

ESSEX COUNTY CHAMPS 2015

All events will be Short Course

Relay events will be incorporated into the County
Championships

Open Meets are still allowed to have 9 & 10 yr old swimmers
and can have a different Age on Day

If swimmers are swimming at a meet on 3/4th Jan these times
can be entered on a spreadsheet when sending in entries

11 year old boys can now swim 100's and 1500 at Counties

The QTs will be reflective of the fact that most swimmers
would not have turned the age that they are swimming in
ie An 11 yr old County swimmer with a December Birthday
would have only just turned 10 at the County Championships