



ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION
County Association of East and London Regions

Essex Winter SC Championships 2015

This Event will take place at Basildon Sporting Village, Cranes Farm Road, Basildon, and is licensed by the ASA as Level 2 event. It will be run SHORT course 25m in an 8 lane pool with electronic timing. It will be held under ASA Laws and ASA Technical Rules.

CONDITIONS

1. Age for The Essex Senior Competition is at 31st December 2015. (Swimmers must be at least 10yrs old by this date)
2. The closing date for this competition is midnight 2nd October 2015
3. Times must have been got after 1st October 2014
4. All entries must be sent electronically by midnight 2nd October 2015 to essexswimming@btopenworld.com
5. Fees are £6.50 per event
6. ALL entries must be paid for via BACS by 9th October 2015 (Details on financial form)
7. Once submitted entries cannot be changed or altered
8. The Essex Senior Championships 2015 will be swum as a Short Course Level 2 event
9. Swimmers must swim for an Essex Club
10. Championship medals will be awarded to the top 3 swimmers in each event ONLY
11. Entries may need to be restricted and this will be done according to entry times regardless of age
12. ALL Submitted times MUST be Short Course (Converted 50m times using the relevant software are allowed)
13. ALL 200m, 400m, 1500m and 800m events are HDW
14. ALL 50m & 100m events will have 'Open' Finals at the end of each session



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15. Awards for the top 3 swimmers in each event will be made at the end of each session
16. All times must be Licensed and eligible for inclusion on the ASA Rankings database
17. There will be NO skins events
18. If a swimmer withdraws from any event due to illness they will be withdrawn from all other events in that session including finals
19. The Secondary Entry (card) system will not be in operation. All swimmers will be expected to sign in and this will close 30mins before the start of each session, swimmers will then be expected to swim in events that they have signed in for. An individual, including reserves, withdrawing from a final shall give notice of withdrawal to the Control Room within 20 minutes of the publication of the list of finalists.

Withdrawals after these deadlines can only be made at the discretion of the Promoter whose decision shall be final.

Failure to comply with these conditions shall result in a fine of £10 per swimmer per event, which must be paid before the competitor/club competes again in ANY Essex Championships. In the event of a competitor not paying the fine, the Club in whose name the competitor has entered the Championships shall be responsible for payment

20. The following trophies/awards will be presented following Session 4:-

The Hugh Joiner Trophy and Award

Awarded to the Club scoring the highest number of points in all the Championship swimming events.

The 'Masters' Shield

Awarded to the Club scoring the most points in the Ladies and Men's 800/1500m Freestyle Championship events.

NO other trophies will be presented

- 19 Time Trials

The ECASA has determined that Time Trials shall not take place at any Championship event

- 20 Points are awarded for the top eight places in both individual and team events as follows:-

1st = 8 points, 2nd = 7 points, 3rd = 6 points, 4th = 5 points, 5th = 4 points, 6th = 3 points, 7th = 2 points and 8th = 1 point.

- 21 Any circumstances not covered by the above Conditions will be determined by the Promoter whose decision will be final.



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SCHEDULE OF EVENTS

FRIDAY 23 RD OCTOBER 2015 WARM UP 6PM SESSION 1	SATURDAY 24 TH OCTOBER 2015 WARM UP 1.30PM SESSION 2	SUNDAY 25 TH OCTOBER 2015 WARM UP 1.30PM SESSION 4
GIRLS 800 FREESTYLE	BOYS 400 FREESTYLE	GIRLS 400 FREESTYLE
BOYS 1500 FREESTYLE	GIRLS 400 IM	BOYS 400 IM
	BOYS 50 BREASTSTROKE	GIRLS 50 BREASTSTROKE
	GIRLS 50 BACKSTROKE	BOYS 50 BACKSTROKE
	BOYS 200 BUTTERFLY	GIRLS 200 BUTTERFLY
	GIRLS 200 FREESTYLE	BOYS 200 FREESTYLE
	BOYS 100 BACKSTROKE	GIRLS 100 BACKSTROKE
	GIRLS 100 BREASTSTROKE	BOYS 100 BREASTSTROKE
	FINALS (10 min break)	FINALS (10 min break)
	BOYS 50 BREASTSTROKE	GIRLS 50 BREASTSTROKE
	GIRLS 50 BACKSTROKE	BOYS 50 BACKSTROKE
	BOYS 100 BACKSTROKE	GIRLS 100 BACKSTROKE
	GIRLS 100 BREASTSTROKE	BOYS 100 BREASTSTROKE
	SATURDAY 24TH OCTOBER 2015 WARM UP TBC SESSION 3	SUNDAY 25TH OCTOBER 2015 WARM UP TBC SESSION 5
	BOYS 50 FREESTYLE	GIRLS 50 FREESTYLE
	GIRLS 50 BUTTERFLY	BOYS 50 BUTTERFLY
	BOYS 200 IM	GIRLS 200 IM
	GIRLS 100 FREESTYLE	BOYS 100 FREESTYLE
	BOYS 100 BUTTERFLY	GIRLS 100 BUTTERFLY
	GIRLS 100 IM	BOYS 100 IM
	BOYS 200 BREASTSTROKE	GIRLS 200 BREASTSTROKE
	GIRLS 200 BACKSTROKE	BOYS 200 BACKSTROKE
	FINALS (10 min break)	FINALS (10 min break)
	GIRLS 50 BUTTERFLY	BOYS 50 BUTTERFLY
	BOYS 50 FREESTYLE	GIRLS 50 FREESTYLE
	GIRLS 100 FREESTYLE	BOYS 100 FREESTYLE
	BOYS 100 BUTTERFLY	GIRLS 100 BUTTERFLY
	GIRLS 100 IM	BOYS 100 IM



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ALL EVENTS ARE SHORT COURSE

All QTs are short course

QUALIFYING TIMES

GIRLS	EVENTS	BOYS
31.62	50M FREESTYLE	31.53
1.09.42	100M FREESTYLE	1.08.39
2.29.60	200M FREESTYLE	2.27.58
5.12.64	400M FREESTYLE	5.07.22
10.54.50	800M FREESTYLE	
	1500M FREESTYLE	21.30.50
36.42	50M BACKSTROKE	36.10
1.18.84	100M BACKSTROKE	1.17.06
2.45.21	200M BACKSTROKE	2.43.17
42.15	50M BREASTSTROKE	41.37
1.32.57	100M BREASTSTROKE	1.29.76
3.15.27	200M BREASTSTROKE	3.10.96
36.07	50M BUTTERFLY	35.54
1.23.70	100M BUTTERFLY	1.21.02
3.10.74	200M BUTTERFLY	3.06.94
1.19.30	100M IM	1.22.70
2.51.53	200M IM	2.46.42
6.03.04	400M IM	5.56.70

Please remember that Coach Passes from Age Group Champs 2015 are to be used at this event



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CLUB-----

Financial Summary Sheet Please fill in the shaded areas

No of Boys Individual Entries		Total
	@ £6.50	
No of Girls Individual Entries		
	@ £6.50	
No of additional Coach Passes		
	@ £10 excluding food	
No of additional Coach Passes	@ £20 including food	
	Total	

Name.....

Address.....
.....
.....

Mobile.....

Email.....

BACS Payment should be made to:

Essex County ASA

Lloyds Bank

30-97-84

02445962

REF: ECASA 'CLUB NAME'

ALL payments must reach this account by 9th October 2015

Please remember that coach passes purchased for age groups 2015 are valid at Essex Sen/Jun Competition of the same year