



**East Swimming**  
**2017 Winter Championships (50m)**  
*(Under ASA Laws and Regulations and ASA Technical Rules of Racing)*  
**Sportspark: UEA Norwich**  
(Licensed Meet No. 1ER170911)



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## Received Entries

Please note these are not Final Accepted Entries

Can all clubs please Check the following entries thoroughly and notify me of any errors at [entriesmanager@eastswimming.org](mailto:entriesmanager@eastswimming.org).  
All errors to be notified prior to **Midnight Tuesday 17<sup>th</sup> October**, after then no corrections will be allowed, and a full and final accepted entries list will be published.

### Basildon Phoenix

#### Callum HODGSON 00

Event 202 Mens Open 50m Freestyle  
Event 208 Mens Open 400m Freestyle  
Event 304 Mens Open 200m Freestyle  
Event 603 Mens Open 100m Freestyle

#### Disability Categories - S14, SB14, SM14

29.36 Session 02  
4:52.94 Session 02  
2:15.80 Session 03  
1:03.24 Session 06

#### Ciara TAPPENDEN 01

Event 504 Womens Open 200m Breaststroke

#### Disability Categories - S15, SB15, SM15

2:53.96 Session 05

#### Ella-Louise KILSBY 02

Event 201 Womens Open 200m IM

2:36.59 Session 02

#### Jack TURRELL 03

Event 204 Mens Open 200m Butterfly  
Event 306 Mens Open 50m Butterfly

2:23.10 Session 02  
28.00 Session 03

#### Jack WILLIAMS 02

Event 202 Mens Open 50m Freestyle  
Event 206 Mens Open 100m Breaststroke  
Event 605 Mens Open 50m Breaststroke

26.00 Session 02  
1:11.70 Session 02  
30.80 Session 06

#### James BAYLEY 00

Event 208 Mens Open 400m Freestyle  
Event 304 Mens Open 200m Freestyle

4:12.80 Session 02  
2:00.70 Session 03

#### James DILLON 03

Event 206 Mens Open 100m Breaststroke  
Event 505 Mens Open 200m Breaststroke  
Event 605 Mens Open 50m Breaststroke

1:10.80 Session 02  
2:36.90 Session 05  
32.10 Session 06

#### Poppy ALLEN 03

Event 207 Womens Open 100m Breaststroke  
Event 504 Womens Open 200m Breaststroke  
Event 606 Womens Open 50m Breaststroke

1:17.16 Session 02  
2:52.53 Session 05  
35.20 Session 06

### Beccles Town

#### Beccles Town SC Green

Event 308 Mens Open 800m Freestyle Team  
Event 414 Mens Open 400m Freestyle Team  
Event 715 Mens Open 400m Medley Team

8:40.00 Session 03  
3:51.00 Session 04  
4:21.00 Session 07

#### Beccles Town SC White

Event 414 Mens Open 400m Freestyle Team  
Event 715 Mens Open 400m Medley Team

4:10.00 Session 04  
4:55.00 Session 07

#### Callum THURSTON-WOOLNOUGH 00

Event 204 Mens Open 200m Butterfly  
Event 302 Mens Open 100m Backstroke  
Event 501 Mens Open 200m IM  
Event 503 Mens Open 50m Backstroke  
Event 601 Mens Open 400m IM

2:23.46 Session 02  
1:04.55 Session 03  
2:23.52 Session 05  
29.43 Session 05  
5:06.14 Session 06

#### Dalton YALLOP 97

Event 202 Mens Open 50m Freestyle  
Event 302 Mens Open 100m Backstroke  
Event 304 Mens Open 200m Freestyle  
Event 306 Mens Open 50m Butterfly  
Event 503 Mens Open 50m Backstroke  
Event 603 Mens Open 100m Freestyle

24.55 Session 02  
1:01.36 Session 03  
2:02.47 Session 03  
27.58 Session 03  
28.45 Session 05  
53.90 Session 06

#### Daniel THURSTON-WOOLNOUGH 01

Event 102 Mens Open 1500m Freestyle  
Event 601 Mens Open 400m IM

18:05.87 Session 01  
5:09.30 Session 06

#### Ross BARNSHAW 98

Event 102 Mens Open 1500m Freestyle  
Event 202 Mens Open 50m Freestyle  
Event 208 Mens Open 400m Freestyle  
Event 304 Mens Open 200m Freestyle  
Event 501 Mens Open 200m IM  
Event 603 Mens Open 100m Freestyle

17:44.93 Session 01  
25.94 Session 02  
4:27.27 Session 02  
2:05.31 Session 03  
2:23.33 Session 05  
57.23 Session 06



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<b>Samuel SKUSE</b>	<b>01</b>		
Event 206	Mens Open 100m Breaststroke	1:13.60	Session 02
Event 605	Mens Open 50m Breaststroke	32.30	Session 06
<b>Teal'K SMITH</b>	<b>03</b>		
Event 601	Mens Open 400m IM	5:10.31	Session 06

**Berkhamsted**

<b>Christian NEL</b>	<b>00</b>		
Event 503	Mens Open 50m Backstroke	28.51	Session 05
Event 603	Mens Open 100m Freestyle	55.96	Session 06

<b>Ellen NORTHWOOD</b>	<b>01</b>		
Event 305	Womens Open 50m Butterfly	30.50	Session 03

<b>Isabelle SOULSBY</b>	<b>03</b>		
Event 201	Womens Open 200m IM	2:34.47	Session 02
Event 203	Womens Open 50m Backstroke	32.28	Session 02
Event 307	Womens Open 200m Backstroke	2:27.98	Session 03

<b>Ismail RAHIM</b>	<b>02</b>		
Event 204	Mens Open 200m Butterfly	2:24.51	Session 02
Event 306	Mens Open 50m Butterfly	27.50	Session 03
Event 501	Mens Open 200m IM	2:22.33	Session 05
Event 503	Mens Open 50m Backstroke	29.90	Session 05
Event 507	Mens Open 100m Butterfly	1:01.54	Session 05
Event 603	Mens Open 100m Freestyle	57.55	Session 06

<b>James CHENNELLS</b>	<b>01</b>		
Event 202	Mens Open 50m Freestyle	24.60	Session 02
Event 208	Mens Open 400m Freestyle	4:19.40	Session 02
Event 304	Mens Open 200m Freestyle	1:58.10	Session 03
Event 306	Mens Open 50m Butterfly	27.90	Session 03
Event 501	Mens Open 200m IM	2:14.80	Session 05
Event 503	Mens Open 50m Backstroke	29.70	Session 05
Event 507	Mens Open 100m Butterfly	1:00.90	Session 05
Event 603	Mens Open 100m Freestyle	53.80	Session 06
Event 607	Mens Open 200m Backstroke	2:14.31	Session 06

<b>Zachary PATEL</b>	<b>01</b>		
Event 204	Mens Open 200m Butterfly	2:27.12	Session 02
Event 206	Mens Open 100m Breaststroke	1:13.57	Session 02
Event 306	Mens Open 50m Butterfly	26.10	Session 03
Event 501	Mens Open 200m IM	2:20.33	Session 05

**Bishop Stortford**

<b>Alexander CATTON</b>	<b>03</b>		
Event 503	Mens Open 50m Backstroke	30.67	Session 05

<b>Amy YOUNG</b>	<b>99</b>		
Event 203	Womens Open 50m Backstroke	31.10	Session 02
Event 303	Womens Open 100m Freestyle	58.20	Session 03
Event 305	Womens Open 50m Butterfly	29.70	Session 03
Event 502	Womens Open 50m Freestyle	27.30	Session 05
Event 506	Womens Open 100m Butterfly	1:03.60	Session 05
Event 602	Womens Open 100m Backstroke	1:08.41	Session 06
Event 604	Womens Open 200m Freestyle	2:09.30	Session 06

<b>Annabel HUNT</b>	<b>00</b>		
Event 502	Womens Open 50m Freestyle	28.96	Session 05
Event 604	Womens Open 200m Freestyle	2:14.75	Session 06

<b>Anya FLETCHER</b>	<b>02</b>		
Event 203	Womens Open 50m Backstroke	32.70	Session 02
Event 307	Womens Open 200m Backstroke	2:28.20	Session 03
Event 602	Womens Open 100m Backstroke	1:08.76	Session 06

<b>Bradley VEITCH</b>	<b>99</b>		
Event 304	Mens Open 200m Freestyle	1:57.90	Session 03
Event 306	Mens Open 50m Butterfly	28.10	Session 03
Event 507	Mens Open 100m Butterfly	1:01.75	Session 05
Event 603	Mens Open 100m Freestyle	54.00	Session 06

<b>Bryn COUSER</b>	<b>02</b>		
Event 206	Mens Open 100m Breaststroke	1:09.40	Session 02
Event 505	Mens Open 200m Breaststroke	2:31.70	Session 05
Event 605	Mens Open 50m Breaststroke	32.50	Session 06



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<b>Callum DAVIS 00</b>			
Event 202	Mens Open 50m Freestyle	25.41	Session 02
Event 204	Mens Open 200m Butterfly	2:17.70	Session 02
Event 304	Mens Open 200m Freestyle	2:02.06	Session 03
Event 306	Mens Open 50m Butterfly	26.20	Session 03
Event 507	Mens Open 100m Butterfly	58.80	Session 05
Event 603	Mens Open 100m Freestyle	55.71	Session 06
<b>Callum HAROLD 02</b>			
Event 206	Mens Open 100m Breaststroke	1:12.49	Session 02
Event 605	Mens Open 50m Breaststroke	33.10	Session 06
<b>Daniel CHADA 01</b>			
Event 202	Mens Open 50m Freestyle	24.10	Session 02
Event 302	Mens Open 100m Backstroke	57.70	Session 03
Event 503	Mens Open 50m Backstroke	26.90	Session 05
Event 603	Mens Open 100m Freestyle	56.31	Session 06
Event 607	Mens Open 200m Backstroke	2:11.00	Session 06
<b>Elinah PHILLIP 00</b>			
Event 303	Womens Open 100m Freestyle	56.94	Session 03
Event 305	Womens Open 50m Butterfly	27.40	Session 03
Event 502	Womens Open 50m Freestyle	25.43	Session 05
<b>Eliott IACONO 97</b>			
Event 202	Mens Open 50m Freestyle	24.46	Session 02
Event 204	Mens Open 200m Butterfly	2:10.63	Session 02
Event 304	Mens Open 200m Freestyle	1:56.63	Session 03
<b>Jessica PENKUL 02</b>			
Event 205	Womens Open 200m Butterfly	2:34.70	Session 02
<b>Joseph TAYLOR 00</b>			
Event 302	Mens Open 100m Backstroke	1:04.53	Session 03
Event 304	Mens Open 200m Freestyle	2:05.66	Session 03
Event 603	Mens Open 100m Freestyle	57.65	Session 06
<b>Josie PRETIOUS-WHITE 01</b>			
Event 203	Womens Open 50m Backstroke	30.90	Session 02
Event 303	Womens Open 100m Freestyle	59.91	Session 03
Event 305	Womens Open 50m Butterfly	29.50	Session 03
Event 502	Womens Open 50m Freestyle	27.75	Session 05
Event 602	Womens Open 100m Backstroke	1:05.67	Session 06
<b>Matteo TONTODONATI 01</b>			
Event 302	Mens Open 100m Backstroke	1:04.06	Session 03
Event 503	Mens Open 50m Backstroke	29.80	Session 05
Event 607	Mens Open 200m Backstroke	2:18.34	Session 06
<b>Megan WICKHAM 00</b>			
Event 201	Womens Open 200m IM	2:33.72	Session 02
Event 207	Womens Open 100m Breaststroke	1:18.24	Session 02
Event 504	Womens Open 200m Breaststroke	2:48.63	Session 05
Event 606	Womens Open 50m Breaststroke	36.45	Session 06
<b>Mia CARTER 02</b>			
Event 203	Womens Open 50m Backstroke	30.20	Session 02
Event 303	Womens Open 100m Freestyle	59.50	Session 03
Event 502	Womens Open 50m Freestyle	27.80	Session 05
Event 602	Womens Open 100m Backstroke	1:05.51	Session 06
Event 604	Womens Open 200m Freestyle	2:07.60	Session 06
<b>Millie FIELDS 04</b>			
Event 201	Womens Open 200m IM	2:32.90	Session 02
Event 307	Womens Open 200m Backstroke	2:30.32	Session 03
Event 604	Womens Open 200m Freestyle	2:14.60	Session 06
<b>Nellie EASTLAND 02</b>			
Event 201	Womens Open 200m IM	2:33.51	Session 02
Event 305	Womens Open 50m Butterfly	30.10	Session 03
Event 307	Womens Open 200m Backstroke	2:30.59	Session 03
Event 506	Womens Open 100m Butterfly	1:09.40	Session 05
<b>Niamh JAMES 01</b>			
Event 203	Womens Open 50m Backstroke	30.80	Session 02
Event 307	Womens Open 200m Backstroke	2:20.28	Session 03
Event 602	Womens Open 100m Backstroke	1:05.19	Session 06
<b>Nicholas BOTHA 02</b>			
Event 501	Mens Open 200m IM	2:23.70	Session 05
Event 505	Mens Open 200m Breaststroke	2:39.56	Session 05
Event 601	Mens Open 400m IM	5:04.12	Session 06
Event 607	Mens Open 200m Backstroke	2:19.60	Session 06

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<b>Sarah CARROLL</b>	<b>02</b>		
Event 303	Womens Open 100m Freestyle	59.40	Session 03
Event 502	Womens Open 50m Freestyle	27.90	Session 05
Event 604	Womens Open 200m Freestyle	2:10.70	Session 06
<b>Thomas OGDEN</b>	<b>04</b>		
Event 607	Mens Open 200m Backstroke	2:22.00	Session 06

**Borough of Broxbourne**

<b>Callum WOLLASTON</b>	<b>01</b>		
Event 202	Mens Open 50m Freestyle	26.00	Session 02
Event 208	Mens Open 400m Freestyle	4:21.50	Session 02
Event 304	Mens Open 200m Freestyle	2:01.90	Session 03
Event 501	Mens Open 200m IM	2:19.44	Session 05
Event 503	Mens Open 50m Backstroke	29.70	Session 05
Event 603	Mens Open 100m Freestyle	55.60	Session 06
Event 607	Mens Open 200m Backstroke	2:19.10	Session 06

<b>Claire MASSEY</b>	<b>84</b>		
Event 203	Womens Open 50m Backstroke	32.70	Session 02

<b>Libby DUNFORD</b>	<b>03</b>		
Event 203	Womens Open 50m Backstroke	31.72	Session 02
Event 303	Womens Open 100m Freestyle	1:01.00	Session 03
Event 305	Womens Open 50m Butterfly	30.10	Session 03
Event 502	Womens Open 50m Freestyle	27.60	Session 05
Event 506	Womens Open 100m Butterfly	1:08.27	Session 05
Event 604	Womens Open 200m Freestyle	2:16.00	Session 06

<b>Lily MERRETT</b>	<b>03</b>		
Event 101	Womens Open 800m Freestyle	9:26.00	Session 01
Event 203	Womens Open 50m Backstroke	31.21	Session 02
Event 205	Womens Open 200m Butterfly	2:28.58	Session 02
Event 305	Womens Open 50m Butterfly	29.30	Session 03
Event 307	Womens Open 200m Backstroke	2:26.54	Session 03
Event 502	Womens Open 50m Freestyle	28.47	Session 05
Event 506	Womens Open 100m Butterfly	1:04.70	Session 05
Event 602	Womens Open 100m Backstroke	1:07.91	Session 06
Event 604	Womens Open 200m Freestyle	2:11.63	Session 06

<b>Millie CLARK</b>	<b>03</b>		
Event 207	Womens Open 100m Breaststroke	1:19.90	Session 02
Event 504	Womens Open 200m Breaststroke	2:50.10	Session 05
Event 606	Womens Open 50m Breaststroke	36.40	Session 06

<b>Tegan WOLLASTON</b>	<b>99</b>		
Event 205	Womens Open 200m Butterfly	2:33.31	Session 02
Event 303	Womens Open 100m Freestyle	1:02.37	Session 03
Event 502	Womens Open 50m Freestyle	28.80	Session 05
Event 508	Womens Open 400m Freestyle	4:36.20	Session 05
Event 604	Womens Open 200m Freestyle	2:11.75	Session 06

<b>Zane BATT</b>	<b>03</b>		
Event 302	Mens Open 100m Backstroke	1:04.50	Session 03
Event 503	Mens Open 50m Backstroke	30.50	Session 05
Event 607	Mens Open 200m Backstroke	2:20.30	Session 06

**Central Beds Swim Squad**

<b>Autumn HANDSCOMBE</b>	<b>03</b>		
Event 203	Womens Open 50m Backstroke	32.43	Session 02
Event 207	Womens Open 100m Breaststroke	1:21.10	Session 02
Event 504	Womens Open 200m Breaststroke	2:56.46	Session 05
Event 606	Womens Open 50m Breaststroke	36.30	Session 06

<b>Beth THOMAS</b>	<b>02</b>		
Event 305	Womens Open 50m Butterfly	31.50	Session 03
Event 502	Womens Open 50m Freestyle	29.00	Session 05

<b>Conor FERGUSON</b>	<b>01</b>		
Event 202	Mens Open 50m Freestyle	26.20	Session 02
Event 206	Mens Open 100m Breaststroke	1:13.50	Session 02
Event 603	Mens Open 100m Freestyle	57.50	Session 06
Event 605	Mens Open 50m Breaststroke	32.30	Session 06

<b>Emma SHOOBERT</b>	<b>02</b>		
Event 203	Womens Open 50m Backstroke	32.30	Session 02
Event 303	Womens Open 100m Freestyle	1:02.10	Session 03
Event 307	Womens Open 200m Backstroke	2:28.60	Session 03
Event 502	Womens Open 50m Freestyle	28.79	Session 05
Event 602	Womens Open 100m Backstroke	1:08.50	Session 06



