON	Open	Breaststroke	100m	46	1:23.36	-2.25 secs		Platinum	1:21.11	07-Oct-17	OPEN	A.Root	11-Dec-10	1:18.92	-4.44 secs			1:27.59		4.23 secs
207	Katherine DAYNES	Open	Breaststroke	100m	58	1:24.30	-4.97 secs		Platinum	1:19.33	10-Dec-16	16&U	K.Daynes	07-Oct-17	1:20.15	-4.15 secs			1:27.59		3.29 secs
302	Kai ADAMS	Open	Backstroke	100m	29	1:05.96	-3.36 secs		Platinum	1:02.60	29-Oct-16	OPEN	E.Clark	31-Mar-12	0:59.63	-6.33 secs			1:11.29		5.33 secs
305	Sasha HUTCHISON	Open	Butterfly	50m	87	0:32.83	-0.86 secs		Gold	0:31.97	29-Sep-17	OPEN	A.Cox	22-Feb-14	0:31.40	-1.43 secs			0:36.79		3.96 secs
501	Kai ADAMS	Open	Individual Medley	200m	22	2:21.31	-0.44 secs		Platinum	2:20.87	03-Oct-15	OPEN	E.Clark	24-Feb-13	2:11.42	-9.89 secs			2:29.19		7.88 secs
504	Katherine DAYNES	Open	Breaststroke	200m	48	3:03.84	-12.04 secs		Platinum	2:51.80	29-Sep-17	16&U	K.Daynes	29-Sep-17	2:51.80	-12.04 secs			3:06.49		2.65 secs
603	Kai ADAMS	Open	Freestyle	100m	16	0:55.77	-1.51 secs		Platinum	0:54.26	14-Oct-17	OPEN	K.Adams	14-Oct-17	0:54.26	-1.51 secs			1:01.99		6.22 secs
605	Samuel JOHNSON	Open	Breaststroke	50m	21	0:32.85	-0.99 secs		Gold	0:31.86	30-Apr-17	OPEN	O.Mills	30-Apr-17	0:31.35	-1.50 secs			0:40.09		7.24 secs
605	Elliot SWALLOW	Open	Breaststroke	50m	53	0:34.72	-0.83 secs		Gold	0:33.89	13-Oct-17	OPEN	O.Mills	30-Apr-17	0:31.35	-3.37 secs			0:40.09		5.37 secs
606	Sasha HUTCHISON	Open	Breaststroke	50m	52	0:38.07	-1.05 secs		Gold	0:37.02	13-Oct-17	OPEN	A.Root	28-Nov-10	0:35.91	-2.16 secs			0:42.79		4.72 secs
606	Katherine DAYNES	Open	Breaststroke	50m	57	0:38.13	-1.18 secs		Gold	0:36.95	15-Jul-17	16&U	S.Hutchison	09-Apr-17	0:37.16	-0.97 secs			0:42.79		4.66 secs
607	Kai ADAMS	Open	Backstroke	200m	29	2:25.11	-6.94 secs		Platinum	2:18.17	24-Sep-16	OPEN	E.Clark	01-Apr-12	2:07.68	-17.43 secs			2:31.19		6.08 secs
							-38.54 secs	0.00 secs													
							Seconds Down	-38.54 secs													