



ESSEX SENIOR WINTER CHAMPIONSHIPS 2018

www.essexswimming.org

EVENT CONDITIONS

Event	ESSEX SENIOR WINTER CHAMPIONSHIPS 2018
Date	20/21 OCTOBER 2018
Venue	Basildon Sporting Village, Cranes Farm Road, Basildon, Essex SS14 3GR
Pool	25m, 8 Lane pool with Electronic timing and swimdown facilities
Level	2
Age Groups	OPEN
Age On Day	31ST DECEMBER 2018 MIN AGE 12YRS
Awards	MEDALS Top 3 OVERALL SWIMMERS EACH EVENT Pennants awarded to top 3 swimmers in each age 12, 13, 14
Events	All 50's, 100'S, 200'S, 400'S, 1500 AND 800
Race Entry Fee	£5.00 per event
Spectator Entrance Fee	£5.00 per day or part of
Club Entry Files Returned to	Link on ESSEX website www.essexswimming.org
Individual Entries Returned to	Link on ESSEX website www.essexswimming.org
All Enquiries to	essexswimming@btopenworld.com
Closing Date	4TH OCTOBER 2018
Meet Manager	Lyndsey Motin



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Rules and Conditions

1. This event will be held under ASA Laws and regulations, technical rules of racing and to the ASA Open Meet Licensing Criteria
2. Times must have been achieved after 1st October 2017
3. All entries must be sent entered ONLINE by midnight 4th October 2018
4. Once submitted entries cannot be changed or altered
5. The Essex Senior Championships 2018 will be swum as a SHORT Course Level 2 event
6. Swimmers must be members of an ASA Essex Club and must be Registered as Category 2 Members of the ASA **AND MUST BE A MINIMUM OF 12YRS OLD ON 31ST DECEMBER 2018**
7. Championship medals will be awarded to the top 3 swimmers in each event ONLY – Pennants can be collected From the awards table for the top 3 swimmers in each agegroup
8. Entries may need to be restricted and this will be done according to the slowest entry times regardless of age
9. ALL Submitted times MUST be Short Course (Converted 50m times using the sportsystems entry time converter software are allowed)
10. ALL 200m, 400m, 1500m and 800m & 100 IM events are HDW with timed finals
11. ALL other 50m & 100m events will have 'Open' Finals at the end of each session
12. Awards for the top 3 swimmers in each event will be made at the end of each session
13. All times must be from ASA Rankings database and from level 1,2,3, or 4 Meets
14. If a swimmer 'pulls out' of any event not having been withdrawn by the withdrawal deadline they will be withdrawn from all other events in that session including finals
15. WITHDRAWALS must be made using the correct form – withdrawals will close at the start of the FIRST warm up for each session - swimmers will then be expected to swim in events that they have not been withdrawn from



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Withdrawals will not be accepted via email. An individual, including reserves, withdrawing from a final shall give notice of withdrawal to the Control Room within 10 minutes of the publication of the list of finalists.

Withdrawals after these deadlines can only be made at the discretion of the Promoter whose decision shall be final.

Failure to comply with these conditions shall result in a fine of £10 per swimmer per event, which must be paid before the competitor/club competes again in ANY Essex Championships. In the event of a competitor not paying the fine, the Club in whose name the competitor has entered the Championships shall be responsible for payment

16. The following trophies/awards will be presented following Session 4:-

The Hugh Joiner Trophy and Award

Awarded to the Club scoring the highest number of points in all the Championship swimming events.

The 'Masters' Shield

Awarded to the Club scoring the most points in the Ladies and Men's 800/1500m Freestyle Championship events.

NO other trophies will be presented

- 17 Time Trials

The ECASA has determined that Time Trials shall not take place at any Championship event

- 18 Points are awarded for the top eight places in both individual and team events as follows:-

1st = 8 points, 2nd = 7 points, 3rd = 6 points, 4th = 5 points, 5th = 4 points, 6th = 3 points, 7th = 2 points and 8th = 1 point.