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<b>George HART</b>	<b>01</b>		
Event 206	Mens Open 100m Breaststroke	1:14.31	Session 02
Event 302	Mens Open 100m Backstroke	1:03.60	Session 03
Event 501	Mens Open 200m IM	2:21.08	Session 05
Event 503	Mens Open 50m Backstroke	29.50	Session 05
Event 607	Mens Open 200m Backstroke	2:15.97	Session 06
<b>Georgina CURTIS</b>	<b>00</b>		
Event 201	Womens Open 200m IM	2:26.64	Session 02
Event 207	Womens Open 100m Breaststroke	1:17.14	Session 02
Event 301	Womens Open 400m IM	5:10.46	Session 03
Event 305	Womens Open 50m Butterfly	29.30	Session 03
Event 506	Womens Open 100m Butterfly	1:07.10	Session 05
Event 606	Womens Open 50m Breaststroke	37.14	Session 06
<b>Jack RYAN</b>	<b>00</b>		
Event 302	Mens Open 100m Backstroke	1:04.36	Session 03
Event 304	Mens Open 200m Freestyle	2:02.87	Session 03
Event 503	Mens Open 50m Backstroke	30.06	Session 05
Event 603	Mens Open 100m Freestyle	56.22	Session 06
<b>Jack WEARS</b>	<b>99</b>		
Event 202	Mens Open 50m Freestyle	24.70	Session 02
Event 304	Mens Open 200m Freestyle	1:59.61	Session 03
Event 306	Mens Open 50m Butterfly	27.50	Session 03
Event 501	Mens Open 200m IM	2:15.92	Session 05
Event 603	Mens Open 100m Freestyle	53.50	Session 06
<b>James MCFARLAND</b>	<b>01</b>		
Event 204	Mens Open 200m Butterfly	2:15.00	Session 02
Event 208	Mens Open 400m Freestyle	4:22.76	Session 02
Event 306	Mens Open 50m Butterfly	27.60	Session 03
Event 501	Mens Open 200m IM	2:19.26	Session 05
Event 507	Mens Open 100m Butterfly	1:01.10	Session 05
Event 603	Mens Open 100m Freestyle	56.89	Session 06
<b>Lauren GOODYER</b>	<b>00</b>		
Event 201	Womens Open 200m IM	2:35.33	Session 02
Event 504	Womens Open 200m Breaststroke	2:56.17	Session 05
Event 606	Womens Open 50m Breaststroke	37.00	Session 06
<b>Lauren THOMAS</b>	<b>02</b>		
Event 101	Womens Open 800m Freestyle	9:40.45	Session 01
Event 205	Womens Open 200m Butterfly	2:29.10	Session 02
Event 305	Womens Open 50m Butterfly	30.70	Session 03
Event 307	Womens Open 200m Backstroke	2:30.53	Session 03
Event 508	Womens Open 400m Freestyle	4:39.50	Session 05
Event 604	Womens Open 200m Freestyle	2:12.20	Session 06
<b>Lauren YOUNG</b>	<b>03</b>		
Event 101	Womens Open 800m Freestyle	9:31.60	Session 01
Event 303	Womens Open 100m Freestyle	1:02.80	Session 03
Event 508	Womens Open 400m Freestyle	4:39.91	Session 05
Event 604	Womens Open 200m Freestyle	2:13.75	Session 06
<b>Rachel ANDREWS</b>	<b>04</b>		
Event 305	Womens Open 50m Butterfly	30.30	Session 03
Event 506	Womens Open 100m Butterfly	1:09.70	Session 05
Event 606	Womens Open 50m Breaststroke	37.10	Session 06
<b>Rebecca GROGAN</b>	<b>02</b>		
Event 207	Womens Open 100m Breaststroke	1:20.86	Session 02
Event 504	Womens Open 200m Breaststroke	2:53.31	Session 05
<b>Sam TOWNSEND</b>	<b>04</b>		
Event 202	Mens Open 50m Freestyle	25.30	Session 02
Event 306	Mens Open 50m Butterfly	28.20	Session 03
<b>Timothy HUGHES</b>	<b>02</b>		
Event 102	Mens Open 1500m Freestyle	18:00.20	Session 01
<b>William ROBINS</b>	<b>03</b>		
Event 501	Mens Open 200m IM	2:24.50	Session 05
Event 601	Mens Open 400m IM	5:10.93	Session 06

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**Chelmsford**

**Abbie LOW 02**

Event 201	Womens Open 200m IM	2:27.36	Session 02
Event 205	Womens Open 200m Butterfly	2:22.90	Session 02
Event 307	Womens Open 200m Backstroke	2:16.60	Session 03
Event 506	Womens Open 100m Butterfly	1:06.56	Session 05
Event 508	Womens Open 400m Freestyle	4:20.50	Session 05
Event 602	Womens Open 100m Backstroke	1:05.86	Session 06
Event 604	Womens Open 200m Freestyle	2:05.10	Session 06

**Annabelle KITCHING 02**

Event 201	Womens Open 200m IM	2:28.15	Session 02
Event 205	Womens Open 200m Butterfly	2:25.20	Session 02
Event 301	Womens Open 400m IM	5:07.90	Session 03
Event 307	Womens Open 200m Backstroke	2:29.40	Session 03

**Erin LITTLE 05**

Event 101	Womens Open 800m Freestyle	9:46.73	Session 01
Event 303	Womens Open 100m Freestyle	1:02.70	Session 03
Event 307	Womens Open 200m Backstroke	2:31.84	Session 03
Event 502	Womens Open 50m Freestyle	28.70	Session 05

**Francesca COLLINS 02**

Event 203	Womens Open 50m Backstroke	32.50	Session 02
Event 305	Womens Open 50m Butterfly	31.60	Session 03
Event 307	Womens Open 200m Backstroke	2:29.80	Session 03
Event 602	Womens Open 100m Backstroke	1:09.84	Session 06

**Francesca LOW 05**

Event 502	Womens Open 50m Freestyle	29.10	Session 05
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**Liam NICHOLSON 99**

Event 605	Mens Open 50m Breaststroke	32.40	Session 06
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**May BRADBURN 04**

Event 305	Womens Open 50m Butterfly	30.40	Session 03
Event 506	Womens Open 100m Butterfly	1:09.80	Session 05

**Melissa ELEY 00**

Event 101	Womens Open 800m Freestyle	9:34.01	Session 01
Event 201	Womens Open 200m IM	2:32.51	Session 02
Event 301	Womens Open 400m IM	5:20.36	Session 03
Event 303	Womens Open 100m Freestyle	1:01.75	Session 03
Event 305	Womens Open 50m Butterfly	31.10	Session 03
Event 502	Womens Open 50m Freestyle	28.60	Session 05
Event 506	Womens Open 100m Butterfly	1:09.90	Session 05
Event 602	Womens Open 100m Backstroke	1:10.10	Session 06
Event 604	Womens Open 200m Freestyle	2:13.50	Session 06

**Ryan KELLY 99**

Event 202	Mens Open 50m Freestyle	25.50	Session 02
Event 206	Mens Open 100m Breaststroke	1:14.11	Session 02
Event 302	Mens Open 100m Backstroke	59.96	Session 03
Event 304	Mens Open 200m Freestyle	2:01.65	Session 03
Event 306	Mens Open 50m Butterfly	27.90	Session 03
Event 501	Mens Open 200m IM	2:11.71	Session 05
Event 503	Mens Open 50m Backstroke	27.54	Session 05
Event 505	Mens Open 200m Breaststroke	2:37.10	Session 05
Event 601	Mens Open 400m IM	4:45.80	Session 06
Event 603	Mens Open 100m Freestyle	55.60	Session 06
Event 607	Mens Open 200m Backstroke	2:07.90	Session 06

**Tia GARDINER 02**

Event 303	Womens Open 100m Freestyle	1:00.60	Session 03
Event 307	Womens Open 200m Backstroke	2:26.00	Session 03
Event 502	Womens Open 50m Freestyle	28.39	Session 05
Event 506	Womens Open 100m Butterfly	1:07.60	Session 05
Event 602	Womens Open 100m Backstroke	1:10.63	Session 06
Event 604	Womens Open 200m Freestyle	2:08.10	Session 06

**City of Cambridge**

**Alec BURCHELL 98**

Event 202	Mens Open 50m Freestyle	24.60	Session 02
Event 306	Mens Open 50m Butterfly	25.90	Session 03
Event 603	Mens Open 100m Freestyle	53.66	Session 06

**Almudena VISSER VELEZ 02**

Event 101	Womens Open 800m Freestyle	9:56.80	Session 01
Event 201	Womens Open 200m IM	2:32.54	Session 02
Event 301	Womens Open 400m IM	5:25.48	Session 03
Event 307	Womens Open 200m Backstroke	2:29.25	Session 03



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<b>Amy FELGATE</b>	<b>96</b>		
Event 305	Womens Open 50m Butterfly	29.90	Session 03
Event 506	Womens Open 100m Butterfly	1:05.74	Session 05
<b>Benjamin ARKLE</b>	<b>99</b>		
Event 206	Mens Open 100m Breaststroke	1:05.20	Session 02
Event 505	Mens Open 200m Breaststroke	2:29.08	Session 05
Event 605	Mens Open 50m Breaststroke	29.50	Session 06
<b>Calum FERGUSON</b>	<b>96</b>		
Event 306	Mens Open 50m Butterfly	26.12	Session 03
Event 507	Mens Open 100m Butterfly	58.14	Session 05
<b>City of Cambridge SC</b>			
Event 308	Mens Open 800m Freestyle Team	8:00.00	Session 03
Event 414	Mens Open 400m Freestyle Team	3:38.00	Session 04
Event 415	Womens Open 400m Medley Team	4:33.00	Session 04
Event 714	Womens Open 400m Freestyle Team	4:08.00	Session 07
Event 715	Mens Open 400m Medley Team	4:02.00	Session 07
<b>Dimitris KOUSOULIDIS</b>	<b>94</b>		
Event 208	Mens Open 400m Freestyle	4:05.92	Session 02
Event 304	Mens Open 200m Freestyle	1:55.38	Session 03
<b>Dominic HOLLOWAY</b>	<b>96</b>		
Event 202	Mens Open 50m Freestyle	24.49	Session 02
Event 206	Mens Open 100m Breaststroke	1:03.41	Session 02
Event 605	Mens Open 50m Breaststroke	28.55	Session 06
<b>Emily BIGGS</b>	<b>99</b>		
Event 207	Womens Open 100m Breaststroke	1:16.29	Session 02
Event 606	Womens Open 50m Breaststroke	35.15	Session 06
<b>Gabriel CANGE</b>	<b>98</b>		
Event 206	Mens Open 100m Breaststroke	1:09.70	Session 02
Event 501	Mens Open 200m IM	2:12.00	Session 05
Event 505	Mens Open 200m Breaststroke	2:30.10	Session 05
<b>Gracie KAY</b>	<b>03</b>		
Event 201	Womens Open 200m IM	2:36.17	Session 02
Event 203	Womens Open 50m Backstroke	32.34	Session 02
Event 301	Womens Open 400m IM	5:26.11	Session 03
Event 307	Womens Open 200m Backstroke	2:28.01	Session 03
Event 602	Womens Open 100m Backstroke	1:10.09	Session 06
<b>Hannah ADAMS</b>	<b>02</b>		
Event 201	Womens Open 200m IM	2:35.88	Session 02
Event 203	Womens Open 50m Backstroke	32.50	Session 02
Event 307	Womens Open 200m Backstroke	2:32.03	Session 03
Event 602	Womens Open 100m Backstroke	1:09.41	Session 06
<b>Harvey SKELLERN</b>	<b>02</b>		
Event 202	Mens Open 50m Freestyle	26.00	Session 02
Event 208	Mens Open 400m Freestyle	4:19.20	Session 02
Event 304	Mens Open 200m Freestyle	1:58.80	Session 03
Event 501	Mens Open 200m IM	2:21.63	Session 05
Event 603	Mens Open 100m Freestyle	55.30	Session 06
<b>Henry CHOONG</b>	<b>97</b>		
Event 304	Mens Open 200m Freestyle	1:58.52	Session 03
Event 603	Mens Open 100m Freestyle	51.49	Session 06
<b>Hugo BELLAMY</b>	<b>98</b>		
Event 204	Mens Open 200m Butterfly	2:07.30	Session 02
Event 304	Mens Open 200m Freestyle	1:55.40	Session 03
<b>Imogen BLOOMFIELD</b>	<b>03</b>		
Event 201	Womens Open 200m IM	2:33.70	Session 02
Event 207	Womens Open 100m Breaststroke	1:17.24	Session 02
Event 504	Womens Open 200m Breaststroke	2:42.90	Session 05
Event 606	Womens Open 50m Breaststroke	35.60	Session 06
<b>Jake MOXHAM</b>	<b>02</b>		
Event 202	Mens Open 50m Freestyle	23.80	Session 02
Event 208	Mens Open 400m Freestyle	4:12.20	Session 02
Event 304	Mens Open 200m Freestyle	1:56.20	Session 03
Event 306	Mens Open 50m Butterfly	27.10	Session 03
Event 603	Mens Open 100m Freestyle	51.80	Session 06
<b>Jonathon ADAM</b>	<b>02</b>		
Event 202	Mens Open 50m Freestyle	24.40	Session 02
Event 302	Mens Open 100m Backstroke	57.80	Session 03
Event 306	Mens Open 50m Butterfly	25.70	Session 03
Event 503	Mens Open 50m Backstroke	26.50	Session 05
Event 603	Mens Open 100m Freestyle	52.70	Session 06
Event 607	Mens Open 200m Backstroke	2:11.80	Session 06

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<b>Kathryn LOVEYS</b>	<b>87</b>		
Event 207	Womens Open 100m Breaststroke	1:12.19	Session 02
Event 303	Womens Open 100m Freestyle	1:02.31	Session 03
Event 502	Womens Open 50m Freestyle	28.84	Session 05
Event 504	Womens Open 200m Breaststroke	2:41.60	Session 05
Event 606	Womens Open 50m Breaststroke	32.30	Session 06
<b>Katie HAMMOND</b>	<b>03</b>		
Event 101	Womens Open 800m Freestyle	9:24.70	Session 01
Event 205	Womens Open 200m Butterfly	2:26.86	Session 02
Event 301	Womens Open 400m IM	5:14.70	Session 03
Event 303	Womens Open 100m Freestyle	1:01.60	Session 03
Event 305	Womens Open 50m Butterfly	31.60	Session 03
Event 506	Womens Open 100m Butterfly	1:07.00	Session 05
Event 508	Womens Open 400m Freestyle	4:28.93	Session 05
Event 604	Womens Open 200m Freestyle	2:09.74	Session 06
<b>Lauren HALL</b>	<b>99</b>		
Event 203	Womens Open 50m Backstroke	30.07	Session 02
Event 303	Womens Open 100m Freestyle	59.80	Session 03
Event 305	Womens Open 50m Butterfly	29.85	Session 03
Event 307	Womens Open 200m Backstroke	2:19.43	Session 03
Event 502	Womens Open 50m Freestyle	27.40	Session 05
Event 602	Womens Open 100m Backstroke	1:04.23	Session 06
<b>Liam BARNETT</b>	<b>87</b>		
Event 202	Mens Open 50m Freestyle	24.50	Session 02
Event 306	Mens Open 50m Butterfly	26.00	Session 03
Event 507	Mens Open 100m Butterfly	58.00	Session 05
<b>Livia BROOKES</b>	<b>02</b>		
Event 504	Womens Open 200m Breaststroke	2:55.75	Session 05
Event 606	Womens Open 50m Breaststroke	36.80	Session 06
<b>Mark LEAMON</b>	<b>87</b>		
Event 603	Mens Open 100m Freestyle	52.80	Session 06
<b>Matthew COURTIS</b>	<b>95</b>		
Event 202	Mens Open 50m Freestyle	24.54	Session 02
Event 501	Mens Open 200m IM	2:09.36	Session 05
Event 507	Mens Open 100m Butterfly	56.86	Session 05
Event 605	Mens Open 50m Breaststroke	30.62	Session 06
<b>Maxim DE WILDT</b>	<b>01</b>		
Event 501	Mens Open 200m IM	2:19.08	Session 05
Event 505	Mens Open 200m Breaststroke	2:36.62	Session 05
Event 603	Mens Open 100m Freestyle	57.64	Session 06
Event 605	Mens Open 50m Breaststroke	32.00	Session 06
<b>Millie EMMANS</b>	<b>99</b>		
Event 101	Womens Open 800m Freestyle	8:56.02	Session 01
Event 205	Womens Open 200m Butterfly	2:23.62	Session 02
Event 301	Womens Open 400m IM	5:06.30	Session 03
Event 508	Womens Open 400m Freestyle	4:19.20	Session 05
Event 604	Womens Open 200m Freestyle	2:05.61	Session 06
<b>Oliver CASHIN</b>	<b>02</b>		
Event 206	Mens Open 100m Breaststroke	1:09.40	Session 02
Event 505	Mens Open 200m Breaststroke	2:30.30	Session 05
Event 605	Mens Open 50m Breaststroke	32.60	Session 06
<b>Polly FISH</b>	<b>04</b>		
Event 207	Womens Open 100m Breaststroke	1:17.80	Session 02
Event 305	Womens Open 50m Butterfly	31.00	Session 03
Event 606	Womens Open 50m Breaststroke	36.00	Session 06
<b>Sebastian VANDERMEER</b>	<b>03</b>		
Event 206	Mens Open 100m Breaststroke	1:11.25	Session 02
Event 501	Mens Open 200m IM	2:22.55	Session 05
Event 503	Mens Open 50m Backstroke	30.39	Session 05
Event 603	Mens Open 100m Freestyle	57.35	Session 06
Event 605	Mens Open 50m Breaststroke	32.85	Session 06
<b>Shimon LOPEZ</b>	<b>01</b>		
Event 202	Mens Open 50m Freestyle	24.60	Session 02
Event 306	Mens Open 50m Butterfly	26.80	Session 03
Event 507	Mens Open 100m Butterfly	1:00.30	Session 05
Event 603	Mens Open 100m Freestyle	56.70	Session 06

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**Theo PARK 98**

Event 202	Mens Open 50m Freestyle	25.48	Session 02
Event 206	Mens Open 100m Breaststroke	1:14.42	Session 02
Event 302	Mens Open 100m Backstroke	1:04.87	Session 03
Event 306	Mens Open 50m Butterfly	27.66	Session 03
Event 501	Mens Open 200m IM	2:22.24	Session 05
Event 503	Mens Open 50m Backstroke	29.37	Session 05
Event 507	Mens Open 100m Butterfly	1:02.15	Session 05
Event 603	Mens Open 100m Freestyle	55.43	Session 06
Event 605	Mens Open 50m Breaststroke	33.19	Session 06

**Zara KEEGAN 02**

Event 201	Womens Open 200m IM	2:29.13	Session 02
Event 205	Womens Open 200m Butterfly	2:26.50	Session 02
Event 207	Womens Open 100m Breaststroke	1:17.64	Session 02
Event 301	Womens Open 400m IM	5:11.40	Session 03
Event 305	Womens Open 50m Butterfly	30.80	Session 03
Event 504	Womens Open 200m Breaststroke	2:44.16	Session 05
Event 506	Womens Open 100m Butterfly	1:08.20	Session 05
Event 606	Womens Open 50m Breaststroke	35.60	Session 06

**City of Ely**

**Iona TRAINER 03**

Event 201	Womens Open 200m IM	2:34.07	Session 02
Event 207	Womens Open 100m Breaststroke	1:17.81	Session 02
Event 303	Womens Open 100m Freestyle	1:02.07	Session 03
Event 305	Womens Open 50m Butterfly	31.04	Session 03
Event 502	Womens Open 50m Freestyle	28.24	Session 05
Event 504	Womens Open 200m Breaststroke	2:53.96	Session 05
Event 506	Womens Open 100m Butterfly	1:09.46	Session 05
Event 606	Womens Open 50m Breaststroke	35.00	Session 06

