

Competition Type

**East Region Championships 2018**  
 Long Course Licensed @ Level 1 : #1ER180213

Place  
 Date  
 Coach

**UEA Sportspark Norwich - Full AOE Timing**  
 5th, 6th + 7th May 2018  
 Sat : John - Sun : Roger

# HALSTEAD SC



Event No.	SWIMMER	Age Group	Stroke	Distance	Place	Time	PB Improvement		Award	Last Recorded PB		Club Record						2018 County Qualifying Times (Age @ 31st Dec 2018)			
							Slower by :	Faster by :				Age Band	Set By :	Date Set	Record	Slower by :	Faster by :	Comment	O/Time	Slower by :	Faster by :
114	Ole MILLS	17Yrs/Ov	Breaststroke	100m	18	1:11.85	-3.37 secs		Platinum	1:08.48	05-Nov-16	OPEN	E.Clark	15-Apr-12	1:08.17	-3.68 secs			1:22.29		10.44 secs
115	Katherine DAYNES	16 Yrs	Breaststroke	200m	7	2:53.24	-1.44 secs		Platinum	2:51.80	29-Sep-17	16&U	K.Daynes	29-Sep-17	2:51.80	-1.44 secs			3:06.49		13.25 secs
123	Katherine DAYNES	16 Yrs	Breaststroke	50m	6	0:36.09	-0.79 secs		Gold	0:35.30	15-Apr-18	16&U	K.Daynes	15-Apr-18	0:35.30	-0.79 secs			0:42.79		6.70 secs
123	Jodie ROOT	17Yrs/Ov	Breaststroke	50m	17	0:36.51		0.88 secs	PB Gold	0:37.39	03-Feb-18	16&U	K.Daynes	15-Apr-18	0:35.30	-1.21 secs			0:42.79		6.28 secs
144 FINAL	Katherine DAYNES	16 Yrs	Breaststroke	200m	7	2:57.47	-5.67 secs		Platinum	2:51.80	29-Sep-17	16&U	K.Daynes	29-Sep-17	2:51.80	-5.67 secs			3:06.49		9.02 secs
156 FINAL	Katherine DAYNES	16 Yrs	Breaststroke	50m	5	0:36.46	-1.16 secs		Gold	0:35.30	15-Apr-18	16&U	K.Daynes	15-Apr-18	0:35.30	-1.16 secs			0:42.79		6.33 secs
214	Katherine DAYNES	16 Yrs	Breaststroke	100m	6	1:19.30	-3.12 secs		Platinum	1:16.18	15-Apr-18	16&U	K.Daynes	15-Apr-18	1:16.18	-3.12 secs			1:27.59		8.29 secs
214	Jodie ROOT	17Yrs/Ov	Breaststroke	100m	23	1:23.20	-1.74 secs		Platinum	1:21.46	18-Feb-18	16&U	K.Daynes	15-Apr-18	1:16.18	-7.02 secs			1:27.59		4.39 secs
215	Ole MILLS	17Yrs/Ov	Breaststroke	200m	15	2:36.54	-5.24 secs		Platinum	2:31.30	29-Sep-17	OPEN	E.Clark	01-Apr-12	2:28.90	-7.64 secs			2:55.79		19.25 secs
223	Samuel JOHNSON	17Yrs/Ov	Breaststroke	50m	26	0:32.95	-1.52 secs		Gold	0:31.43	03-Mar-18	OPEN	O.Mills	30-Apr-17	0:31.35	-1.60 secs			0:40.09		7.14 secs
241 FINAL	Katherine DAYNES	16 Yrs	Breaststroke	100m	8	1:21.14	-4.96 secs		Platinum	1:16.18	15-Apr-18	16&U	K.Daynes	15-Apr-18	1:16.18	-4.96 secs			1:27.59		6.45 secs

-29.01 secs    0.88 secs

**Seconds Down**    -28.13 secs