19. Entries to the meet will be held on a computer and consent, as required by the Data Protection Act 1998 to the holding of personal information on computer, will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on application to the Promoter.
- 20 Participants and spectators are requested to follow the ASA guidelines for photography and use of photographs on social media. The ASA Child Safeguarding Policy and Procedures, Wavepower 2016-19 Section 2 provides guidance on the use of social networking (page 72-75) and guidance on photography (page 76-77).
- 21 IMAGE CAPTURING DEVICES MUST NOT BE USED ON POOLSIDE OR CHANGING AREA AT ANY TIME FOR THE PURPOSE OF TAKING PHOTOS
22. Competitors must be suitably dressed and with the appropriate footwear whilst on poolside. No outdoor shoes are allowed on poolside unless exclusively used for the purpose of poolside shoes. Swimmers are not allowed elsewhere in the building or in the spectator area with wet swimwear.
23. Coaches or Team Managers are responsible for the swimmers' conduct at all times.
24. By submitting an entry, competitors and coaches are agreeing to be bound by these rules.
25. The promoters reserve the right to refuse admission to any competitor or spectator.
26. The promoter of this event is Phill Nice
27. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to ASA Laws



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SCHEDULE OF EVENTS

SATURDAY 20th OCTOBER WARM UP 1.00PM SESSION 2	SUNDAY 21st OCTOBER WARM UP 1.00PM SESSION 4
BOYS 400 FREESTYLE	GIRLS 400 FREESTYLE
GIRLS 400 IM	BOYS 400 IM
BOYS 50 BREASTSTROKE	GIRLS 50 BREASTSTROKE
GIRLS 50 BACKSTROKE	BOYS 50 BACKSTROKE
BOYS 200 BUTTERFLY	GIRLS 200 BUTTERFLY
GIRLS 200 FREESTYLE	BOYS 200 FREESTYLE
BOYS 100 BACKSTROKE	GIRLS 100 BACKSTROKE
GIRLS 100 BREASTSTROKE	BOYS 100 BREASTSTROKE
FINALS	FINALS
BOYS 50 BREASTSTROKE	GIRLS 50 BREASTSTROKE
GIRLS 50 BACKSTROKE	BOYS 50 BACKSTROKE
BOYS 100 BACKSTROKE	GIRLS 100 BACKSTROKE
GIRLS 100 BREASTSTROKE	BOYS 100 BREASTSTROKE
GIRLS 800M FREESTYLE	BOYS 1500M FREESTYLE
SATURDAY 20th OCTOBER WARM UP TBC SESSION 3	SUNDAY 21st OCTOBER WARM UP TBC SESSION 5
BOYS 50 FREESTYLE	GIRLS 50 FREESTYLE
GIRLS 50 BUTTERFLY	BOYS 50 BUTTERFLY
BOYS 200 IM	GIRLS 200 IM
GIRLS 100 FREESTYLE	BOYS 100 FREESTYLE
BOYS 100 BUTTERFLY	GIRLS 100 BUTTERFLY
GIRLS 200 BACKSTROKE	BOYS 200 BACKSTROKE
BOYS 200 BREASTSTROKE	GIRLS 200 BREASTSTROKE
GIRLS 100 IM	BOYS 100 IM
FINALS	FINALS
BOYS 50 FREESTYLE	GIRLS 50 FREESTYLE
GIRLS 50 BUTTERFLY	BOYS 50 BUTTERFLY
BOYS 100 BUTTERFLY	GIRLS 100 BUTTERFLY
GIRLS 100 FREESTYLE	BOYS 100 FREESTYLE



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All QTs are short course

QUALIFYING TIMES

Min age 12yrs

GIRLS	EVENTS	BOYS
31.62	50M FREESTYLE	31.53
1.09.42	100M FREESTYLE	1.08.39
2.29.60	200M FREESTYLE	2.27.58
5.12.64	400M FREESTYLE	5.07.22
10.54.50	800M FREESTYLE	
	1500M FREESTYLE	21.30.50
36.42	50M BACKSTROKE	36.10
1.18.84	100M BACKSTROKE	1.17.06
2.45.21	200M BACKSTROKE	2.43.17
42.15	50M BREASTSTROKE	41.37
1.32.57	100M BREASTSTROKE	1.29.76
3.15.27	200M BREASTSTROKE	3.10.96
36.07	50M BUTTERFLY	35.54
1.23.70	100M BUTTERFLY	1.21.02
3.10.74	200M BUTTERFLY	3.06.94
1.19.30	100M IM	1.22.70
2.51.53	200M IM	2.46.42
6.03.04	400M IM	5.56.70

Please remember that Coach Passes from Age Group Champs 2018 are to be used at this event – with a MAX 2 passes including food

BACS Payment should be made to:

Essex County ASA

Lloyds Bank

30-97-84

02445962

REF: ECASA 'CLUB NAME'

ALL payments must reach this account by 6th October 2018

Please remember that coach passes purchased for age groups 2018 are valid at Essex Sen/Jun Competition of the same year



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