**Joseph ALSOP 00**

Event 306	Mens Open 50m Butterfly	27.50	Session 03
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**City of Norwich**

**Ben BLOWERS 02**

Event 202	Mens Open 50m Freestyle	25.60	Session 02
Event 304	Mens Open 200m Freestyle	2:02.10	Session 03
Event 501	Mens Open 200m IM	2:23.20	Session 05
Event 503	Mens Open 50m Backstroke	30.80	Session 05
Event 603	Mens Open 100m Freestyle	55.60	Session 06

**Bethany PALMER 98**

Event 201	Womens Open 200m IM	2:33.41	Session 02
Event 305	Womens Open 50m Butterfly	31.27	Session 03
Event 307	Womens Open 200m Backstroke	2:32.11	Session 03
Event 506	Womens Open 100m Butterfly	1:08.40	Session 05
Event 602	Womens Open 100m Backstroke	1:09.25	Session 06

**Catherine MARR 02**

Event 201	Womens Open 200m IM	2:52.00	Session 02
Event 207	Womens Open 100m Breaststroke	1:25.17	Session 02
Event 303	Womens Open 100m Freestyle	1:10.80	Session 03
Event 502	Womens Open 50m Freestyle	31.30	Session 05

**Charlotte ABRAMSON 04**

Event 201	Womens Open 200m IM	2:33.40	Session 02
Event 207	Womens Open 100m Breaststroke	1:16.60	Session 02
Event 504	Womens Open 200m Breaststroke	2:48.70	Session 05
Event 606	Womens Open 50m Breaststroke	35.80	Session 06

**City of Norwich SC**

Event 415	Womens Open 400m Medley Team	4:25.00	Session 04
Event 608	Womens Open 800m Freestyle Team	8:44.00	Session 06
Event 714	Womens Open 400m Freestyle Team	4:02.00	Session 07

**Ellie WALKER 04**

Event 101	Womens Open 800m Freestyle	9:56.43	Session 01
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**Grace GUNTON 04**

Event 606	Womens Open 50m Breaststroke	37.10	Session 06
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**Imogen COOKE 01**

Event 201	Womens Open 200m IM	2:34.33	Session 02
Event 305	Womens Open 50m Butterfly	30.70	Session 03
Event 506	Womens Open 100m Butterfly	1:08.15	Session 05
Event 604	Womens Open 200m Freestyle	2:15.39	Session 06

**Disability Categories - S13, SB13, SM13**



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**Jack RICHES 01**

Event 206	Mens Open 100m Breaststroke	1:10.60	Session 02
Event 505	Mens Open 200m Breaststroke	2:33.10	Session 05
Event 605	Mens Open 50m Breaststroke	32.60	Session 06

**Jake WILLIAMS 99**

Event 302	Mens Open 100m Backstroke	59.61	Session 03
Event 306	Mens Open 50m Butterfly	27.35	Session 03
Event 503	Mens Open 50m Backstroke	27.50	Session 05
Event 507	Mens Open 100m Butterfly	1:01.37	Session 05

**James MONCUR-BROWN 00**

Event 206	Mens Open 100m Breaststroke	1:12.60	Session 02
Event 605	Mens Open 50m Breaststroke	32.90	Session 06

**Jana SPINNER 99**

Event 207	Womens Open 100m Breaststroke	1:19.10	Session 02
Event 502	Womens Open 50m Freestyle	29.00	Session 05

**Jessica-Jane APPLGATE 96**

Event 101	Womens Open 800m Freestyle	9:05.20	Session 01
Event 201	Womens Open 200m IM	2:23.00	Session 02
Event 303	Womens Open 100m Freestyle	57.40	Session 03
Event 305	Womens Open 50m Butterfly	28.70	Session 03
Event 502	Womens Open 50m Freestyle	26.40	Session 05
Event 506	Womens Open 100m Butterfly	1:03.30	Session 05
Event 508	Womens Open 400m Freestyle	4:21.80	Session 05
Event 604	Womens Open 200m Freestyle	2:03.70	Session 06

**Disability Categories - S14, SB14, SM14****Louise BUSH 91**

Event 207	Womens Open 100m Breaststroke	1:11.93	Session 02
Event 504	Womens Open 200m Breaststroke	2:37.54	Session 05
Event 606	Womens Open 50m Breaststroke	33.20	Session 06

**Luke BARTON 04**

Event 102	Mens Open 1500m Freestyle	18:07.80	Session 01
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**Maisie EASTER 02**

Event 203	Womens Open 50m Backstroke	30.20	Session 02
Event 303	Womens Open 100m Freestyle	1:00.60	Session 03
Event 305	Womens Open 50m Butterfly	30.70	Session 03
Event 502	Womens Open 50m Freestyle	28.00	Session 05
Event 602	Womens Open 100m Backstroke	1:04.31	Session 06

**Mal STAFF 02**

Event 206	Mens Open 100m Breaststroke	1:12.80	Session 02
Event 505	Mens Open 200m Breaststroke	2:33.70	Session 05
Event 605	Mens Open 50m Breaststroke	32.80	Session 06

**Megan PYE 02**

Event 201	Womens Open 200m IM	2:30.85	Session 02
Event 203	Womens Open 50m Backstroke	31.26	Session 02
Event 305	Womens Open 50m Butterfly	28.60	Session 03
Event 307	Womens Open 200m Backstroke	2:20.71	Session 03
Event 502	Womens Open 50m Freestyle	27.60	Session 05
Event 506	Womens Open 100m Butterfly	1:06.20	Session 05
Event 602	Womens Open 100m Backstroke	1:06.16	Session 06
Event 604	Womens Open 200m Freestyle	2:12.80	Session 06

**Nathan WOODROW 03**

Event 204	Mens Open 200m Butterfly	2:10.40	Session 02
Event 304	Mens Open 200m Freestyle	1:59.70	Session 03
Event 306	Mens Open 50m Butterfly	26.80	Session 03
Event 501	Mens Open 200m IM	2:16.40	Session 05
Event 507	Mens Open 100m Butterfly	1:00.00	Session 05
Event 601	Mens Open 400m IM	4:51.00	Session 06

**Niamh ADCOCK 01**

Event 303	Womens Open 100m Freestyle	1:01.73	Session 03
Event 305	Womens Open 50m Butterfly	30.45	Session 03
Event 502	Womens Open 50m Freestyle	28.20	Session 05
Event 506	Womens Open 100m Butterfly	1:08.50	Session 05
Event 604	Womens Open 200m Freestyle	2:15.35	Session 06



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**Oliver REEK 02**

Event 202	Mens Open 50m Freestyle	25.80	Session 02
Event 302	Mens Open 100m Backstroke	1:05.10	Session 03
Event 306	Mens Open 50m Butterfly	27.40	Session 03
Event 501	Mens Open 200m IM	2:22.40	Session 05
Event 503	Mens Open 50m Backstroke	29.40	Session 05
Event 507	Mens Open 100m Butterfly	59.30	Session 05
Event 601	Mens Open 400m IM	4:54.70	Session 06
Event 607	Mens Open 200m Backstroke	2:20.00	Session 06

**Rachel ROBINSON 00**

Event 201	Womens Open 200m IM	2:35.80	Session 02
Event 207	Womens Open 100m Breaststroke	1:16.00	Session 02
Event 504	Womens Open 200m Breaststroke	2:47.30	Session 05
Event 606	Womens Open 50m Breaststroke	33.80	Session 06

**Rikke NAGELL-KLEVEN 95**

Event 305	Womens Open 50m Butterfly	27.70	Session 03
Event 506	Womens Open 100m Butterfly	1:02.94	Session 05

**Sacha THOMAS 03**

Event 303	Womens Open 100m Freestyle	58.90	Session 03
Event 305	Womens Open 50m Butterfly	29.60	Session 03
Event 502	Womens Open 50m Freestyle	27.70	Session 05
Event 506	Womens Open 100m Butterfly	1:06.40	Session 05
Event 604	Womens Open 200m Freestyle	2:11.10	Session 06

**Samuel PHILPOTT 01**

Event 302	Mens Open 100m Backstroke	1:05.65	Session 03
Event 503	Mens Open 50m Backstroke	30.05	Session 05

**Sarah O'BRIEN 96**

Event 203	Womens Open 50m Backstroke	31.84	Session 02
Event 207	Womens Open 100m Breaststroke	1:13.27	Session 02
Event 502	Womens Open 50m Freestyle	28.10	Session 05
Event 606	Womens Open 50m Breaststroke	33.90	Session 06

**City of Peterborough**

**Amelia MONAGHAN 02**

Event 201	Womens Open 200m IM	2:19.10	Session 02
Event 207	Womens Open 100m Breaststroke	1:11.60	Session 02
Event 301	Womens Open 400m IM	4:51.60	Session 03
Event 504	Womens Open 200m Breaststroke	2:29.40	Session 05
Event 604	Womens Open 200m Freestyle	2:14.37	Session 06
Event 606	Womens Open 50m Breaststroke	33.60	Session 06

**Anna BLAKELEY 02**

Event 201	Womens Open 200m IM	2:28.79	Session 02
Event 203	Womens Open 50m Backstroke	30.54	Session 02
Event 303	Womens Open 100m Freestyle	59.26	Session 03
Event 305	Womens Open 50m Butterfly	30.98	Session 03
Event 502	Womens Open 50m Freestyle	26.80	Session 05
Event 602	Womens Open 100m Backstroke	1:05.80	Session 06
Event 604	Womens Open 200m Freestyle	2:10.90	Session 06

**Brenna HOWELL 04**

Event 201	Womens Open 200m IM	2:35.10	Session 02
Event 305	Womens Open 50m Butterfly	31.00	Session 03
Event 307	Womens Open 200m Backstroke	2:30.26	Session 03
Event 602	Womens Open 100m Backstroke	1:10.12	Session 06

**City of Peterborough A**

Event 308	Mens Open 800m Freestyle Team	7:50.00	Session 03
Event 414	Mens Open 400m Freestyle Team	3:48.00	Session 04
Event 415	Womens Open 400m Medley Team	4:19.00	Session 04
Event 608	Womens Open 800m Freestyle Team	8:38.00	Session 06
Event 714	Womens Open 400m Freestyle Team	3:59.00	Session 07
Event 715	Mens Open 400m Medley Team	3:58.00	Session 07

**City of Peterborough B**

Event 414	Mens Open 400m Freestyle Team	3:50.00	Session 04
Event 415	Womens Open 400m Medley Team	4:27.00	Session 04
Event 608	Womens Open 800m Freestyle Team	8:54.00	Session 06
Event 714	Womens Open 400m Freestyle Team	4:04.00	Session 07
Event 715	Mens Open 400m Medley Team	4:10.00	Session 07

**City of Peterborough C**

Event 414	Mens Open 400m Freestyle Team	4:00.00	Session 04
Event 415	Womens Open 400m Medley Team	4:35.00	Session 04
Event 714	Womens Open 400m Freestyle Team	4:12.00	Session 07



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**City of Peterborough D**

Event 415 Womens Open 400m Medley Team 4:36.00 Session 04

**Connor WALKER 04**

Event 204 Mens Open 200m Butterfly 2:22.50 Session 02

Event 507 Mens Open 100m Butterfly 1:02.90 Session 05

**Ella MCGHIE 04**

Event 201 Womens Open 200m IM 2:35.10 Session 02

Event 203 Womens Open 50m Backstroke 30.80 Session 02

Event 301 Womens Open 400m IM 5:23.60 Session 03

Event 307 Womens Open 200m Backstroke 2:28.50 Session 03

Event 602 Womens Open 100m Backstroke 1:10.80 Session 06

**Emma LESLIE 01**

Event 203 Womens Open 50m Backstroke 31.90 Session 02

Event 305 Womens Open 50m Butterfly 30.60 Session 03

Event 307 Womens Open 200m Backstroke 2:22.70 Session 03

Event 602 Womens Open 100m Backstroke 1:06.00 Session 06

**Eve WRIGHT 03**

Event 203 Womens Open 50m Backstroke 31.00 Session 02

Event 307 Womens Open 200m Backstroke 2:26.50 Session 03

Event 502 Womens Open 50m Freestyle 28.96 Session 05

Event 602 Womens Open 100m Backstroke 1:08.40 Session 06

**Harriet SALISBURY 04**

Event 101 Womens Open 800m Freestyle 9:49.00 Session 01

Event 502 Womens Open 50m Freestyle 29.10 Session 05

Event 604 Womens Open 200m Freestyle 2:14.40 Session 06

**Harry WHITEMAN 00**

Event 102 Mens Open 1500m Freestyle 16:10.30 Session 01

Event 204 Mens Open 200m Butterfly 2:07.10 Session 02

Event 208 Mens Open 400m Freestyle 4:11.30 Session 02

Event 306 Mens Open 50m Butterfly 27.70 Session 03

Event 501 Mens Open 200m IM 2:17.47 Session 05

Event 503 Mens Open 50m Backstroke 29.83 Session 05

Event 507 Mens Open 100m Butterfly 57.90 Session 05

Event 601 Mens Open 400m IM 4:37.50 Session 06

Event 607 Mens Open 200m Backstroke 2:10.60 Session 06

**Henry PEARCE 02**

Event 102 Mens Open 1500m Freestyle 16:19.30 Session 01

Event 204 Mens Open 200m Butterfly 2:14.70 Session 02

Event 208 Mens Open 400m Freestyle 4:09.80 Session 02

Event 304 Mens Open 200m Freestyle 1:59.50 Session 03

Event 501 Mens Open 200m IM 2:19.00 Session 05

Event 601 Mens Open 400m IM 4:47.50 Session 06

**Herbie KINDER 02**

Event 202 Mens Open 50m Freestyle 25.40 Session 02

Event 204 Mens Open 200m Butterfly 2:13.20 Session 02

Event 206 Mens Open 100m Breaststroke 1:13.00 Session 02

Event 208 Mens Open 400m Freestyle 4:13.10 Session 02

Event 302 Mens Open 100m Backstroke 1:01.67 Session 03

Event 304 Mens Open 200m Freestyle 1:58.10 Session 03

Event 306 Mens Open 50m Butterfly 27.40 Session 03

Event 501 Mens Open 200m IM 2:14.10 Session 05

Event 503 Mens Open 50m Backstroke 28.94 Session 05

Event 507 Mens Open 100m Butterfly 1:00.30 Session 05

Event 601 Mens Open 400m IM 4:43.10 Session 06

Event 603 Mens Open 100m Freestyle 54.50 Session 06

Event 607 Mens Open 200m Backstroke 2:13.60 Session 06

**Holly GRAVES 04**

Event 307 Womens Open 200m Backstroke 2:30.37 Session 03

**Jamie SCHOLES 00**

Event 102 Mens Open 1500m Freestyle 15:36.90 Session 01

Event 208 Mens Open 400m Freestyle 3:55.20 Session 02

Event 302 Mens Open 100m Backstroke 56.10 Session 03

Event 503 Mens Open 50m Backstroke 26.60 Session 05

Event 507 Mens Open 100m Butterfly 59.78 Session 05

Event 601 Mens Open 400m IM 4:31.00 Session 06

Event 607 Mens Open 200m Backstroke 1:58.78 Session 06



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<b>Lauren HARRISON</b>	<b>01</b>		
Event 101	Womens Open 800m Freestyle	9:32.47	Session 01
Event 201	Womens Open 200m IM	2:25.60	Session 02
Event 205	Womens Open 200m Butterfly	2:27.30	Session 02
Event 207	Womens Open 100m Breaststroke	1:13.50	Session 02
Event 301	Womens Open 400m IM	5:02.10	Session 03
Event 305	Womens Open 50m Butterfly	31.07	Session 03
Event 502	Womens Open 50m Freestyle	29.01	Session 05
Event 504	Womens Open 200m Breaststroke	2:33.60	Session 05
Event 506	Womens Open 100m Butterfly	1:08.20	Session 05
Event 508	Womens Open 400m Freestyle	4:34.85	Session 05
Event 604	Womens Open 200m Freestyle	2:11.52	Session 06
Event 606	Womens Open 50m Breaststroke	34.90	Session 06

<b>Leah ROUGHAN</b>	<b>99</b>		
Event 101	Womens Open 800m Freestyle	8:57.05	Session 01
Event 504	Womens Open 200m Breaststroke	2:30.53	Session 05
Event 508	Womens Open 400m Freestyle	4:27.23	Session 05
Event 604	Womens Open 200m Freestyle	2:06.20	Session 06
Event 606	Womens Open 50m Breaststroke	32.41	Session 06

<b>Mackenzie WHYATT</b>	<b>02</b>		
Event 101	Womens Open 800m Freestyle	9:21.50	Session 01
Event 203	Womens Open 50m Backstroke	31.85	Session 02
Event 303	Womens Open 100m Freestyle	58.80	Session 03
Event 307	Womens Open 200m Backstroke	2:28.42	Session 03
Event 502	Womens Open 50m Freestyle	27.70	Session 05
Event 508	Womens Open 400m Freestyle	4:24.00	Session 05
Event 602	Womens Open 100m Backstroke	1:10.48	Session 06
Event 604	Womens Open 200m Freestyle	2:05.70	Session 06

<b>Matthew GRAY</b>	<b>00</b>		
Event 206	Mens Open 100m Breaststroke	1:10.48	Session 02
Event 302	Mens Open 100m Backstroke	58.70	Session 03
Event 501	Mens Open 200m IM	2:15.77	Session 05
Event 503	Mens Open 50m Backstroke	26.90	Session 05
Event 603	Mens Open 100m Freestyle	56.50	Session 06
Event 607	Mens Open 200m Backstroke	2:09.43	Session 06

<b>Matthew ROTHWELL</b>	<b>02</b>		
Event 102	Mens Open 1500m Freestyle	17:46.00	Session 01
Event 208	Mens Open 400m Freestyle	4:25.20	Session 02
Event 302	Mens Open 100m Backstroke	1:05.39	Session 03
Event 304	Mens Open 200m Freestyle	2:03.59	Session 03
Event 501	Mens Open 200m IM	2:22.70	Session 05
Event 503	Mens Open 50m Backstroke	30.30	Session 05
Event 601	Mens Open 400m IM	4:58.70	Session 06
Event 607	Mens Open 200m Backstroke	2:19.30	Session 06

<b>Matthew WOULDHAM</b>	<b>01</b>		
Event 206	Mens Open 100m Breaststroke	1:12.10	Session 02
Event 505	Mens Open 200m Breaststroke	2:38.30	Session 05

<b>Mia LEECH</b>	<b>02</b>		
Event 101	Womens Open 800m Freestyle	9:06.00	Session 01
Event 201	Womens Open 200m IM	2:22.80	Session 02
Event 205	Womens Open 200m Butterfly	2:16.70	Session 02
Event 301	Womens Open 400m IM	4:55.70	Session 03
Event 303	Womens Open 100m Freestyle	1:00.40	Session 03
Event 506	Womens Open 100m Butterfly	1:03.50	Session 05
Event 508	Womens Open 400m Freestyle	4:22.50	Session 05
Event 604	Womens Open 200m Freestyle	2:05.20	Session 06

