



# BRITISH GAS ASA EAST REGION

## BAGCAT/ Youth - Long Course Championships 2014

### Qualifying Times (25m)



BOYS							GIRLS							
10 Years	11 Years	12 Years	13 Years	14 Years	15 & 16 Years	17 + Years	10 Years	11 Years	12 Years	13 Years	14 Years	15 & 16 Years	17 + Years	
					00:26.69	00:25.74	50m Freestyle					00:29.75	00:29.14	
need 200m QT	01:07.89	01:06.39	01:02.48	01:00.16	00:58.26	00:56.93	100m Freestyle	need 200m QT	01:09.80	01:06.97	01:05.03	01:03.95	01:03.57	01:02.92
02:41.33	02:28.37	02:24.16	02:16.05	02:09.46	02:06.00	02:03.34	200m Freestyle	02:41.42	02:29.54	02:23.76	02:19.76	02:17.55	02:17.56	02:14.68
05:24.36	05:13.33	05:02.76	04:48.06	04:34.75	04:31.07	04:23.52	400m Freestyle	05:46.56	05:15.24	05:05.28	04:55.32	04:47.66	04:51.14	04:48.33
							800m Freestyle	*10:59.34	10:50.90	10:39.68	10:17.00	10:03.60	10:00.26	09:54.76
*20:52.56	20:52.26	20:22.68	19:18.02	18:36.83	18:10.44	17:51.47	1500m Freestyle							
					00:30.61	00:30.61	50m Backstroke					00:33.87	00:33.87	
need 200m QT	01:17.18	01:14.20	01:10.12	01:08.97	01:05.73	01:04.26	100m Backstroke	need 200m QT	01:18.86	01:15.91	01:12.13	01:10.05	01:10.88	01:10.09
03:01.33	02:45.09	02:39.90	02:30.56	02:22.92	02:22.79	02:19.52	200m Backstroke	03:02.90	02:47.78	02:40.74	02:34.94	02:30.43	02:32.64	02:30.66
					00:31.20	00:31.20	50m Breaststroke					00:37.81	00:37.81	
need 200m QT	01:29.49	01:25.33	01:20.35	01:16.14	01:14.56	01:13.79	100m Breaststroke	need 200m QT	01:28.26	01:25.69	01:22.08	01:21.45	01:21.42	01:20.57
03:28.67	03:11.39	03:04.02	02:53.04	02:44.10	02:42.30	02:40.34	200m Breaststroke	03:30.37	03:10.93	03:05.74	02:56.01	02:54.34	02:58.43	02:54.53
					00:27.50	00:27.50	50m Butterfly					00:30.76	00:30.76	
need 200m QT	01:15.09	01:13.56	01:09.70	01:06.50	01:02.98	01:02.94	100m Butterfly	need 200m QT	01:16.91	01:15.22	01:11.95	01:10.77	01:09.98	01:09.22
03:12.64	02:47.80	02:44.25	02:35.22	02:26.47	02:22.57	02:21.59	200m Butterfly	03:09.64	02:50.20	02:47.59	02:38.65	02:36.14	02:35.11	02:33.39
03:04.45	02:47.17	02:44.11	02:34.00	02:28.27	02:24.97	02:21.48	200m I.M.	03:05.17	02:50.05	02:44.68	02:37.78	02:35.52	02:36.85	02:34.76
06:27.82	05:52.18	05:44.78	05:22.75	05:11.52	05:11.09	05:04.22	400m I.M.	06:39.96	06:00.24	05:49.03	05:33.06	05:27.25	05:33.65	05:30.26

\* These qualifying standards are only available to 10 year olds who will be 11 by August 3rd 2014 for entry into the National BAGCAT Championships.

These swims will NOT attract BAGCAT points.

Entry times for ALL events MUST be eligible for inclusion in the ASA Rankings database.

Entries MAY be rejected at the discretion of the Promoter.

There will be a maximum of 80 athletes accepted for the 800m Freestyle event and 48 for the 1500m Freestyle

**BAGCATS REMEMBER: Age means age on June 15th 2014. All times to be achieved between June 10th 2013 and the closing date (14th May 2014).**

**YOUTHS REMEMBER: Age means age on June 15th 2014. All times to be achieved between May 6th 2013 and the closing date (9th April 2014).**

#### BAGCAT CHAMPIONSHIPS (10-14 Years) YOUTH CHAMPIONSHIPS

Licence No.: tba

Closing Date : 14th May 2014

June 7th, 8th, 14th & 15th 2014

University of East Anglia - Norwich

Queries to : [swimming@eastswimming.org](mailto:swimming@eastswimming.org)

09/12/2013

Licence No.: tba

Closing Date : 9th April 2014

May 3rd & 4th 2014

Inspire - Active Luton

Queries to : [swimming@eastswimming.org](mailto:swimming@eastswimming.org)

09/12/2013