



ESSEX SENIOR WINTER SC CHAMPIONSHIPS 2016

www.essexswimming.org

EVENT CONDITIONS

Event	ESSEX SENIOR WINTER SC CHAMPIONSHIPS
Date	28TH , 29TH , 30TH OCTOBER 2016
Venue	Basildon Sporting Village, Cranes Farm Road, Basildon, Essex SS14 3GR
Pool	25m, 8 Lane pool with Electronic timing and swimdown facilities
Level	2 LICENSE NUMBER 2ER161065
Age Groups	OPEN
Age On Day	31ST DECEMBER 2016
Awards	Top 3 SWIMMERS
Events	All 50,s, 100'S, 200'S, 400'S, 1500 AND 800
Race Entry Fee	£5.00 per event
Spectator Entrance Fee	£5.00 per day or part of
Club Entry Files Returned to	essexswimming@btopenworld.com
Individual Entries Returned to	Essex Swimming Manager Rebels, Rebels Lane Gt Wakering, Essex SS3 0QE-
All Enquiries to	essexswimming@btopenworld.com
Closing Date Meet Manager	2ND OCTOBER 2016 Lyndsey Motin

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Rules and Conditions

1. This event will be held under ASA Laws and regulations, technical rules of racing and to the ASA Open Meet Licensing Criteria
2. Times must have been achieved after 1st October 2015
3. All entries must be sent electronically by midnight 2nd October 2016 to essexswimming@btopenworld.com
4. Once submitted entries cannot be changed or altered
5. The Essex Senior Championships 2016 will be swum as a Short Course Level 2 event
6. Swimmers must be members of an ASA Essex Club and must be Registered as Category 2 Members of the ASA
7. Championship medals will be awarded to the top 3 swimmers in each event ONLY
8. Entries may need to be restricted and this will be done according to the slowest entry times regardless of age
9. ALL Submitted times MUST be Short Course (Converted 50m times using the sportsystems entry time converter software are allowed)
10. ALL 200m, 400m, 1500m and 800m events are HDW with timed finals
11. ALL 50m & 100m events will have 'Open' Finals at the end of each session
12. Awards for the top 3 swimmers in each event will be made at the end of each session
13. All times must be from ASA Rankings database and from level 1,2,3, or 4 Meets



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14. If a swimmer withdraws from any event due to illness they will be withdrawn from all other events in that session including finals
15. The Secondary Entry (card) system will not be in operation. All swimmers will be expected to sign in and this will close 30mins before the start of each session, swimmers will then be expected to swim in events that they have signed in for. An individual, including reserves, withdrawing from a final shall give notice of withdrawal to the Control Room within 20 minutes of the publication of the list of finalists.

Withdrawals after these deadlines can only be made at the discretion of the Promoter whose decision shall be final.

Failure to comply with these conditions shall result in a fine of £10 per swimmer per event, which must be paid before the competitor/club competes again in ANY Essex Championships. In the event of a competitor not paying the fine, the Club in whose name the competitor has entered the Championships shall be responsible for payment

16. The following trophies/awards will be presented following Session 4:-

The Hugh Joiner Trophy and Award

Awarded to the Club scoring the highest number of points in all the Championship swimming events.

The 'Masters' Shield

Awarded to the Club scoring the most points in the Ladies and Men's 800/1500m Freestyle Championship events.

NO other trophies will be presented

- 17 Time Trials

The ECASA has determined that Time Trials shall not take place at any Championship event

- 18 Points are awarded for the top eight places in both individual and team events as follows:-

1st = 8 points, 2nd = 7 points, 3rd = 6 points, 4th = 5 points, 5th = 4 points, 6th = 3 points, 7th = 2 points and 8th = 1 point.

- 19 ALL CLUBS WITH 5 OR MORE SWIMMERS COMPETEING AT THIS COMPETITION ARE REQUESTED TO PROVIDE AN OFFICIAL FOR EVERY SESSION THAT THEY HAVE SWIMMERS COMPETING IN REGARDLESS OF THE NUMBER COMPETING IN THAT SESSION

20. The promoter of this event is Phill Nice

- 21 ECASA reserves the right to add any condition to this event that maybe necessary to ensure the smooth running of the event