<b>Myles ROBINSON-YOUNG</b>	<b>02</b>		
Event 202	Mens Open 50m Freestyle	24.60	Session 02
Event 208	Mens Open 400m Freestyle	3:57.90	Session 02
Event 302	Mens Open 100m Backstroke	1:02.88	Session 03
Event 304	Mens Open 200m Freestyle	1:51.90	Session 03
Event 306	Mens Open 50m Butterfly	26.50	Session 03
Event 501	Mens Open 200m IM	2:15.20	Session 05
Event 503	Mens Open 50m Backstroke	28.10	Session 05
Event 603	Mens Open 100m Freestyle	52.20	Session 06
Event 607	Mens Open 200m Backstroke	2:15.96	Session 06

<b>Olivia LEE</b>	<b>04</b>		
Event 101	Womens Open 800m Freestyle	9:56.80	Session 01
Event 201	Womens Open 200m IM	2:35.29	Session 02
Event 207	Womens Open 100m Breaststroke	1:19.70	Session 02
Event 301	Womens Open 400m IM	5:26.93	Session 03
Event 504	Womens Open 200m Breaststroke	2:48.30	Session 05
Event 606	Womens Open 50m Breaststroke	34.80	Session 06

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**Poppy RICHARDSON 01**

Event 205	Womens Open 200m Butterfly	2:16.37	Session 02
Event 303	Womens Open 100m Freestyle	58.70	Session 03
Event 305	Womens Open 50m Butterfly	28.20	Session 03
Event 502	Womens Open 50m Freestyle	27.20	Session 05
Event 506	Womens Open 100m Butterfly	1:03.41	Session 05
Event 508	Womens Open 400m Freestyle	4:29.40	Session 05
Event 604	Womens Open 200m Freestyle	2:06.40	Session 06

**Rachel WELLINGS 00**

Event 201	Womens Open 200m IM	2:21.36	Session 02
Event 203	Womens Open 50m Backstroke	28.70	Session 02
Event 303	Womens Open 100m Freestyle	56.80	Session 03
Event 305	Womens Open 50m Butterfly	28.30	Session 03
Event 307	Womens Open 200m Backstroke	2:11.30	Session 03
Event 502	Womens Open 50m Freestyle	26.50	Session 05
Event 602	Womens Open 100m Backstroke	1:00.87	Session 06

**Rebecca BURTON 98**

Event 201	Womens Open 200m IM	2:18.09	Session 02
Event 207	Womens Open 100m Breaststroke	1:09.09	Session 02
Event 305	Womens Open 50m Butterfly	28.70	Session 03
Event 502	Womens Open 50m Freestyle	27.16	Session 05
Event 506	Womens Open 100m Butterfly	1:02.83	Session 05
Event 606	Womens Open 50m Breaststroke	31.20	Session 06

**Sophie GRIFFIN 04**

Event 203	Womens Open 50m Backstroke	32.31	Session 02
Event 307	Womens Open 200m Backstroke	2:32.00	Session 03
Event 602	Womens Open 100m Backstroke	1:10.10	Session 06

**Thomas WIGGINS 99**

Event 206	Mens Open 100m Breaststroke	1:06.10	Session 02
Event 302	Mens Open 100m Backstroke	1:01.62	Session 03
Event 501	Mens Open 200m IM	2:10.10	Session 05
Event 605	Mens Open 50m Breaststroke	28.70	Session 06

**City of St Albans**

**Beatrice BARDER 99**

Event 203	Womens Open 50m Backstroke	30.51	Session 02
Event 303	Womens Open 100m Freestyle	1:00.40	Session 03
Event 305	Womens Open 50m Butterfly	30.46	Session 03
Event 502	Womens Open 50m Freestyle	28.16	Session 05
Event 506	Womens Open 100m Butterfly	1:08.19	Session 05
Event 602	Womens Open 100m Backstroke	1:06.17	Session 06

**Charlie KING 03**

Event 503	Mens Open 50m Backstroke	29.80	Session 05
Event 607	Mens Open 200m Backstroke	2:22.40	Session 06

**Chloe LAVIN 03**

Event 207	Womens Open 100m Breaststroke	1:21.36	Session 02
Event 504	Womens Open 200m Breaststroke	2:54.06	Session 05
Event 606	Womens Open 50m Breaststroke	37.20	Session 06

**Ciaran COOK 03**

Event 607	Mens Open 200m Backstroke	2:21.66	Session 06
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**City of St Albans SC**

Event 308	Mens Open 800m Freestyle Team	8:08.00	Session 03
Event 414	Mens Open 400m Freestyle Team	3:50.00	Session 04
Event 715	Mens Open 400m Medley Team	4:13.00	Session 07

**Daniel MILLAR 00**

Event 206	Mens Open 100m Breaststroke	1:12.47	Session 02
Event 304	Mens Open 200m Freestyle	2:04.18	Session 03
Event 501	Mens Open 200m IM	2:17.11	Session 05
Event 603	Mens Open 100m Freestyle	57.60	Session 06
Event 605	Mens Open 50m Breaststroke	32.78	Session 06

**Eleanor GALVIN 02**

Event 307	Womens Open 200m Backstroke	2:29.49	Session 03
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**Ellie HOLLISS 04**

Event 502	Womens Open 50m Freestyle	28.50	Session 05
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**Emily RAYDEN 02**

Event 307	Womens Open 200m Backstroke	2:31.09	Session 03
Event 602	Womens Open 100m Backstroke	1:10.79	Session 06



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<b>Faith GREEN</b>	<b>00</b>		
Event 203	Womens Open 50m Backstroke	31.86	Session 02
Event 207	Womens Open 100m Breaststroke	1:18.30	Session 02
Event 303	Womens Open 100m Freestyle	1:02.19	Session 03
Event 502	Womens Open 50m Freestyle	29.08	Session 05
Event 504	Womens Open 200m Breaststroke	2:52.62	Session 05
Event 602	Womens Open 100m Backstroke	1:09.68	Session 06
Event 606	Womens Open 50m Breaststroke	35.00	Session 06

<b>Grace STEDMAN</b>	<b>03</b>		
Event 504	Womens Open 200m Breaststroke	2:49.30	Session 05
Event 606	Womens Open 50m Breaststroke	35.50	Session 06

<b>James COOK</b>	<b>00</b>		
Event 202	Mens Open 50m Freestyle	25.90	Session 02
Event 603	Mens Open 100m Freestyle	57.44	Session 06

<b>Jessica LAITNER</b>	<b>01</b>		
Event 201	Womens Open 200m IM	2:31.66	Session 02
Event 207	Womens Open 100m Breaststroke	1:19.58	Session 02
Event 303	Womens Open 100m Freestyle	1:02.04	Session 03
Event 504	Womens Open 200m Breaststroke	2:49.61	Session 05
Event 604	Womens Open 200m Freestyle	2:14.23	Session 06
Event 606	Womens Open 50m Breaststroke	36.62	Session 06

<b>Jude LIDDIARD</b>	<b>01</b>		
Event 102	Mens Open 1500m Freestyle	16:42.63	Session 01
Event 202	Mens Open 50m Freestyle	25.40	Session 02
Event 204	Mens Open 200m Butterfly	2:12.50	Session 02
Event 208	Mens Open 400m Freestyle	4:15.80	Session 02
Event 302	Mens Open 100m Backstroke	1:01.15	Session 03
Event 304	Mens Open 200m Freestyle	1:56.50	Session 03
Event 306	Mens Open 50m Butterfly	28.00	Session 03
Event 503	Mens Open 50m Backstroke	29.57	Session 05
Event 507	Mens Open 100m Butterfly	1:01.17	Session 05
Event 603	Mens Open 100m Freestyle	54.90	Session 06

<b>Kazimir UZWYSHYN-JONES</b>	<b>99</b>		
Event 302	Mens Open 100m Backstroke	1:03.64	Session 03
Event 503	Mens Open 50m Backstroke	29.93	Session 05
Event 607	Mens Open 200m Backstroke	2:15.14	Session 06

<b>Kieran MCCARTHY</b>	<b>02</b>		
Event 206	Mens Open 100m Breaststroke	1:12.79	Session 02
Event 605	Mens Open 50m Breaststroke	32.30	Session 06

<b>Michael RIPPER</b>	<b>01</b>		
Event 202	Mens Open 50m Freestyle	25.07	Session 02
Event 304	Mens Open 200m Freestyle	1:56.00	Session 03
Event 306	Mens Open 50m Butterfly	27.40	Session 03
Event 603	Mens Open 100m Freestyle	53.89	Session 06
Event 607	Mens Open 200m Backstroke	2:10.88	Session 06

<b>Ralph MUNCER</b>	<b>01</b>		
Event 102	Mens Open 1500m Freestyle	16:23.90	Session 01
Event 202	Mens Open 50m Freestyle	26.16	Session 02
Event 206	Mens Open 100m Breaststroke	1:07.10	Session 02
Event 208	Mens Open 400m Freestyle	4:07.10	Session 02
Event 304	Mens Open 200m Freestyle	1:57.90	Session 03
Event 501	Mens Open 200m IM	2:16.87	Session 05
Event 505	Mens Open 200m Breaststroke	2:25.60	Session 05
Event 601	Mens Open 400m IM	4:59.88	Session 06
Event 603	Mens Open 100m Freestyle	55.70	Session 06
Event 605	Mens Open 50m Breaststroke	31.10	Session 06
Event 607	Mens Open 200m Backstroke	2:18.89	Session 06

<b>Sophie TAYLOR</b>	<b>02</b>		
Event 201	Womens Open 200m IM	2:36.57	Session 02
Event 203	Womens Open 50m Backstroke	32.24	Session 02
Event 307	Womens Open 200m Backstroke	2:28.04	Session 03

<b>Tanin KURSIDIM</b>	<b>02</b>		
Event 204	Mens Open 200m Butterfly	2:22.30	Session 02
Event 302	Mens Open 100m Backstroke	1:05.57	Session 03
Event 501	Mens Open 200m IM	2:23.70	Session 05
Event 607	Mens Open 200m Backstroke	2:19.75	Session 06



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**Thomas CADENHEAD 02**

Event 202	Mens Open 50m Freestyle	25.50	Session 02
Event 208	Mens Open 400m Freestyle	4:24.90	Session 02
Event 302	Mens Open 100m Backstroke	1:03.70	Session 03
Event 304	Mens Open 200m Freestyle	2:00.34	Session 03
Event 501	Mens Open 200m IM	2:24.21	Session 05
Event 503	Mens Open 50m Backstroke	30.70	Session 05
Event 603	Mens Open 100m Freestyle	56.10	Session 06
Event 607	Mens Open 200m Backstroke	2:21.20	Session 06

**Thomas TOLAND 01**

Event 102	Mens Open 1500m Freestyle	17:56.35	Session 01
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**Tori WESTON 02**

Event 602	Womens Open 100m Backstroke	1:10.10	Session 06
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**William LOVEMAN 00**

Event 206	Mens Open 100m Breaststroke	1:08.43	Session 02
Event 501	Mens Open 200m IM	2:15.95	Session 05
Event 505	Mens Open 200m Breaststroke	2:26.20	Session 05
Event 601	Mens Open 400m IM	4:50.59	Session 06
Event 605	Mens Open 50m Breaststroke	31.10	Session 06

**Colchester****Charlotte NORMAN 05**

Event 203	Womens Open 50m Backstroke	32.90	Session 02
Event 307	Womens Open 200m Backstroke	2:29.60	Session 03
Event 602	Womens Open 100m Backstroke	1:09.70	Session 06

**Ciara WOOKEY 04**

Event 201	Womens Open 200m IM	2:36.07	Session 02
Event 207	Womens Open 100m Breaststroke	1:20.10	Session 02
Event 504	Womens Open 200m Breaststroke	2:54.30	Session 05
Event 606	Womens Open 50m Breaststroke	36.00	Session 06

**Elinor DULEY 00**

Event 201	Womens Open 200m IM	2:30.70	Session 02
Event 203	Womens Open 50m Backstroke	30.90	Session 02
Event 303	Womens Open 100m Freestyle	58.70	Session 03
Event 305	Womens Open 50m Butterfly	27.50	Session 03
Event 502	Womens Open 50m Freestyle	26.10	Session 05
Event 506	Womens Open 100m Butterfly	1:02.60	Session 05
Event 604	Womens Open 200m Freestyle	2:12.60	Session 06

**Jamie COLES 01**

Event 202	Mens Open 50m Freestyle	26.02	Session 02
Event 206	Mens Open 100m Breaststroke	1:13.26	Session 02
Event 605	Mens Open 50m Breaststroke	32.20	Session 06

**Martha DULEY 99**

Event 203	Womens Open 50m Backstroke	29.00	Session 02
Event 303	Womens Open 100m Freestyle	56.20	Session 03
Event 305	Womens Open 50m Butterfly	28.10	Session 03
Event 307	Womens Open 200m Backstroke	2:16.10	Session 03
Event 502	Womens Open 50m Freestyle	25.80	Session 05
Event 506	Womens Open 100m Butterfly	1:05.00	Session 05
Event 602	Womens Open 100m Backstroke	1:01.90	Session 06

**Molly REDGRAVE 04**

Event 307	Womens Open 200m Backstroke	2:31.74	Session 03
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**Nicole CHANDLER 02**

Event 201	Womens Open 200m IM	2:29.60	Session 02
Event 207	Womens Open 100m Breaststroke	1:17.80	Session 02
Event 303	Womens Open 100m Freestyle	1:02.05	Session 03
Event 502	Womens Open 50m Freestyle	28.50	Session 05
Event 504	Womens Open 200m Breaststroke	2:46.22	Session 05
Event 606	Womens Open 50m Breaststroke	35.20	Session 06

**Olivia NORMAN 02**

Event 201	Womens Open 200m IM	2:22.20	Session 02
Event 203	Womens Open 50m Backstroke	30.20	Session 02
Event 205	Womens Open 200m Butterfly	2:22.70	Session 02
Event 301	Womens Open 400m IM	5:00.20	Session 03
Event 307	Womens Open 200m Backstroke	2:19.00	Session 03
Event 506	Womens Open 100m Butterfly	1:05.00	Session 05
Event 602	Womens Open 100m Backstroke	1:05.57	Session 06
Event 604	Womens Open 200m Freestyle	2:12.16	Session 06





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**Rebecca GIROLAMI 03**

Event 201	Womens Open 200m IM	2:36.48	Session 02
Event 207	Womens Open 100m Breaststroke	1:17.90	Session 02
Event 303	Womens Open 100m Freestyle	1:01.77	Session 03
Event 604	Womens Open 200m Freestyle	2:16.53	Session 06
Event 606	Womens Open 50m Breaststroke	35.50	Session 06

**Samuel WHEARTY 02**

Event 202	Mens Open 50m Freestyle	34.24	Session 02
Event 206	Mens Open 100m Breaststroke	1:40.40	Session 02
Event 208	Mens Open 400m Freestyle	6:07.45	Session 02
Event 302	Mens Open 100m Backstroke	1:28.23	Session 03
Event 501	Mens Open 200m IM	3:03.36	Session 05
Event 507	Mens Open 100m Butterfly	1:28.09	Session 05
Event 603	Mens Open 100m Freestyle	1:16.30	Session 06

**Disability Categories - S9, SB8, SM9****Sophie FREEMAN 04**

Event 201	Womens Open 200m IM	2:23.50	Session 02
Event 203	Womens Open 50m Backstroke	30.50	Session 02
Event 205	Womens Open 200m Butterfly	2:19.10	Session 02
Event 305	Womens Open 50m Butterfly	27.50	Session 03
Event 307	Womens Open 200m Backstroke	2:20.90	Session 03
Event 502	Womens Open 50m Freestyle	26.80	Session 05
Event 506	Womens Open 100m Butterfly	1:02.40	Session 05
Event 508	Womens Open 400m Freestyle	4:28.20	Session 05
Event 602	Womens Open 100m Backstroke	1:05.60	Session 06
Event 604	Womens Open 200m Freestyle	2:06.20	Session 06

**Spencer PRIOR 99**

Event 501	Mens Open 200m IM	2:12.13	Session 05
Event 507	Mens Open 100m Butterfly	59.90	Session 05
Event 603	Mens Open 100m Freestyle	55.06	Session 06
Event 607	Mens Open 200m Backstroke	2:20.70	Session 06

**Thomas GRIEVE 00**

Event 202	Mens Open 50m Freestyle	25.00	Session 02
Event 304	Mens Open 200m Freestyle	2:05.14	Session 03
Event 501	Mens Open 200m IM	2:20.91	Session 05
Event 503	Mens Open 50m Backstroke	30.00	Session 05
Event 603	Mens Open 100m Freestyle	56.38	Session 06

**Deben****Hannah TAPLIN 01**

Event 201	Womens Open 200m IM	2:36.36	Session 02
Event 307	Womens Open 200m Backstroke	2:29.54	Session 03

**Harvey HALL 03**

Event 605	Mens Open 50m Breaststroke	33.20	Session 06
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**Kieran WHIGHT 96**

Event 306	Mens Open 50m Butterfly	28.06	Session 03
Event 507	Mens Open 100m Butterfly	1:00.90	Session 05

**Lily BEMMER 03**

Event 504	Womens Open 200m Breaststroke	2:56.42	Session 05
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**Matthew ANDERSON 02**

Event 302	Mens Open 100m Backstroke	1:03.62	Session 03
Event 503	Mens Open 50m Backstroke	30.80	Session 05
Event 607	Mens Open 200m Backstroke	2:22.78	Session 06

**Megan CLAYDON 00**

Event 201	Womens Open 200m IM	2:36.02	Session 02
Event 203	Womens Open 50m Backstroke	32.86	Session 02
Event 305	Womens Open 50m Butterfly	31.26	Session 03
Event 506	Womens Open 100m Butterfly	1:09.08	Session 05

**TARA COLEMAN 96**

Event 203	Womens Open 50m Backstroke	30.98	Session 02
Event 303	Womens Open 100m Freestyle	59.47	Session 03
Event 305	Womens Open 50m Butterfly	30.04	Session 03
Event 502	Womens Open 50m Freestyle	27.24	Session 05
Event 606	Womens Open 50m Breaststroke	35.61	Session 06



