ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION

County Association of East and London Regions

Essex Junior & Senior Championships 2014
Schedule

Session 1 Mixed Warm Up 6pm TBC Signing in closes 6pm TBC Start 6.30pm					SESSION 2 Boys Warm Up 1.30pm Girls Warm Up 1.55pm Signing in closes 1.55pm Start 2.30pm					SESSION 3 Boys Warm Up TBC Girls Warm Up TBC Signing in closes TBC Start TBC					SESSION 4 Girls Warm Up 1.30pm Boys Warm Up 1.55pm Signing in closes 1.55pm Start 2.30pm				
1	Boys	1500	FREESTYLE	HDW	3	BOYS	400	FREESTYLE	HDW	16	BOYS	200	IM	HDW	28	GIRLS	400	FREESTYLE	HDW
2	GIRLS	800	FREESTYLE	HDW	4	GIRLS	400	IM	HDW	17	GIRLS	200	IM	HDW	29	BOYS	400	IM	HDW
					5	BOYS	50	FREESTYLE		18	BOYS	50	BACKSTROKE		30	GIRLS	50	FREESTYLE	
					6	GIRLS	50	BUTTERFLY		19	GIRLS	50	BACKSTROKE		31	BOYS	50	BUTTERFLY	
					7	BOYS	100	BACKSTROKE	HDW	20	BOYS	100	BREASTSTROKE	HDW	32	GIRLS	100	BACKSTROKE	HDW
					8	GIRLS	200	BREASTSTROKE	HDW	21	GIRLS	100	BREASTSTROKE	HDW	33	BOYS	200	BREASTSTROKE	HDW
					9	BOYS	50	BREASTSTROKE		22	BOYS	200	FREESTYLE	HDW	34	GIRLS	50	BREASTSTROKE	
					10	GIRLS	100	BUTTERFLY	HDW	23	GIRLS	200	FREESTYLE	HDW	35	BOYS	100	BUTTERFLY	HDW
					11	BOYS	100	FREESTYLE	HDW	24	BOYS	200	BUTTERFLY	HDW	36	GIRLS	100	FREESTYLE	HDW
					12	GIRLS	200	BACKSTROKE	HDW	25	GIRLS	200	BUTTERFLY	HDW	37	BOYS	200	BACKSTROKE	HDW
					FINALS					FINALS					FINALS				
					13	BOYS	50	FREESTYLE							38	GIRLS	50	FREESTYLE	
					14	GIRLS	50	BUTTERFLY		26	BOYS	50	BACKSTROKE		39	BOYS	50	BUTTERFLY	
					15	BOYS	50	BRST		27	GIRLS	50	BACKSTROKE		40	GIRLS	50	BREASTSTROKE	