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SCHEDULE OF EVENTS

FRIDAY 28 th OCTOBER WARM UP 6PM SESSION 1	SATURDAY 29 th OCTOBER WARM UP 1.30PM SESSION 2	SUNDAY 30 th OCTOBER WARM UP 1.30PM SESSION 4
GIRLS 800 FREESTYLE	BOYS 400 FREESTYLE	GIRLS 400 FREESTYLE
BOYS 1500 FREESTYLE	GIRLS 400 IM	BOYS 400 IM
	BOYS 50 BREASTSTROKE	GIRLS 50 BREASTSTROKE
	GIRLS 50 BACKSTROKE	BOYS 50 BACKSTROKE
	BOYS 200 BUTTERFLY	GIRLS 200 BUTTERFLY
	GIRLS 200 FREESTYLE	BOYS 200 FREESTYLE
	BOYS 100 BACKSTROKE	GIRLS 100 BACKSTROKE
	GIRLS 100 BREASTSTROKE	BOYS 100 BREASTSTROKE
	FINALS (10 min break)	FINALS (10 min break)
	BOYS 50 BREASTSTROKE	GIRLS 50 BREASTSTROKE
	GIRLS 50 BACKSTROKE	BOYS 50 BACKSTROKE
	BOYS 100 BACKSTROKE	GIRLS 100 BACKSTROKE
	GIRLS 100 BREASTSTROKE	BOYS 100 BREASTSTROKE
	SATURDAY 29th OCTOBER WARM UP TBC SESSION 3	SUNDAY 30th OCTOBER WARM UP TBC SESSION 5
	BOYS 50 FREESTYLE	GIRLS 50 FREESTYLE
	GIRLS 50 BUTTERFLY	BOYS 50 BUTTERFLY
	BOYS 200 IM	GIRLS 200 IM
	GIRLS 100 FREESTYLE	BOYS 100 FREESTYLE
	BOYS 100 BUTTERFLY	GIRLS 100 BUTTERFLY
	GIRLS 100 IM	BOYS 100 IM
	BOYS 200 BREASTSTROKE	GIRLS 200 BREASTSTROKE
	GIRLS 200 BACKSTROKE	BOYS 200 BACKSTROKE
	FINALS (10 min break)	FINALS (10 min break)
	GIRLS 50 BUTTERFLY	BOYS 50 BUTTERFLY
	BOYS 50 FREESTYLE	GIRLS 50 FREESTYLE
	GIRLS 100 FREESTYLE	BOYS 100 FREESTYLE
	BOYS 100 BUTTERFLY	GIRLS 100 BUTTERFLY
	GIRLS 100 IM	BOYS 100 IM



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ALL EVENTS ARE SHORT COURSE

All QTs are short course

QUALIFYING TIMES

GIRLS	EVENTS	BOYS
31.62	50M FREESTYLE	31.53
1.09.42	100M FREESTYLE	1.08.39
2.29.60	200M FREESTYLE	2.27.58
5.12.64	400M FREESTYLE	5.07.22
10.54.50	800M FREESTYLE	
	1500M FREESTYLE	21.30.50
36.42	50M BACKSTROKE	36.10
1.18.84	100M BACKSTROKE	1.17.06
2.45.21	200M BACKSTROKE	2.43.17
42.15	50M BREASTSTROKE	41.37
1.32.57	100M BREASTSTROKE	1.29.76
3.15.27	200M BREASTSTROKE	3.10.96
36.07	50M BUTTERFLY	35.54
1.23.70	100M BUTTERFLY	1.21.02
3.10.74	200M BUTTERFLY	3.06.94
1.19.30	100M IM	1.22.70
2.51.53	200M IM	2.46.42
6.03.04	400M IM	5.56.70

Please remember that Coach Passes from Age Group Champs 2016 are to be used at this event – with a MAX 2 passes including food



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CLUB-----

Financial Summary Sheet Please fill in the shaded areas

No of Boys Individual Entries		Total
	@ £5.00	
No of Girls Individual Entries		
	@ £5.00	
	Total	

Name.....

Address.....
.....
.....

Mobile.....

Email.....

BACS Payment should be made to:

Essex County ASA

Lloyds Bank

30-97-84

02445962

REF: ECASA 'CLUB NAME'

ALL payments must reach this account by 9th October 2016

Please remember that coach passes purchased for age groups 2016 are valid at Essex Sen/Jun Competition of the same year



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Officials Form

CLUB.....

No of Swimmers Competing.....

Club Contact email.....

Officials Name	Qualification (J1, J2 etc) IF ANY	Sessions covered

This form must be emailed with SS file