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**Dereham**

<b>Callum STEDMAN</b>	<b>03</b>		
Event 102	Mens Open 1500m Freestyle	17:51.50	Session 01
<b>Daniel REDSTON</b>	<b>99</b>		
Event 202	Mens Open 50m Freestyle	26.20	Session 02
<b>Kioni BROOMFIELD</b>	<b>00</b>		
Event 303	Womens Open 100m Freestyle	1:00.06	Session 03
Event 307	Womens Open 200m Backstroke	2:28.43	Session 03
Event 502	Womens Open 50m Freestyle	27.20	Session 05
Event 604	Womens Open 200m Freestyle	2:12.40	Session 06
<b>Maysie STEDMAN</b>	<b>01</b>		
Event 207	Womens Open 100m Breaststroke	1:20.53	Session 02
Event 502	Womens Open 50m Freestyle	28.85	Session 05
<b>Molly MONK</b>	<b>04</b>		
Event 207	Womens Open 100m Breaststroke	1:19.87	Session 02
Event 504	Womens Open 200m Breaststroke	2:52.60	Session 05
<b>Ruby DAGLESS</b>	<b>05</b>		
Event 201	Womens Open 200m IM	2:34.43	Session 02
Event 205	Womens Open 200m Butterfly	2:31.21	Session 02
Event 305	Womens Open 50m Butterfly	30.70	Session 03
Event 506	Womens Open 100m Butterfly	1:08.40	Session 05

**Dunmow Atlantis**

<b>Chloe MOLONEY</b>	<b>02</b>		
Event 101	Womens Open 800m Freestyle	9:25.58	Session 01
Event 303	Womens Open 100m Freestyle	1:00.46	Session 03
Event 307	Womens Open 200m Backstroke	2:30.41	Session 03
Event 502	Womens Open 50m Freestyle	28.10	Session 05
Event 508	Womens Open 400m Freestyle	4:39.90	Session 05
Event 604	Womens Open 200m Freestyle	2:12.79	Session 06
<b>Dylan NUTT</b>	<b>99</b>		
Event 202	Mens Open 50m Freestyle	26.00	Session 02
Event 603	Mens Open 100m Freestyle	57.20	Session 06
<b>Ellie RUNNALLS</b>	<b>02</b>		
Event 101	Womens Open 800m Freestyle	9:33.00	Session 01
Event 201	Womens Open 200m IM	2:33.47	Session 02
Event 301	Womens Open 400m IM	5:22.53	Session 03
Event 508	Womens Open 400m Freestyle	4:39.20	Session 05
Event 604	Womens Open 200m Freestyle	2:12.95	Session 06
<b>Georgia HARROD</b>	<b>00</b>		
Event 502	Womens Open 50m Freestyle	27.92	Session 05
Event 506	Womens Open 100m Butterfly	1:09.70	Session 05
Event 602	Womens Open 100m Backstroke	1:10.79	Session 06
<b>Jamie MCLAUGHLIN</b>	<b>97</b>		
Event 202	Mens Open 50m Freestyle	24.10	Session 02
Event 306	Mens Open 50m Butterfly	25.70	Session 03
<b>John BOYLE</b>	<b>01</b>		
Event 202	Mens Open 50m Freestyle	25.20	Session 02
Event 302	Mens Open 100m Backstroke	1:02.76	Session 03
Event 304	Mens Open 200m Freestyle	2:04.62	Session 03
Event 503	Mens Open 50m Backstroke	28.50	Session 05
Event 603	Mens Open 100m Freestyle	56.07	Session 06
<b>Joshua SMITH</b>	<b>01</b>		
Event 302	Mens Open 100m Backstroke	1:00.69	Session 03
Event 306	Mens Open 50m Butterfly	26.40	Session 03
Event 503	Mens Open 50m Backstroke	27.26	Session 05
Event 507	Mens Open 100m Butterfly	1:00.04	Session 05
Event 603	Mens Open 100m Freestyle	54.20	Session 06
Event 607	Mens Open 200m Backstroke	2:13.52	Session 06
<b>Kyle PANTON</b>	<b>95</b>		
Event 206	Mens Open 100m Breaststroke	1:10.23	Session 02
Event 304	Mens Open 200m Freestyle	2:00.40	Session 03
Event 501	Mens Open 200m IM	2:20.00	Session 05
Event 603	Mens Open 100m Freestyle	53.70	Session 06
Event 605	Mens Open 50m Breaststroke	31.40	Session 06



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<b>Louis SPONG</b>	<b>99</b>		
Event 202	Mens Open 50m Freestyle	25.60	Session 02
Event 206	Mens Open 100m Breaststroke	1:09.86	Session 02
Event 302	Mens Open 100m Backstroke	1:00.82	Session 03
Event 306	Mens Open 50m Butterfly	27.50	Session 03
Event 503	Mens Open 50m Backstroke	29.60	Session 05
Event 505	Mens Open 200m Breaststroke	2:33.25	Session 05

<b>Maddie LEES</b>	<b>04</b>		
Event 502	Womens Open 50m Freestyle	29.00	Session 05

<b>Matthew MCLAUGHLIN</b>	<b>93</b>		
Event 206	Mens Open 100m Breaststroke	1:10.67	Session 02
Event 505	Mens Open 200m Breaststroke	2:35.50	Session 05
Event 605	Mens Open 50m Breaststroke	31.50	Session 06

<b>Meghan MAYBANKS</b>	<b>00</b>		
Event 203	Womens Open 50m Backstroke	29.20	Session 02
Event 303	Womens Open 100m Freestyle	57.50	Session 03
Event 305	Womens Open 50m Butterfly	29.10	Session 03
Event 502	Womens Open 50m Freestyle	25.70	Session 05
Event 602	Womens Open 100m Backstroke	1:04.30	Session 06

<b>Rebecca WATT</b>	<b>02</b>		
Event 203	Womens Open 50m Backstroke	32.88	Session 02
Event 303	Womens Open 100m Freestyle	58.50	Session 03
Event 502	Womens Open 50m Freestyle	26.10	Session 05
Event 604	Womens Open 200m Freestyle	2:13.50	Session 06

**Dunstable**

<b>Maia MORGAN</b>	<b>03</b>		
Event 207	Womens Open 100m Breaststroke	1:20.92	Session 02
Event 606	Womens Open 50m Breaststroke	37.00	Session 06

<b>Michael FLANAGAN</b>	<b>00</b>		
Event 306	Mens Open 50m Butterfly	28.00	Session 03

<b>Michael JUDD</b>	<b>98</b>		
Event 202	Mens Open 50m Freestyle	25.97	Session 02
Event 302	Mens Open 100m Backstroke	1:05.36	Session 03
Event 306	Mens Open 50m Butterfly	27.85	Session 03
Event 501	Mens Open 200m IM	2:21.79	Session 05
Event 503	Mens Open 50m Backstroke	29.06	Session 05
Event 507	Mens Open 100m Butterfly	1:02.40	Session 05
Event 603	Mens Open 100m Freestyle	56.40	Session 06
Event 605	Mens Open 50m Breaststroke	32.80	Session 06

<b>William RICHARDS</b>	<b>01</b>		
Event 206	Mens Open 100m Breaststroke	1:11.38	Session 02
Event 304	Mens Open 200m Freestyle	2:05.37	Session 03
Event 501	Mens Open 200m IM	2:21.00	Session 05
Event 505	Mens Open 200m Breaststroke	2:35.56	Session 05
Event 603	Mens Open 100m Freestyle	57.20	Session 06
Event 605	Mens Open 50m Breaststroke	32.10	Session 06

**Epping Forest**

<b>Amelia PEDDLE</b>	<b>00</b>		
Event 203	Womens Open 50m Backstroke	30.89	Session 02
Event 303	Womens Open 100m Freestyle	1:00.42	Session 03
Event 307	Womens Open 200m Backstroke	2:21.42	Session 03
Event 502	Womens Open 50m Freestyle	27.40	Session 05
Event 508	Womens Open 400m Freestyle	4:37.89	Session 05
Event 602	Womens Open 100m Backstroke	1:04.90	Session 06
Event 604	Womens Open 200m Freestyle	2:10.10	Session 06

<b>Daniel HATHAWAY</b>	<b>01</b>		
Event 503	Mens Open 50m Backstroke	30.49	Session 05

<b>Dora ZHOU</b>	<b>00</b>		
Event 203	Womens Open 50m Backstroke	31.78	Session 02
Event 502	Womens Open 50m Freestyle	28.79	Session 05
Event 602	Womens Open 100m Backstroke	1:08.98	Session 06



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**Felixstowe**

**Mia YATES 03**

Event 303	Womens Open 100m Freestyle	1:02.50	Session 03
Event 502	Womens Open 50m Freestyle	28.30	Session 05

**Stuart EVANS 00**

Event 202	Mens Open 50m Freestyle	25.89	Session 02
Event 304	Mens Open 200m Freestyle	2:01.27	Session 03
Event 603	Mens Open 100m Freestyle	56.31	Session 06

**Thomas BOYT 99**

Event 202	Mens Open 50m Freestyle	25.41	Session 02
Event 206	Mens Open 100m Breaststroke	1:13.19	Session 02
Event 302	Mens Open 100m Backstroke	1:01.84	Session 03
Event 306	Mens Open 50m Butterfly	27.30	Session 03
Event 501	Mens Open 200m IM	2:17.11	Session 05
Event 503	Mens Open 50m Backstroke	29.07	Session 05
Event 507	Mens Open 100m Butterfly	1:01.35	Session 05
Event 603	Mens Open 100m Freestyle	55.56	Session 06
Event 607	Mens Open 200m Backstroke	2:12.89	Session 06

**Great Yarmouth**

**Anna DUFFIELD 02**

Event 201	Womens Open 200m IM	2:35.86	Session 02
Event 305	Womens Open 50m Butterfly	31.00	Session 03

**Grace LEECH 02**

Event 203	Womens Open 50m Backstroke	31.75	Session 02
Event 207	Womens Open 100m Breaststroke	1:20.42	Session 02
Event 303	Womens Open 100m Freestyle	1:02.67	Session 03
Event 305	Womens Open 50m Butterfly	29.60	Session 03
Event 502	Womens Open 50m Freestyle	27.90	Session 05

**Tommy CHANDLER 02**

Event 206	Mens Open 100m Breaststroke	1:13.33	Session 02
Event 501	Mens Open 200m IM	2:24.17	Session 05
Event 503	Mens Open 50m Backstroke	30.64	Session 05
Event 505	Mens Open 200m Breaststroke	2:42.22	Session 05
Event 605	Mens Open 50m Breaststroke	33.10	Session 06

**Halstead**

**Elliot SWALLOW 00**

Event 605	Mens Open 50m Breaststroke	33.10	Session 06
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**Eloise CONWAY 00**

Event 203	Womens Open 50m Backstroke	32.84	Session 02
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**Kai ADAMS 96**

Event 202	Mens Open 50m Freestyle	25.20	Session 02
Event 302	Mens Open 100m Backstroke	1:04.30	Session 03
Event 501	Mens Open 200m IM	2:20.80	Session 05
Event 603	Mens Open 100m Freestyle	56.00	Session 06
Event 607	Mens Open 200m Backstroke	2:21.40	Session 06

**Katherine DAYNES 02**

Event 207	Womens Open 100m Breaststroke	1:19.33	Session 02
Event 504	Womens Open 200m Breaststroke	2:55.60	Session 05
Event 606	Womens Open 50m Breaststroke	36.95	Session 06

**Ole MILLS 99**

Event 206	Mens Open 100m Breaststroke	1:08.48	Session 02
Event 501	Mens Open 200m IM	2:12.68	Session 05
Event 505	Mens Open 200m Breaststroke	2:28.40	Session 05
Event 507	Mens Open 100m Butterfly	1:02.23	Session 05
Event 605	Mens Open 50m Breaststroke	30.30	Session 06

**Samuel JOHNSON 98**

Event 605	Mens Open 50m Breaststroke	30.90	Session 06
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**Sasha HUTCHISON 00**

Event 207	Womens Open 100m Breaststroke	1:21.26	Session 02
Event 305	Womens Open 50m Butterfly	31.70	Session 03
Event 606	Womens Open 50m Breaststroke	37.10	Session 06

**Harlow Penguins**

**Amber SHINE 00**

Event 205	Womens Open 200m Butterfly	2:28.00	Session 02
Event 506	Womens Open 100m Butterfly	1:08.57	Session 05
Event 604	Womens Open 200m Freestyle	2:14.93	Session 06



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<b>Ashley RANSOME 95</b>			
Event 207	Womens Open 100m Breaststroke	1:15.12	Session 02
Event 305	Womens Open 50m Butterfly	28.80	Session 03
Event 606	Womens Open 50m Breaststroke	32.60	Session 06
<b>Ben HUNT 99</b>			
Event 202	Mens Open 50m Freestyle	25.80	Session 02
Event 302	Mens Open 100m Backstroke	1:04.11	Session 03
Event 306	Mens Open 50m Butterfly	28.10	Session 03
Event 503	Mens Open 50m Backstroke	29.60	Session 05
Event 607	Mens Open 200m Backstroke	2:20.76	Session 06
<b>Carys BREALEY 04</b>			
Event 201	Womens Open 200m IM	2:33.50	Session 02
Event 203	Womens Open 50m Backstroke	31.50	Session 02
Event 303	Womens Open 100m Freestyle	1:00.60	Session 03
Event 307	Womens Open 200m Backstroke	2:29.90	Session 03
Event 502	Womens Open 50m Freestyle	27.80	Session 05
Event 602	Womens Open 100m Backstroke	1:07.20	Session 06
Event 604	Womens Open 200m Freestyle	2:11.20	Session 06
<b>Celeste ANDREW 01</b>			
Event 203	Womens Open 50m Backstroke	32.18	Session 02
Event 303	Womens Open 100m Freestyle	1:02.09	Session 03
Event 305	Womens Open 50m Butterfly	29.20	Session 03
Event 502	Womens Open 50m Freestyle	28.10	Session 05
Event 506	Womens Open 100m Butterfly	1:09.90	Session 05
Event 602	Womens Open 100m Backstroke	1:10.50	Session 06
<b>Hayden THOMAS 95</b>			
Event 605	Mens Open 50m Breaststroke	29.40	Session 06
<b>Lee BAKER 95</b>			
Event 202	Mens Open 50m Freestyle	23.49	Session 02
Event 306	Mens Open 50m Butterfly	25.50	Session 03
<b>Mason ARNOLD 97</b>			
Event 306	Mens Open 50m Butterfly	26.50	Session 03
Event 507	Mens Open 100m Butterfly	58.40	Session 05
Event 603	Mens Open 100m Freestyle	54.13	Session 06
<b>Megan COOK 00</b>			
Event 203	Womens Open 50m Backstroke	32.55	Session 02
Event 205	Womens Open 200m Butterfly	2:34.02	Session 02
Event 502	Womens Open 50m Freestyle	28.97	Session 05
Event 506	Womens Open 100m Butterfly	1:09.33	Session 05
Event 602	Womens Open 100m Backstroke	1:09.37	Session 06
<b>Olivia SMITH-LAL 98</b>			
Event 207	Womens Open 100m Breaststroke	1:19.24	Session 02
Event 502	Womens Open 50m Freestyle	28.30	Session 05
Event 504	Womens Open 200m Breaststroke	2:53.19	Session 05
Event 606	Womens Open 50m Breaststroke	35.46	Session 06
<b>Ralph DAVIES 01</b>			
Event 202	Mens Open 50m Freestyle	26.00	Session 02
Event 302	Mens Open 100m Backstroke	1:03.97	Session 03
Event 306	Mens Open 50m Butterfly	27.74	Session 03
Event 501	Mens Open 200m IM	2:23.06	Session 05
<b>Harpenden</b>			
<b>Abby SMITH 96</b>			
Event 101	Womens Open 800m Freestyle	8:41.07	Session 01
Event 508	Womens Open 400m Freestyle	4:13.00	Session 05
Event 604	Womens Open 200m Freestyle	2:02.20	Session 06
<b>Agnes BURNS 01</b>			
Event 203	Womens Open 50m Backstroke	32.73	Session 02
Event 307	Womens Open 200m Backstroke	2:26.88	Session 03
Event 502	Womens Open 50m Freestyle	29.04	Session 05
Event 602	Womens Open 100m Backstroke	1:09.40	Session 06
<b>Angus HARROW 02</b>			
Event 204	Mens Open 200m Butterfly	2:21.20	Session 02
Event 306	Mens Open 50m Butterfly	28.00	Session 03
Event 507	Mens Open 100m Butterfly	1:02.20	Session 05
<b>Claire BURRELL 01</b>			
Event 201	Womens Open 200m IM	2:36.36	Session 02
Event 203	Womens Open 50m Backstroke	31.20	Session 02
Event 307	Womens Open 200m Backstroke	2:26.10	Session 03
Event 502	Womens Open 50m Freestyle	28.73	Session 05
Event 602	Womens Open 100m Backstroke	1:07.10	Session 06

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<b>Edward CAMPFIELD</b>	<b>02</b>		
Event 302	Mens Open 100m Backstroke	1:05.00	Session 03
Event 503	Mens Open 50m Backstroke	30.10	Session 05
Event 607	Mens Open 200m Backstroke	2:20.06	Session 06

<b>Ella MURPHY</b>	<b>02</b>		
Event 606	Womens Open 50m Breaststroke	36.90	Session 06

<b>Harpenden SC</b>			
Event 415	Womens Open 400m Medley Team	4:39.70	Session 04

<b>Joseph RICHARDSON</b>	<b>01</b>		
Event 206	Mens Open 100m Breaststroke	1:11.67	Session 02
Event 505	Mens Open 200m Breaststroke	2:36.22	Session 05
Event 605	Mens Open 50m Breaststroke	32.60	Session 06

<b>Larissa DEAN</b>	<b>02</b>		
Event 203	Womens Open 50m Backstroke	32.50	Session 02
Event 502	Womens Open 50m Freestyle	29.10	Session 05

**Hatfield**

<b>Alara NORTON</b>	<b>01</b>		
Event 207	Womens Open 100m Breaststroke	1:15.92	Session 02
Event 504	Womens Open 200m Breaststroke	2:40.80	Session 05
Event 606	Womens Open 50m Breaststroke	35.10	Session 06

<b>Amy GODSAVE</b>	<b>99</b>		
Event 303	Womens Open 100m Freestyle	56.20	Session 03
Event 305	Womens Open 50m Butterfly	28.10	Session 03
Event 502	Womens Open 50m Freestyle	25.30	Session 05

<b>Ayotobi LAGUDA</b>	<b>02</b>		
Event 202	Mens Open 50m Freestyle	24.20	Session 02
Event 206	Mens Open 100m Breaststroke	1:10.90	Session 02
Event 208	Mens Open 400m Freestyle	4:20.41	Session 02
Event 302	Mens Open 100m Backstroke	1:03.31	Session 03
Event 306	Mens Open 50m Butterfly	27.35	Session 03
Event 501	Mens Open 200m IM	2:17.20	Session 05
Event 507	Mens Open 100m Butterfly	1:01.65	Session 05
Event 601	Mens Open 400m IM	4:54.10	Session 06
Event 603	Mens Open 100m Freestyle	52.90	Session 06

<b>Bailey WILKES</b>	<b>01</b>		
Event 203	Womens Open 50m Backstroke	32.64	Session 02
Event 307	Womens Open 200m Backstroke	2:26.44	Session 03
Event 602	Womens Open 100m Backstroke	1:08.60	Session 06

