



**ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION**  
*County Association of East and London Regions*  
**ESSEX COUNTY CHAMPS 2016**

23/24<sup>TH</sup> JAN – BASILDON SPORTING VILLAGE  
 6<sup>TH</sup> FEB – LONDON AQUATIC CENTRE  
 20<sup>TH</sup>/21<sup>ST</sup> FEB – BASILDON SPORTING VILLAGE

**LONG COURSE**  
**INDIVIDUAL HSC ENTRY FORM**  
**FULL EVENT INFO/QUALIFYING TIMES/PROGRAMME OF EVENTS CAN BE**  
**DOWNLOADED FROM THE HSC WEBSITE FROM THE EVENT ORGANISER IN**  
**THE COUNTY SUB SETION**

Please fill this form in FULLY and CORRECTLY, otherwise your entries cannot be accepted.  
 Use BLOCK CAPITALS

FORENAME ..... SURNAME ..... D.O.B...../...../.....

MALE/FEMALE.....

FULL ADDRESS.....

..... TEL.No.....

A.S.A. REGISTRATION No.

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EVENT	TIME	EVENT	TIME
50 FREE		200 FREE	
50 BACK		200 BACK	
50 BREAST		200 BREAST	
50 FLY		200 FLY	
100 FREE		400 FREE	
100 BACK		800 FREE Girls	
100 BREAST		1500 FREE Boys	
100 FLY			
		200 IM	
		400 IM	
Entry Fee is £6.50 Per Event	No. of Events =	Total Event Fee =	£
		£2.00 ADMIN	+ £
		Total =	£

I hereby declare that the above particulars are correct & that I am an eligible competitor in accordance with the laws of the ASA.  
 Signature of Competitor .....Date.....

**RETURN TO DONNA**  
**CLOSING DATE WEDNESDAY 16<sup>TH</sup> DECEMBER 2015**  
**ANY QUESTIONS CONTACT DONNA 07759191488**

NO CHANGES CAN BE MADE TO EVENTS ENTERED OR TIMES ENTERED AFTER ENTRIES HAVE BEEN SUBMITTED. ABSOLUTLY NO ENTRIES WILL BE ACCEPTED AFTER THE CLOSING DATE  
 Licensed entry times ONLY - TIMES CANNOT be edited