

Competition Type

**East Region Winter Champs 2018**  
Short Course Licensed @ Level 2 : #2ER180889

Place  
Date  
Coach

**Luton Sports Village - Full AOE Timing**  
3rd + 4th November 2018  
John Lowe



# HALSTEAD SC

Event No.	SWIMMER	Age Group	Stroke	Distance	Place	Time	PB Improvement		Award	Last Recorded PB		Club Record						2019 County Qualifying Times (Age @ 31st Dec 2019)			
							Slower by :	Faster by :				Age Band	Set By :	Date Set	Record	Slower by :	Faster by :	Comment	Q/Time	Slower by :	Faster by :
203	Kai ADAMS	Open	Freestyle	50m	43	0:25.04	-0.07 secs		Gold	0:24.97	20-Oct-18	OPEN	K.Adams	20-Oct-18	0:24.97	-0.07 secs			0:28.50		3.46 secs
206	Katherine DAYNES	Open	Breaststroke	100m	40	1:17.63	-1.45 secs		Platinum	1:16.18	15-Apr-18	16&U	K.Daynes	15-Apr-18	1:16.18	-1.45 secs			1:27.50		9.87 secs
207	Ole MILLS	Open	Breaststroke	100m	34	1:09.58	-1.10 secs		Platinum	1:08.48	05-Nov-16	OPEN	E.Clark	15-Apr-12	1:08.17	-1.41 secs			1:22.20		12.62 secs
207	Samuel JOHNSON	Open	Breaststroke	100m	72	1:13.26	-2.27 secs		Platinum	1:10.99	15-Apr-18	OPEN	E.Clark	15-Apr-12	1:08.17	-5.09 secs			1:22.20		8.94 secs
302	Kai ADAMS	Open	Backstroke	100m	23	1:00.85	-0.90 secs		Platinum	0:59.95	20-Oct-18	OPEN	E.Clark	31-Mar-12	0:59.63	-1.22 secs			1:11.20		10.35 secs
306	Kai ADAMS	Open	Butterfly	50m	21	0:26.84		0.44 secs	PB Gold	0:27.28	15-Apr-18	OPEN	E.Clark	31-Mar-12	0:26.50	-0.34 secs			0:34.00		7.16 secs
502	Robert BROWN	Open	Backstroke	50m	75	0:29.87		0.14 secs	PB Gold	0:30.01	21-Oct-18	OPEN	K.Adams	21-Oct-18	0:28.78	-1.09 secs			0:35.00		5.13 secs
504	Ole MILLS	Open	Breaststroke	200m	17	2:30.43	-0.62 secs		Platinum	2:29.81	20-Oct-18	OPEN	E.Clark	01-Apr-12	2:28.90	-1.53 secs			2:55.70		25.27 secs
505	Katherine DAYNES	Open	Breaststroke	200m	24	2:48.92	-0.46 secs		Platinum	2:48.46	24-Jun-18	16&U	K.Daynes	24-Jun-18	2:48.46	-0.46 secs			3:06.40		17.48 secs
506	Kai ADAMS	Open	Butterfly	100m	15	0:58.84		0.99 secs	PB Platinum	0:59.83	20-Oct-18	OPEN	E.Clark	11-Mar-12	0:58.15	-0.69 secs			1:10.30		11.46 secs
508	Ole MILLS	Open	Individual Medley	100m	35	1:03.85	-1.10 secs		Gold	1:02.75	03-Mar-18	OPEN	E.Clark	20-Feb-12	1:01.07	-2.78 secs					
603	Kai ADAMS	Open	Freestyle	100m	20	0:53.51		0.01 secs	PB Platinum	0:53.52	21-Oct-18	OPEN	K.Adams	21-Oct-18	0:53.52		0.01 secs	NEW CLUB RECORD	1:01.90		8.39 secs
605	Ole MILLS	Open	Breaststroke	50m	43	0:32.11	-0.76 secs		Gold	0:31.35	30-Apr-17	OPEN	O.Mills	30-Apr-17	0:31.35	-0.76 secs			0:40.00		7.89 secs
605	Samuel JOHNSON	Open	Breaststroke	50m	45	0:32.19	-0.76 secs		Gold	0:31.43	03-Mar-18	OPEN	O.Mills	30-Apr-17	0:31.35	-0.84 secs			0:40.00		7.81 secs
606	Katherine DAYNES	Open	Breaststroke	50m	36	0:35.59	-0.29 secs		Gold	0:35.30	15-Apr-18	16&U	K.Daynes	15-Apr-18	0:35.30	-0.29 secs			0:42.70		7.11 secs

Seconds Down -8.20 secs