<b>Benjamin GARRATT</b>	<b>00</b>		
Event 202	Mens Open 50m Freestyle	25.43	Session 02
Event 204	Mens Open 200m Butterfly	2:08.21	Session 02
Event 306	Mens Open 50m Butterfly	25.40	Session 03
Event 507	Mens Open 100m Butterfly	56.40	Session 05
Event 603	Mens Open 100m Freestyle	57.07	Session 06

<b>Bianka MISIKOVA</b>	<b>03</b>		
Event 303	Womens Open 100m Freestyle	1:01.90	Session 03
Event 502	Womens Open 50m Freestyle	28.50	Session 05

<b>Billie GRANT</b>	<b>02</b>		
Event 101	Womens Open 800m Freestyle	9:20.10	Session 01
Event 201	Womens Open 200m IM	2:33.83	Session 02
Event 205	Womens Open 200m Butterfly	2:33.19	Session 02
Event 303	Womens Open 100m Freestyle	1:01.50	Session 03
Event 305	Womens Open 50m Butterfly	31.61	Session 03
Event 502	Womens Open 50m Freestyle	28.70	Session 05
Event 508	Womens Open 400m Freestyle	4:31.70	Session 05
Event 604	Womens Open 200m Freestyle	2:11.40	Session 06

<b>Caleb HUGHES</b>	<b>95</b>		
Event 102	Mens Open 1500m Freestyle	14:54.23	Session 01
Event 208	Mens Open 400m Freestyle	3:44.94	Session 02
Event 304	Mens Open 200m Freestyle	1:47.85	Session 03
Event 501	Mens Open 200m IM	2:01.99	Session 05
Event 603	Mens Open 100m Freestyle	50.06	Session 06

<b>Charles RAYNER</b>	<b>01</b>		
Event 206	Mens Open 100m Breaststroke	1:05.70	Session 02
Event 306	Mens Open 50m Butterfly	26.80	Session 03
Event 501	Mens Open 200m IM	2:11.30	Session 05
Event 505	Mens Open 200m Breaststroke	2:23.09	Session 05

<b>Chloe BERKO-BATENG</b>	<b>03</b>		
Event 305	Womens Open 50m Butterfly	29.30	Session 03
Event 506	Womens Open 100m Butterfly	1:07.70	Session 05

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<b>Cole JAMES</b>		<b>01</b>		
Event 206	Mens Open 100m Breaststroke	1:07.10	Session 02	
Event 208	Mens Open 400m Freestyle	4:18.20	Session 02	
Event 505	Mens Open 200m Breaststroke	2:28.80	Session 05	
Event 605	Mens Open 50m Breaststroke	30.70	Session 06	
<b>Daniel MURTAGH</b>		<b>03</b>		
Event 302	Mens Open 100m Backstroke	1:05.10	Session 03	
Event 306	Mens Open 50m Butterfly	27.80	Session 03	
Event 501	Mens Open 200m IM	2:23.90	Session 05	
Event 503	Mens Open 50m Backstroke	29.00	Session 05	
Event 603	Mens Open 100m Freestyle	57.43	Session 06	
Event 607	Mens Open 200m Backstroke	2:21.22	Session 06	
<b>Ela NORTON</b>		<b>04</b>		
Event 207	Womens Open 100m Breaststroke	1:18.20	Session 02	
Event 504	Womens Open 200m Breaststroke	2:48.10	Session 05	
Event 606	Womens Open 50m Breaststroke	35.80	Session 06	
<b>Gemma HANSON</b>		<b>03</b>		
Event 201	Womens Open 200m IM	2:35.25	Session 02	
Event 303	Womens Open 100m Freestyle	1:02.20	Session 03	
Event 502	Womens Open 50m Freestyle	28.70	Session 05	
Event 604	Womens Open 200m Freestyle	2:14.30	Session 06	
<b>Grace WYLIE</b>		<b>01</b>		
Event 203	Womens Open 50m Backstroke	31.00	Session 02	
Event 307	Womens Open 200m Backstroke	2:21.46	Session 03	
Event 602	Womens Open 100m Backstroke	1:05.72	Session 06	
<b>Harry CONSTANTINE</b>		<b>00</b>		
Event 202	Mens Open 50m Freestyle	22.90	Session 02	
Event 208	Mens Open 400m Freestyle	3:57.00	Session 02	
Event 302	Mens Open 100m Backstroke	58.50	Session 03	
Event 304	Mens Open 200m Freestyle	1:48.80	Session 03	
Event 306	Mens Open 50m Butterfly	27.10	Session 03	
Event 503	Mens Open 50m Backstroke	27.10	Session 05	
Event 603	Mens Open 100m Freestyle	49.40	Session 06	
<b>Hatfield A</b>				
Event 308	Mens Open 800m Freestyle Team	7:32.80	Session 03	
Event 414	Mens Open 400m Freestyle Team	3:27.40	Session 04	
Event 415	Womens Open 400m Medley Team	4:22.20	Session 04	
Event 608	Womens Open 800m Freestyle Team	8:38.20	Session 06	
Event 714	Womens Open 400m Freestyle Team	4:01.40	Session 07	
Event 715	Mens Open 400m Medley Team	3:52.50	Session 07	
<b>Hatfield B</b>				
Event 308	Mens Open 800m Freestyle Team	7:50.30	Session 03	
Event 414	Mens Open 400m Freestyle Team	3:35.40	Session 04	
Event 415	Womens Open 400m Medley Team	4:29.10	Session 04	
Event 608	Womens Open 800m Freestyle Team	9:04.40	Session 06	
Event 714	Womens Open 400m Freestyle Team	4:09.70	Session 07	
Event 715	Mens Open 400m Medley Team	4:03.10	Session 07	
<b>Isobel GEORGIU</b>		<b>02</b>		
Event 101	Womens Open 800m Freestyle	9:57.99	Session 01	
Event 604	Womens Open 200m Freestyle	2:16.47	Session 06	
<b>James WOODWARD</b>		<b>00</b>		
Event 204	Mens Open 200m Butterfly	2:03.40	Session 02	
Event 304	Mens Open 200m Freestyle	1:52.90	Session 03	
Event 306	Mens Open 50m Butterfly	26.10	Session 03	
Event 501	Mens Open 200m IM	2:06.08	Session 05	
Event 507	Mens Open 100m Butterfly	56.00	Session 05	
Event 603	Mens Open 100m Freestyle	52.60	Session 06	
<b>Jessica BOND</b>		<b>03</b>		
Event 207	Womens Open 100m Breaststroke	1:21.19	Session 02	
Event 606	Womens Open 50m Breaststroke	36.81	Session 06	
<b>Jessica FARROW</b>		<b>00</b>		
Event 201	Womens Open 200m IM	2:36.53	Session 02	
Event 205	Womens Open 200m Butterfly	2:33.27	Session 02	
Event 504	Womens Open 200m Breaststroke	2:53.87	Session 05	
<b>Jessica KEOGH</b>		<b>04</b>		
Event 101	Womens Open 800m Freestyle	9:54.10	Session 01	
Event 203	Womens Open 50m Backstroke	32.70	Session 02	
Event 307	Womens Open 200m Backstroke	2:27.80	Session 03	
Event 502	Womens Open 50m Freestyle	28.30	Session 05	
Event 602	Womens Open 100m Backstroke	1:08.42	Session 06	
Event 604	Womens Open 200m Freestyle	2:13.07	Session 06	

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<b>Jessica WOODWARD</b>	<b>03</b>		
Event 201	Womens Open 200m IM	2:32.64	Session 02
Event 203	Womens Open 50m Backstroke	32.85	Session 02
Event 303	Womens Open 100m Freestyle	1:02.25	Session 03
Event 305	Womens Open 50m Butterfly	30.20	Session 03
Event 502	Womens Open 50m Freestyle	27.50	Session 05
Event 506	Womens Open 100m Butterfly	1:07.36	Session 05
Event 606	Womens Open 50m Breaststroke	37.17	Session 06
<b>Joshua BRIDGELAND</b>	<b>03</b>		
Event 204	Mens Open 200m Butterfly	2:24.94	Session 02
<b>Kohei WATANABE</b>	<b>01</b>		
Event 202	Mens Open 50m Freestyle	26.09	Session 02
Event 603	Mens Open 100m Freestyle	57.10	Session 06
<b>Laura COPPING</b>	<b>00</b>		
Event 201	Womens Open 200m IM	2:20.20	Session 02
Event 207	Womens Open 100m Breaststroke	1:13.20	Session 02
Event 301	Womens Open 400m IM	4:55.76	Session 03
Event 604	Womens Open 200m Freestyle	2:09.60	Session 06
Event 606	Womens Open 50m Breaststroke	32.80	Session 06
<b>Lauren STOTT</b>	<b>02</b>		
Event 203	Womens Open 50m Backstroke	31.30	Session 02
Event 305	Womens Open 50m Butterfly	29.80	Session 03
Event 307	Womens Open 200m Backstroke	2:20.97	Session 03
Event 502	Womens Open 50m Freestyle	28.99	Session 05
Event 506	Womens Open 100m Butterfly	1:03.80	Session 05
Event 602	Womens Open 100m Backstroke	1:05.87	Session 06
<b>Lucas DYSON-DIAZ</b>	<b>00</b>		
Event 202	Mens Open 50m Freestyle	24.95	Session 02
Event 302	Mens Open 100m Backstroke	1:01.57	Session 03
Event 306	Mens Open 50m Butterfly	26.30	Session 03
Event 503	Mens Open 50m Backstroke	28.00	Session 05
Event 507	Mens Open 100m Butterfly	57.54	Session 05
Event 603	Mens Open 100m Freestyle	55.30	Session 06
<b>Luke SUGDEN</b>	<b>99</b>		
Event 202	Mens Open 50m Freestyle	24.71	Session 02
Event 204	Mens Open 200m Butterfly	2:09.06	Session 02
Event 304	Mens Open 200m Freestyle	1:54.72	Session 03
Event 306	Mens Open 50m Butterfly	26.70	Session 03
Event 507	Mens Open 100m Butterfly	58.98	Session 05
Event 603	Mens Open 100m Freestyle	52.90	Session 06
<b>Luke TURLEY</b>	<b>00</b>		
Event 202	Mens Open 50m Freestyle	23.60	Session 02
Event 208	Mens Open 400m Freestyle	3:47.80	Session 02
Event 304	Mens Open 200m Freestyle	1:46.60	Session 03
Event 501	Mens Open 200m IM	2:09.60	Session 05
Event 507	Mens Open 100m Butterfly	58.10	Session 05
Event 603	Mens Open 100m Freestyle	49.90	Session 06
Event 607	Mens Open 200m Backstroke	2:08.60	Session 06
<b>Max JELFS</b>	<b>01</b>		
Event 102	Mens Open 1500m Freestyle	16:04.20	Session 01
Event 204	Mens Open 200m Butterfly	2:11.00	Session 02
Event 208	Mens Open 400m Freestyle	4:02.16	Session 02
Event 304	Mens Open 200m Freestyle	1:53.90	Session 03
Event 507	Mens Open 100m Butterfly	59.00	Session 05
Event 603	Mens Open 100m Freestyle	53.40	Session 06
Event 607	Mens Open 200m Backstroke	2:09.40	Session 06
<b>Michael KLIMASZEWSKI</b>	<b>04</b>		
Event 102	Mens Open 1500m Freestyle	17:38.04	Session 01
Event 204	Mens Open 200m Butterfly	2:16.60	Session 02
Event 306	Mens Open 50m Butterfly	27.90	Session 03
Event 507	Mens Open 100m Butterfly	59.90	Session 05
<b>Nadine SMITH</b>	<b>01</b>		
Event 207	Womens Open 100m Breaststroke	1:15.90	Session 02
Event 606	Womens Open 50m Breaststroke	34.80	Session 06
<b>Natasha BENTLEY</b>	<b>02</b>		
Event 101	Womens Open 800m Freestyle	9:26.60	Session 01
Event 205	Womens Open 200m Butterfly	2:34.90	Session 02
Event 508	Womens Open 400m Freestyle	4:35.40	Session 05
Event 604	Womens Open 200m Freestyle	2:11.30	Session 06

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<b>Nathan HUGHES</b>	<b>00</b>		
Event 102	Mens Open 1500m Freestyle	15:24.65	Session 01
Event 204	Mens Open 200m Butterfly	2:04.70	Session 02
Event 206	Mens Open 100m Breaststroke	1:03.50	Session 02
Event 501	Mens Open 200m IM	2:02.21	Session 05
Event 505	Mens Open 200m Breaststroke	2:14.44	Session 05
Event 601	Mens Open 400m IM	4:13.80	Session 06

<b>Nia JORDAN</b>	<b>02</b>		
Event 207	Womens Open 100m Breaststroke	1:19.83	Session 02
Event 504	Womens Open 200m Breaststroke	2:54.50	Session 05
Event 606	Womens Open 50m Breaststroke	36.00	Session 06

<b>Niamh KELLY</b>	<b>04</b>		
Event 201	Womens Open 200m IM	2:34.67	Session 02
Event 207	Womens Open 100m Breaststroke	1:18.30	Session 02
Event 504	Womens Open 200m Breaststroke	2:52.24	Session 05
Event 606	Womens Open 50m Breaststroke	35.50	Session 06

<b>Olivia SEAL</b>	<b>02</b>		
Event 205	Womens Open 200m Butterfly	2:33.30	Session 02
Event 305	Womens Open 50m Butterfly	31.00	Session 03
Event 502	Womens Open 50m Freestyle	28.90	Session 05
Event 506	Womens Open 100m Butterfly	1:09.00	Session 05

<b>Reese HOUSDEN</b>	<b>02</b>		
Event 202	Mens Open 50m Freestyle	23.90	Session 02
Event 208	Mens Open 400m Freestyle	4:09.86	Session 02
Event 304	Mens Open 200m Freestyle	1:53.60	Session 03
Event 603	Mens Open 100m Freestyle	51.80	Session 06
Event 605	Mens Open 50m Breaststroke	30.60	Session 06

<b>Sara KALAWSKA</b>	<b>03</b>		
Event 201	Womens Open 200m IM	2:25.99	Session 02
Event 205	Womens Open 200m Butterfly	2:22.50	Session 02
Event 305	Womens Open 50m Butterfly	28.90	Session 03
Event 506	Womens Open 100m Butterfly	1:04.50	Session 05

<b>Shannon STOTT</b>	<b>00</b>		
Event 205	Womens Open 200m Butterfly	2:16.65	Session 02
Event 303	Womens Open 100m Freestyle	59.00	Session 03
Event 305	Womens Open 50m Butterfly	28.10	Session 03
Event 506	Womens Open 100m Butterfly	1:01.60	Session 05
Event 508	Womens Open 400m Freestyle	4:29.59	Session 05
Event 604	Womens Open 200m Freestyle	2:04.30	Session 06

<b>Sophie PAYNE</b>	<b>02</b>		
Event 201	Womens Open 200m IM	2:31.30	Session 02
Event 207	Womens Open 100m Breaststroke	1:13.30	Session 02
Event 502	Womens Open 50m Freestyle	29.13	Session 05
Event 504	Womens Open 200m Breaststroke	2:35.30	Session 05
Event 606	Womens Open 50m Breaststroke	34.46	Session 06

<b>Valeria GIRON</b>	<b>05</b>		
Event 205	Womens Open 200m Butterfly	2:30.43	Session 02
Event 305	Womens Open 50m Butterfly	31.40	Session 03
Event 506	Womens Open 100m Butterfly	1:09.60	Session 05

**Hemel Hempstead**

<b>Alice FENDER</b>	<b>01</b>		
Event 101	Womens Open 800m Freestyle	9:17.50	Session 01
Event 201	Womens Open 200m IM	2:29.05	Session 02
Event 207	Womens Open 100m Breaststroke	1:18.20	Session 02
Event 303	Womens Open 100m Freestyle	59.00	Session 03
Event 502	Womens Open 50m Freestyle	28.50	Session 05
Event 508	Womens Open 400m Freestyle	4:31.28	Session 05
Event 604	Womens Open 200m Freestyle	2:06.20	Session 06
Event 606	Womens Open 50m Breaststroke	35.80	Session 06

<b>Ashley COOMBS</b>	<b>01</b>		
Event 202	Mens Open 50m Freestyle	24.90	Session 02
Event 603	Mens Open 100m Freestyle	54.20	Session 06

<b>Georgia PURKIS</b>	<b>02</b>		
Event 101	Womens Open 800m Freestyle	9:30.84	Session 01
Event 207	Womens Open 100m Breaststroke	1:19.76	Session 02
Event 504	Womens Open 200m Breaststroke	2:48.80	Session 05
Event 508	Womens Open 400m Freestyle	4:34.39	Session 05
Event 604	Womens Open 200m Freestyle	2:15.38	Session 06



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**Hemel Hempstead SC**

Event 414	Mens Open 400m Freestyle Team	3:54.00	Session 04
Event 415	Womens Open 400m Medley Team	4:50.00	Session 04
Event 714	Womens Open 400m Freestyle Team	4:13.00	Session 07
Event 715	Mens Open 400m Medley Team	4:29.09	Session 07

**Joel GREEN 00**

Event 204	Mens Open 200m Butterfly	2:23.69	Session 02
Event 302	Mens Open 100m Backstroke	1:04.60	Session 03
Event 503	Mens Open 50m Backstroke	30.00	Session 05
Event 607	Mens Open 200m Backstroke	2:20.91	Session 06

**Joseph COLDWELL 02**

Event 206	Mens Open 100m Breaststroke	1:14.40	Session 02
Event 505	Mens Open 200m Breaststroke	2:40.56	Session 05

**Keelin MCKENNA 99**

Event 502	Womens Open 50m Freestyle	29.08	Session 05
Event 602	Womens Open 100m Backstroke	1:08.75	Session 06
Event 606	Womens Open 50m Breaststroke	36.92	Session 06

**Kyle HOLMES 99**

Event 206	Mens Open 100m Breaststroke	1:13.87	Session 02
Event 605	Mens Open 50m Breaststroke	32.82	Session 06

**Mattias MORSE 03**

Event 206	Mens Open 100m Breaststroke	1:13.90	Session 02
Event 505	Mens Open 200m Breaststroke	2:40.80	Session 05

**Rebecca SEWELL 00**

Event 203	Womens Open 50m Backstroke	31.68	Session 02
Event 307	Womens Open 200m Backstroke	2:29.26	Session 03
Event 502	Womens Open 50m Freestyle	28.97	Session 05
Event 602	Womens Open 100m Backstroke	1:08.96	Session 06

**Samuel GAINES 01**

Event 306	Mens Open 50m Butterfly	28.05	Session 03
Event 501	Mens Open 200m IM	2:20.75	Session 05
Event 507	Mens Open 100m Butterfly	1:02.19	Session 05
Event 601	Mens Open 400m IM	4:59.20	Session 06

**Shona MCKENNA 02**

Event 203	Womens Open 50m Backstroke	32.32	Session 02
Event 303	Womens Open 100m Freestyle	1:01.27	Session 03
Event 502	Womens Open 50m Freestyle	27.80	Session 05
Event 602	Womens Open 100m Backstroke	1:10.29	Session 06

**Hertford****Joshua HOLLAND 03**

Event 306	Mens Open 50m Butterfly	26.90	Session 03
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**Joshua TRAPP 01**

Event 202	Mens Open 50m Freestyle	26.27	Session 02
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**Hitchin****Daniel ENGLISH 02**

Event 102	Mens Open 1500m Freestyle	17:56.40	Session 01
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**Glenn HARRISON 02**

Event 503	Mens Open 50m Backstroke	30.50	Session 05
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**Hannah CURRELL 99**

Event 205	Womens Open 200m Butterfly	2:29.96	Session 02
Event 305	Womens Open 50m Butterfly	31.75	Session 03
Event 506	Womens Open 100m Butterfly	1:09.95	Session 05

**Harry JONES 00**

Event 204	Mens Open 200m Butterfly	2:13.22	Session 02
Event 306	Mens Open 50m Butterfly	26.50	Session 03
Event 507	Mens Open 100m Butterfly	58.86	Session 05
Event 603	Mens Open 100m Freestyle	55.43	Session 06

**Jack EMERSON 00**

Event 302	Mens Open 100m Backstroke	1:04.37	Session 03
Event 503	Mens Open 50m Backstroke	30.13	Session 05
Event 607	Mens Open 200m Backstroke	2:20.15	Session 06

**Jamie BRACKSTON 01**

Event 302	Mens Open 100m Backstroke	1:03.97	Session 03
Event 304	Mens Open 200m Freestyle	2:05.97	Session 03
Event 503	Mens Open 50m Backstroke	29.76	Session 05
Event 603	Mens Open 100m Freestyle	57.19	Session 06
Event 607	Mens Open 200m Backstroke	2:18.95	Session 06



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**Jude GOULD 02**

Event 202	Mens Open 50m Freestyle	25.90	Session 02
Event 304	Mens Open 200m Freestyle	2:04.30	Session 03
Event 603	Mens Open 100m Freestyle	56.00	Session 06

**Mark EVENS 96**

Event 304	Mens Open 200m Freestyle	2:28.47	Session 03
Event 507	Mens Open 100m Butterfly	1:17.89	Session 05
Event 603	Mens Open 100m Freestyle	1:08.30	Session 06

**Disability Categories - S14, SB14, SM14**

**Oliver OWEN 02**

Event 202	Mens Open 50m Freestyle	26.07	Session 02
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**Sonja LOWDON 02**

Event 207	Womens Open 100m Breaststroke	1:20.46	Session 02
Event 504	Womens Open 200m Breaststroke	2:51.18	Session 05
Event 606	Womens Open 50m Breaststroke	36.40	Session 06

**Victoria BRAKENBURY 02**

Event 207	Womens Open 100m Breaststroke	1:19.97	Session 02
Event 504	Womens Open 200m Breaststroke	2:54.91	Session 05

**Huntingdon**

**Kendall WILKINS 00**

Event 306	Mens Open 50m Butterfly	27.00	Session 03
Event 507	Mens Open 100m Butterfly	1:01.20	Session 05

**William STEEL 01**

Event 306	Mens Open 50m Butterfly	27.60	Session 03
Event 507	Mens Open 100m Butterfly	1:02.00	Session 05

**Leighton Buzzard**

**Eden HORWOOD 01**

Event 606	Womens Open 50m Breaststroke	36.60	Session 06
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**Jack MCGARRY 94**

Event 206	Mens Open 100m Breaststroke	1:12.69	Session 02
Event 605	Mens Open 50m Breaststroke	32.80	Session 06

**Lauren GRICE 99**

Event 201	Womens Open 200m IM	2:23.75	Session 02
Event 205	Womens Open 200m Butterfly	2:22.80	Session 02
Event 303	Womens Open 100m Freestyle	1:00.20	Session 03
Event 305	Womens Open 50m Butterfly	29.50	Session 03

**Sammy HUMPHREY 96**

Event 203	Womens Open 50m Backstroke	31.33	Session 02
Event 602	Womens Open 100m Backstroke	1:07.99	Session 06
Event 606	Womens Open 50m Breaststroke	36.20	Session 06

**Leiston**

**Aidan HOWARD 02**

Event 302	Mens Open 100m Backstroke	1:04.25	Session 03
Event 503	Mens Open 50m Backstroke	30.06	Session 05
Event 607	Mens Open 200m Backstroke	2:20.56	Session 06

**Elinor OLIVER 00**

Event 606	Womens Open 50m Breaststroke	36.60	Session 06
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**Linslade**

**Amber HILL 02**

Event 201	Womens Open 200m IM	2:35.98	Session 02
Event 203	Womens Open 50m Backstroke	32.40	Session 02
Event 307	Womens Open 200m Backstroke	2:31.78	Session 03
Event 602	Womens Open 100m Backstroke	1:09.92	Session 06

**Annalise WRIGHT 00**

Event 207	Womens Open 100m Breaststroke	1:19.83	Session 02
Event 606	Womens Open 50m Breaststroke	35.59	Session 06

**Eleanor WHITE 01**

Event 307	Womens Open 200m Backstroke	2:30.86	Session 03
Event 602	Womens Open 100m Backstroke	1:09.60	Session 06

**Joseph TALBOT 00**

Event 206	Mens Open 100m Breaststroke	1:12.08	Session 02
Event 505	Mens Open 200m Breaststroke	2:37.81	Session 05

**Megan BUNYARD 00**

Event 207	Womens Open 100m Breaststroke	1:19.93	Session 02
Event 504	Womens Open 200m Breaststroke	2:54.97	Session 05
Event 606	Womens Open 50m Breaststroke	37.00	Session 06



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**Thomas PICKERING 00**

Event 202	Mens Open 50m Freestyle	26.00	Session 02
Event 503	Mens Open 50m Backstroke	28.80	Session 05
Event 603	Mens Open 100m Freestyle	57.00	Session 06

**Lowestoft & Oulton Broad**

**Alice NEWNHAM-STEBBING 02**

Event 101	Womens Open 800m Freestyle	9:43.92	Session 01
Event 604	Womens Open 200m Freestyle	2:16.53	Session 06

**Imogen BLOCK 04**

Event 101	Womens Open 800m Freestyle	9:38.05	Session 01
Event 203	Womens Open 50m Backstroke	31.86	Session 02
Event 303	Womens Open 100m Freestyle	1:02.60	Session 03
Event 305	Womens Open 50m Butterfly	31.60	Session 03
Event 502	Womens Open 50m Freestyle	28.79	Session 05
Event 602	Womens Open 100m Backstroke	1:07.80	Session 06

**James BOOTS 00**

Event 302	Mens Open 100m Backstroke	1:04.17	Session 03
Event 503	Mens Open 50m Backstroke	30.42	Session 05

**Katie LINES 01**

Event 207	Womens Open 100m Breaststroke	1:16.73	Session 02
Event 502	Womens Open 50m Freestyle	29.14	Session 05
Event 504	Womens Open 200m Breaststroke	2:45.38	Session 05
Event 606	Womens Open 50m Breaststroke	36.16	Session 06

**Sydney NEWNHAM-STEBBING 99**

Event 206	Mens Open 100m Breaststroke	1:10.87	Session 02
Event 505	Mens Open 200m Breaststroke	2:38.42	Session 05
Event 605	Mens Open 50m Breaststroke	32.55	Session 06

**March**

**Danielle RAYNER 96**

Event 201	Womens Open 200m IM	2:25.70	Session 02
Event 203	Womens Open 50m Backstroke	32.00	Session 02
Event 205	Womens Open 200m Butterfly	2:23.40	Session 02
Event 307	Womens Open 200m Backstroke	2:20.60	Session 03
Event 602	Womens Open 100m Backstroke	1:06.30	Session 06
Event 604	Womens Open 200m Freestyle	2:12.90	Session 06

**Modernian**

**Eloise BAILEY 02**

Event 101	Womens Open 800m Freestyle	9:41.70	Session 01
Event 201	Womens Open 200m IM	2:34.70	Session 02
Event 207	Womens Open 100m Breaststroke	1:20.50	Session 02
Event 301	Womens Open 400m IM	5:23.20	Session 03
Event 504	Womens Open 200m Breaststroke	2:50.46	Session 05
Event 604	Womens Open 200m Freestyle	2:16.41	Session 06

**Emily JONES 02**

Event 201	Womens Open 200m IM	2:32.00	Session 02
Event 203	Womens Open 50m Backstroke	32.00	Session 02
Event 305	Womens Open 50m Butterfly	30.10	Session 03
Event 307	Womens Open 200m Backstroke	2:28.28	Session 03
Event 502	Womens Open 50m Freestyle	27.60	Session 05
Event 506	Womens Open 100m Butterfly	1:09.80	Session 05
Event 602	Womens Open 100m Backstroke	1:08.90	Session 06

**Emily WATSON 03**

Event 504	Womens Open 200m Breaststroke	2:55.93	Session 05
Event 606	Womens Open 50m Breaststroke	37.00	Session 06

**Emma HOWITT 02**

Event 307	Womens Open 200m Backstroke	2:31.22	Session 03
Event 602	Womens Open 100m Backstroke	1:10.19	Session 06

**Hannah SHARP 02**

Event 305	Womens Open 50m Butterfly	31.00	Session 03
Event 502	Womens Open 50m Freestyle	28.50	Session 05

**Isabel WAINWRIGHT 03**

Event 203	Womens Open 50m Backstroke	31.90	Session 02
Event 303	Womens Open 100m Freestyle	1:00.90	Session 03
Event 305	Womens Open 50m Butterfly	31.30	Session 03
Event 502	Womens Open 50m Freestyle	27.20	Session 05



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<b>Jack SANGSTER</b>	<b>01</b>		
Event 208	Mens Open 400m Freestyle	4:17.94	Session 02
Event 302	Mens Open 100m Backstroke	1:01.93	Session 03
Event 304	Mens Open 200m Freestyle	2:01.29	Session 03
Event 501	Mens Open 200m IM	2:18.60	Session 05
Event 503	Mens Open 50m Backstroke	29.20	Session 05
Event 603	Mens Open 100m Freestyle	56.90	Session 06
Event 607	Mens Open 200m Backstroke	2:11.43	Session 06

<b>Jack TREMAIN</b>	<b>02</b>		
Event 202	Mens Open 50m Freestyle	25.70	Session 02
Event 302	Mens Open 100m Backstroke	1:01.10	Session 03
Event 503	Mens Open 50m Backstroke	27.90	Session 05
Event 603	Mens Open 100m Freestyle	55.90	Session 06

<b>Jamie MCCAFFRAY</b>	<b>01</b>		
Event 102	Mens Open 1500m Freestyle	16:07.08	Session 01
Event 204	Mens Open 200m Butterfly	2:13.30	Session 02
Event 208	Mens Open 400m Freestyle	4:10.72	Session 02
Event 505	Mens Open 200m Breaststroke	2:32.05	Session 05
Event 601	Mens Open 400m IM	4:42.09	Session 06

<b>Joshua BRISTOW</b>	<b>02</b>		
Event 202	Mens Open 50m Freestyle	25.60	Session 02
Event 206	Mens Open 100m Breaststroke	1:08.39	Session 02
Event 603	Mens Open 100m Freestyle	54.20	Session 06
Event 605	Mens Open 50m Breaststroke	30.70	Session 06

<b>Max WILSON</b>	<b>00</b>		
Event 208	Mens Open 400m Freestyle	4:05.50	Session 02
Event 304	Mens Open 200m Freestyle	1:57.10	Session 03
Event 501	Mens Open 200m IM	2:13.10	Session 05
Event 601	Mens Open 400m IM	4:40.10	Session 06

<b>Morgan ALLAN</b>	<b>03</b>		
Event 602	Womens Open 100m Backstroke	1:10.49	Session 06

<b>Tia WILSON</b>	<b>02</b>		
Event 101	Womens Open 800m Freestyle	9:07.00	Session 01
Event 508	Womens Open 400m Freestyle	4:25.00	Session 05
Event 604	Womens Open 200m Freestyle	2:06.10	Session 06

**Newmarket**

<b>Ashley BUCK</b>	<b>80</b>		
Event 302	Mens Open 100m Backstroke	1:02.38	Session 03
Event 503	Mens Open 50m Backstroke	28.60	Session 05

<b>Charlie DAVIS</b>	<b>00</b>		
Event 502	Womens Open 50m Freestyle	28.31	Session 05

<b>Ciara GILL-RYAN</b>	<b>02</b>		
Event 305	Womens Open 50m Butterfly	30.70	Session 03
Event 606	Womens Open 50m Breaststroke	37.00	Session 06

<b>Gemma BOOTH</b>	<b>02</b>		
Event 203	Womens Open 50m Backstroke	32.88	Session 02
Event 305	Womens Open 50m Butterfly	31.50	Session 03
Event 307	Womens Open 200m Backstroke	2:31.58	Session 03
Event 502	Womens Open 50m Freestyle	29.10	Session 05

<b>Harry SAUNDERS</b>	<b>02</b>		
Event 202	Mens Open 50m Freestyle	26.22	Session 02
Event 603	Mens Open 100m Freestyle	57.55	Session 06

<b>Lauren WATT</b>	<b>01</b>		
Event 201	Womens Open 200m IM	2:24.54	Session 02
Event 207	Womens Open 100m Breaststroke	1:12.41	Session 02
Event 303	Womens Open 100m Freestyle	58.80	Session 03
Event 305	Womens Open 50m Butterfly	31.23	Session 03
Event 502	Womens Open 50m Freestyle	27.40	Session 05
Event 504	Womens Open 200m Breaststroke	2:40.50	Session 05
Event 604	Womens Open 200m Freestyle	2:09.37	Session 06
Event 606	Womens Open 50m Breaststroke	33.46	Session 06

<b>Thomas ALLISON</b>	<b>01</b>		
Event 204	Mens Open 200m Butterfly	2:19.97	Session 02
Event 208	Mens Open 400m Freestyle	4:24.33	Session 02
Event 304	Mens Open 200m Freestyle	2:03.41	Session 03



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**Norfolk Viking**

**Imogen HORNE-MORRIS 01**

Event 502	Womens Open 50m Freestyle	29.10	Session 05
Event 606	Womens Open 50m Breaststroke	36.95	Session 06

**India WESTON 02**

Event 201	Womens Open 200m IM	2:27.10	Session 02
Event 207	Womens Open 100m Breaststroke	1:16.36	Session 02
Event 305	Womens Open 50m Butterfly	30.19	Session 03
Event 504	Womens Open 200m Breaststroke	2:42.20	Session 05
Event 604	Womens Open 200m Freestyle	2:12.50	Session 06
Event 606	Womens 50m Breaststroke	35.60	Session 06

**Leah HARRIS 03**

Event 201	Womens 200m IM	2:36.79	Session 02
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**Matilda MEYRICK 03**

Event 201	Womens Open 200m IM	2:30.30	Session 02
Event 203	Womens Open 50m Backstroke	31.31	Session 02
Event 301	Womens Open 400m IM	5:13.71	Session 03
Event 305	Womens Open 50m Butterfly	31.70	Session 03
Event 307	Womens Open 200m Backstroke	2:18.95	Session 03
Event 502	Womens Open 50m Freestyle	28.80	Session 05
Event 602	Womens Open 100m Backstroke	1:06.10	Session 06
Event 604	Womens Open 200m Freestyle	2:13.74	Session 06

**Mollie SMITH 00**

Event 305	Womens Open 50m Butterfly	31.70	Session 03
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**Mollie WHITE 03**

Event 207	Womens Open 100m Breaststroke	1:20.48	Session 02
Event 504	Womens Open 200m Breaststroke	2:54.62	Session 05
Event 606	Womens Open 50m Breaststroke	35.60	Session 06

**Norwich Swan**

**Ben WOODHOUSE 03**

Event 607	Mens Open 200m Backstroke	2:21.03	Session 06
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**Greta BALFOUR 99**

Event 201	Womens Open 200m IM	2:36.46	Session 02
Event 203	Womens Open 50m Backstroke	32.75	Session 02
Event 602	Womens Open 100m Backstroke	1:09.67	Session 06

**Harry WESTON 00**

Event 202	Mens Open 50m Freestyle	25.30	Session 02
Event 302	Mens Open 100m Backstroke	1:04.92	Session 03
Event 306	Mens Open 50m Butterfly	27.70	Session 03
Event 503	Mens Open 50m Backstroke	29.93	Session 05
Event 605	Mens Open 50m Breaststroke	32.93	Session 06

**Jessica MUNFORD 04**

Event 207	Womens Open 100m Breaststroke	1:20.51	Session 02
Event 504	Womens Open 200m Breaststroke	2:52.58	Session 05
Event 606	Womens Open 50m Breaststroke	36.50	Session 06

**Jordan MANN 98**

Event 202	Mens Open 50m Freestyle	24.60	Session 02
Event 302	Mens Open 100m Backstroke	1:03.84	Session 03
Event 503	Mens Open 50m Backstroke	28.65	Session 05
Event 603	Mens Open 100m Freestyle	54.16	Session 06

**Keira FROSDICK 02**

Event 201	Womens Open 200m IM	2:27.90	Session 02
Event 207	Womens Open 100m Breaststroke	1:11.27	Session 02
Event 303	Womens Open 100m Freestyle	1:01.40	Session 03
Event 502	Womens Open 50m Freestyle	27.90	Session 05
Event 504	Womens Open 200m Breaststroke	2:41.00	Session 05
Event 602	Womens Open 100m Backstroke	1:10.10	Session 06
Event 606	Womens Open 50m Breaststroke	32.60	Session 06

**Morgan COATES 02**

Event 203	Womens Open 50m Backstroke	32.10	Session 02
Event 303	Womens Open 100m Freestyle	1:01.40	Session 03
Event 305	Womens Open 50m Butterfly	30.10	Session 03
Event 502	Womens Open 50m Freestyle	27.50	Session 05
Event 602	Womens Open 100m Backstroke	1:10.70	Session 06

**Oscar ALMADIN 01**

Event 102	Mens Open 1500m Freestyle	17:56.50	Session 01
Event 601	Mens Open 400m IM	5:07.30	Session 06



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<b>Peyton EWBANK</b>	<b>00</b>		
Event 101	Womens Open 800m Freestyle	9:46.91	Session 01
Event 201	Womens Open 200m IM	2:33.32	Session 02
Event 301	Womens Open 400m IM	5:22.79	Session 03
Event 305	Womens Open 50m Butterfly	30.30	Session 03
Event 506	Womens Open 100m Butterfly	1:09.01	Session 05
Event 602	Womens Open 100m Backstroke	1:10.76	Session 06

<b>Rebecca MERRILL</b>	<b>01</b>		
Event 207	Womens Open 100m Breaststroke	1:21.30	Session 02
Event 504	Womens Open 200m Breaststroke	2:53.75	Session 05

<b>Rebecca SMITH</b>	<b>03</b>		
Event 305	Womens Open 50m Butterfly	30.90	Session 03

<b>Tilly ANEMA</b>	<b>01</b>		
Event 101	Womens Open 800m Freestyle	9:25.11	Session 01
Event 201	Womens Open 200m IM	2:33.71	Session 02
Event 203	Womens Open 50m Backstroke	32.71	Session 02
Event 301	Womens Open 400m IM	5:15.98	Session 03
Event 307	Womens Open 200m Backstroke	2:23.50	Session 03
Event 508	Womens Open 400m Freestyle	4:38.88	Session 05
Event 602	Womens Open 100m Backstroke	1:07.51	Session 06
Event 604	Womens Open 200m Freestyle	2:13.94	Session 06

**Potters Bar**

<b>Adam MARTIN</b>	<b>00</b>		
Event 202	Mens Open 50m Freestyle	24.80	Session 02
Event 304	Mens Open 200m Freestyle	2:00.22	Session 03
Event 306	Mens Open 50m Butterfly	26.80	Session 03
Event 507	Mens Open 100m Butterfly	1:00.25	Session 05
Event 603	Mens Open 100m Freestyle	53.91	Session 06

<b>Daniel LUSH</b>	<b>00</b>		
Event 202	Mens Open 50m Freestyle	24.70	Session 02
Event 206	Mens Open 100m Breaststroke	1:12.89	Session 02
Event 302	Mens Open 100m Backstroke	1:05.33	Session 03
Event 306	Mens Open 50m Butterfly	27.80	Session 03
Event 501	Mens Open 200m IM	2:18.46	Session 05
Event 503	Mens Open 50m Backstroke	30.59	Session 05
Event 505	Mens Open 200m Breaststroke	2:38.24	Session 05
Event 603	Mens Open 100m Freestyle	54.70	Session 06

<b>David SHIPMAN</b>	<b>00</b>		
Event 202	Mens Open 50m Freestyle	24.50	Session 02
Event 206	Mens Open 100m Breaststroke	1:04.70	Session 02
Event 304	Mens Open 200m Freestyle	2:02.12	Session 03
Event 306	Mens Open 50m Butterfly	25.60	Session 03
Event 505	Mens Open 200m Breaststroke	2:26.60	Session 05
Event 507	Mens Open 100m Butterfly	1:01.37	Session 05
Event 603	Mens Open 100m Freestyle	54.38	Session 06
Event 605	Mens Open 50m Breaststroke	29.30	Session 06

<b>Emily LUSH</b>	<b>02</b>		
Event 201	Womens Open 200m IM	2:33.84	Session 02
Event 203	Womens Open 50m Backstroke	32.40	Session 02
Event 303	Womens Open 100m Freestyle	1:00.60	Session 03
Event 305	Womens Open 50m Butterfly	31.70	Session 03
Event 307	Womens Open 200m Backstroke	2:32.15	Session 03
Event 502	Womens Open 50m Freestyle	27.60	Session 05
Event 602	Womens Open 100m Backstroke	1:10.44	Session 06
Event 604	Womens Open 200m Freestyle	2:15.67	Session 06

<b>Georgina TALLON</b>	<b>00</b>		
Event 201	Womens Open 200m IM	2:34.71	Session 02
Event 203	Womens Open 50m Backstroke	32.45	Session 02
Event 205	Womens Open 200m Butterfly	2:32.84	Session 02
Event 303	Womens Open 100m Freestyle	1:00.75	Session 03
Event 305	Womens Open 50m Butterfly	28.20	Session 03
Event 502	Womens Open 50m Freestyle	27.20	Session 05
Event 506	Womens Open 100m Butterfly	1:06.25	Session 05

<b>Jessica HEESOM</b>	<b>03</b>		
Event 303	Womens Open 100m Freestyle	1:02.40	Session 03
Event 305	Womens Open 50m Butterfly	31.33	Session 03
Event 502	Womens Open 50m Freestyle	28.90	Session 05
Event 506	Womens Open 100m Butterfly	1:08.84	Session 05
Event 604	Womens Open 200m Freestyle	2:15.46	Session 06



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<b>Katie CONYERS</b>	<b>00</b>		
Event 201	Womens Open 200m IM	2:34.01	Session 02
Event 303	Womens Open 100m Freestyle	59.20	Session 03
Event 305	Womens Open 50m Butterfly	31.13	Session 03
Event 502	Womens Open 50m Freestyle	27.30	Session 05
Event 604	Womens Open 200m Freestyle	2:10.62	Session 06

<b>Potters Bar SC</b>			
Event 414	Mens Open 400m Freestyle Team	3:36.09	Session 04
Event 415	Womens Open 400m Medley Team	4:38.95	Session 04
Event 714	Womens Open 400m Freestyle Team	4:02.43	Session 07
Event 715	Mens Open 400m Medley Team	3:59.62	Session 07

<b>Thomas STANBURY</b>	<b>01</b>		
Event 302	Mens Open 100m Backstroke	1:04.21	Session 03
Event 501	Mens Open 200m IM	2:24.41	Session 05
Event 503	Mens Open 50m Backstroke	29.96	Session 05
Event 607	Mens Open 200m Backstroke	2:16.81	Session 06

<b>Putteridge</b>			
<b>Aaron HIRD</b>	<b>99</b>	<b>Disability Categories - SB9</b>	
Event 206	Mens Open 100m Breaststroke	1:23.80	Session 02

<b>Bleu WILDMAN</b>	<b>01</b>		
Event 307	Womens Open 200m Backstroke	2:32.14	Session 03

<b>Brandon NABARRO</b>	<b>97</b>		
Event 202	Mens Open 50m Freestyle	23.70	Session 02
Event 206	Mens Open 100m Breaststroke	1:03.42	Session 02
Event 302	Mens Open 100m Backstroke	59.20	Session 03
Event 501	Mens Open 200m IM	2:03.40	Session 05
Event 605	Mens Open 50m Breaststroke	28.36	Session 06

<b>Elise CRICK</b>	<b>00</b>		
Event 207	Womens Open 100m Breaststroke	1:21.24	Session 02
Event 504	Womens Open 200m Breaststroke	2:51.43	Session 05

<b>Ellie MATTHEWS</b>	<b>03</b>		
Event 207	Womens Open 100m Breaststroke	1:17.30	Session 02
Event 504	Womens Open 200m Breaststroke	2:44.96	Session 05
Event 606	Womens Open 50m Breaststroke	34.10	Session 06

<b>Lawrence PALMER</b>	<b>92</b>		
Event 206	Mens Open 100m Breaststroke	58.97	Session 02
Event 505	Mens Open 200m Breaststroke	2:16.57	Session 05
Event 605	Mens Open 50m Breaststroke	26.40	Session 06

<b>Liam CURRAN</b>	<b>98</b>		
Event 306	Mens Open 50m Butterfly	25.73	Session 03
Event 503	Mens Open 50m Backstroke	27.09	Session 05
Event 507	Mens Open 100m Butterfly	56.56	Session 05
Event 603	Mens Open 100m Freestyle	54.00	Session 06

<b>Nathan SWIFT</b>	<b>01</b>		
Event 206	Mens Open 100m Breaststroke	1:13.40	Session 02
Event 306	Mens Open 50m Butterfly	28.00	Session 03
Event 605	Mens Open 50m Breaststroke	31.80	Session 06

<b>Putteridge SC</b>			
Event 715	Mens Open 400m Medley Team	4:02.00	Session 07

<b>Raffaele GRACI</b>	<b>01</b>		
Event 206	Mens Open 100m Breaststroke	1:14.27	Session 02
Event 605	Mens Open 50m Breaststroke	31.80	Session 06

<b>Rochford</b>			
<b>Amber HEAD</b>	<b>02</b>		
Event 201	Womens Open 200m IM	2:33.70	Session 02
Event 207	Womens Open 100m Breaststroke	1:19.64	Session 02
Event 301	Womens Open 400m IM	5:26.00	Session 03
Event 307	Womens Open 200m Backstroke	2:32.33	Session 03
Event 504	Womens Open 200m Breaststroke	2:46.82	Session 05
Event 606	Womens Open 50m Breaststroke	37.10	Session 06

<b>Lucy BAILEY</b>	<b>02</b>		
Event 604	Womens Open 200m Freestyle	2:15.52	Session 06

<b>Royston</b>			
<b>Thomas HAMILTON</b>	<b>01</b>		
Event 206	Mens Open 100m Breaststroke	1:12.93	Session 02
Event 605	Mens Open 50m Breaststroke	33.20	Session 06





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**Runnymede**

**Memphis FLEMING 02**

Event 502 Womens Open 50m Freestyle 29.10 Session 05

**St Felix School**

**Catherine ODELL 03**

Event 101 Womens Open 800m Freestyle 9:57.80 Session 01

Event 504 Womens Open 200m Breaststroke 2:56.90 Session 05

**Chester LEEMING 04**

Event 208 Mens Open 400m Freestyle 4:26.60 Session 02

Event 302 Mens Open 100m Backstroke 1:04.70 Session 03

Event 501 Mens Open 200m IM 2:21.30 Session 05

Event 503 Mens Open 50m Backstroke 30.60 Session 05

Event 607 Mens Open 200m Backstroke 2:16.56 Session 06

**Collins SALIBOKO 02**

Event 202 Mens Open 50m Freestyle 25.40 Session 02

Event 204 Mens Open 200m Butterfly 2:14.50 Session 02

Event 302 Mens Open 100m Backstroke 1:04.48 Session 03

Event 304 Mens Open 200m Freestyle 2:02.70 Session 03

Event 306 Mens Open 50m Butterfly 26.80 Session 03

Event 501 Mens Open 200m IM 2:24.51 Session 05

Event 503 Mens Open 50m Backstroke 30.63 Session 05

Event 507 Mens Open 100m Butterfly 58.80 Session 05

Event 603 Mens Open 100m Freestyle 56.10 Session 06

**Ella TOLLIDAY 02**

Event 203 Womens Open 50m Backstroke 31.80 Session 02

Event 303 Womens Open 100m Freestyle 1:02.33 Session 03

Event 307 Womens Open 200m Backstroke 2:30.27 Session 03

Event 502 Womens Open 50m Freestyle 28.70 Session 05

Event 602 Womens Open 100m Backstroke 1:09.28 Session 06

**Finn JEFFERY 03**

Event 206 Mens Open 100m Breaststroke 1:09.90 Session 02

Event 302 Mens Open 100m Backstroke 1:04.43 Session 03

Event 501 Mens Open 200m IM 2:14.10 Session 05

Event 505 Mens Open 200m Breaststroke 2:30.50 Session 05

Event 605 Mens Open 50m Breaststroke 31.93 Session 06

Event 607 Mens Open 200m Backstroke 2:17.16 Session 06

**Freya LINES 02**

Event 201 Womens Open 200m IM 2:33.42 Session 02

Event 207 Womens Open 100m Breaststroke 1:17.92 Session 02

Event 307 Womens Open 200m Backstroke 2:26.85 Session 03

Event 502 Womens Open 50m Freestyle 28.98 Session 05

Event 504 Womens Open 200m Breaststroke 2:50.49 Session 05

Event 602 Womens Open 100m Backstroke 1:09.78 Session 06

Event 606 Womens Open 50m Breaststroke 35.40 Session 06

**Jake THOMAS-MANSFIELD 00**

Event 102 Mens Open 1500m Freestyle 16:59.97 Session 01

Event 202 Mens Open 50m Freestyle 24.95 Session 02

Event 204 Mens Open 200m Butterfly 2:10.49 Session 02

Event 208 Mens Open 400m Freestyle 4:11.42 Session 02

Event 302 Mens Open 100m Backstroke 1:03.53 Session 03

Event 304 Mens Open 200m Freestyle 1:57.55 Session 03

Event 306 Mens Open 50m Butterfly 26.56 Session 03

Event 501 Mens Open 200m IM 2:13.87 Session 05

Event 503 Mens Open 50m Backstroke 28.75 Session 05

Event 507 Mens Open 100m Butterfly 58.33 Session 05

Event 603 Mens Open 100m Freestyle 53.50 Session 06

Event 605 Mens Open 50m Breaststroke 32.90 Session 06

**Katy CHAMBERS 02**

Event 101 Womens Open 800m Freestyle 9:33.22 Session 01

Event 205 Womens Open 200m Butterfly 2:25.61 Session 02

Event 305 Womens Open 50m Butterfly 31.10 Session 03

Event 506 Womens Open 100m Butterfly 1:07.33 Session 05

Event 508 Womens Open 400m Freestyle 4:38.00 Session 05

Event 604 Womens Open 200m Freestyle 2:12.70 Session 06

**Natalie SANFORD 04**

Event 303 Womens Open 100m Freestyle 1:02.69 Session 03

Event 305 Womens Open 50m Butterfly 30.93 Session 03

Event 506 Womens Open 100m Butterfly 1:09.82 Session 05



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**Owen WEBSTER 03**

Event 102	Mens Open 1500m Freestyle	16:54.50	Session 01
Event 206	Mens Open 100m Breaststroke	1:11.53	Session 02
Event 208	Mens Open 400m Freestyle	4:18.30	Session 02
Event 304	Mens Open 200m Freestyle	2:05.95	Session 03
Event 501	Mens Open 200m IM	2:21.65	Session 05
Event 505	Mens Open 200m Breaststroke	2:40.64	Session 05
Event 605	Mens Open 50m Breaststroke	33.06	Session 06

**Sonia TUMIOTTO 01**

Event 101	Womens Open 800m Freestyle	9:38.31	Session 01
Event 201	Womens Open 200m IM	2:27.65	Session 02
Event 203	Womens Open 50m Backstroke	31.90	Session 02
Event 303	Womens Open 100m Freestyle	58.70	Session 03
Event 305	Womens Open 50m Butterfly	30.12	Session 03
Event 307	Womens Open 200m Backstroke	2:30.02	Session 03
Event 502	Womens Open 50m Freestyle	27.57	Session 05
Event 508	Womens Open 400m Freestyle	4:29.57	Session 05
Event 602	Womens Open 100m Backstroke	1:08.09	Session 06
Event 604	Womens Open 200m Freestyle	2:06.80	Session 06

**Sophie TAYLOR 01**

Event 101	Womens Open 800m Freestyle	9:17.91	Session 01
Event 201	Womens Open 200m IM	2:26.60	Session 02
Event 301	Womens Open 400m IM	5:05.50	Session 03
Event 303	Womens Open 100m Freestyle	1:02.09	Session 03
Event 307	Womens Open 200m Backstroke	2:28.64	Session 03
Event 502	Womens Open 50m Freestyle	28.90	Session 05
Event 506	Womens Open 100m Butterfly	1:09.70	Session 05
Event 508	Womens Open 400m Freestyle	4:35.60	Session 05
Event 604	Womens Open 200m Freestyle	2:13.32	Session 06

**St Ives**

**Amy CHALMERS 99**

Event 101	Womens Open 800m Freestyle	9:46.64	Session 01
Event 502	Womens Open 50m Freestyle	29.09	Session 05

**Bethan ENDICOTT 05**

Event 305	Womens Open 50m Butterfly	30.27	Session 03
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**Cathryn THOMSON 90**

Event 303	Womens Open 100m Freestyle	1:00.24	Session 03
Event 502	Womens Open 50m Freestyle	27.93	Session 05
Event 602	Womens Open 100m Backstroke	1:10.19	Session 06
Event 606	Womens Open 50m Breaststroke	36.30	Session 06

**Ciara TAYLOR 05**

Event 502	Womens Open 50m Freestyle	29.09	Session 05
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**Emily GALLAGHER 01**

Event 606	Womens Open 50m Breaststroke	36.54	Session 06
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**Evan TAYLOR 02**

Event 505	Mens Open 200m Breaststroke	2:42.00	Session 05
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**Francesca CROCKER 00**

Event 203	Womens Open 50m Backstroke	31.59	Session 02
Event 305	Womens Open 50m Butterfly	31.60	Session 03
Event 307	Womens Open 200m Backstroke	2:27.95	Session 03
Event 502	Womens Open 50m Freestyle	28.53	Session 05
Event 602	Womens Open 100m Backstroke	1:07.26	Session 06

**James QUINN 04**

Event 206	Mens Open 100m Breaststroke	1:10.20	Session 02
Event 505	Mens Open 200m Breaststroke	2:38.40	Session 05
Event 605	Mens Open 50m Breaststroke	32.09	Session 06

**Jasmine DEARNLEY 00**

Event 207	Womens Open 100m Breaststroke	1:20.40	Session 02
Event 606	Womens Open 50m Breaststroke	35.90	Session 06

**Stevenage**

**Daisy SANDON 03**

Event 201	Womens Open 200m IM	2:35.30	Session 02
Event 301	Womens Open 400m IM	5:27.45	Session 03
Event 305	Womens Open 50m Butterfly	31.20	Session 03

**Jo MITCHINSON 79**

Event 101	Womens Open 800m Freestyle	9:40.12	Session 01
Event 508	Womens Open 400m Freestyle	4:40.58	Session 05



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**Stowmarket****Bethany LEVETT 03**

Event 303 Womens Open 100m Freestyle  
Event 502 Womens Open 50m Freestyle  
Event 602 Womens Open 100m Backstroke

**Disability Categories - S9, SB8, SM9**

1:27.36 Session 03  
40.21 Session 05  
1:41.56 Session 06

**Calvin COE 98**

Event 204 Mens Open 200m Butterfly  
Event 206 Mens Open 100m Breaststroke  
Event 501 Mens Open 200m IM  
Event 505 Mens Open 200m Breaststroke  
Event 601 Mens Open 400m IM  
Event 605 Mens Open 50m Breaststroke

2:12.20 Session 02  
1:11.64 Session 02  
2:13.17 Session 05  
2:31.10 Session 05  
4:42.78 Session 06  
31.82 Session 06

**Ella DOOTSON 02**

Event 201 Womens Open 200m IM

2:36.43 Session 02

**Lija RADZIUNAITE 02**

Event 203 Womens Open 50m Backstroke  
Event 303 Womens Open 100m Freestyle  
Event 305 Womens Open 50m Butterfly  
Event 502 Womens Open 50m Freestyle  
Event 602 Womens Open 100m Backstroke

29.10 Session 02  
1:00.14 Session 03  
29.70 Session 03  
27.50 Session 05  
1:04.25 Session 06

**Manfred BATTLE 02**

Event 202 Mens Open 50m Freestyle  
Event 204 Mens Open 200m Butterfly  
Event 302 Mens Open 100m Backstroke  
Event 306 Mens Open 50m Butterfly  
Event 503 Mens Open 50m Backstroke  
Event 507 Mens Open 100m Butterfly  
Event 603 Mens Open 100m Freestyle  
Event 607 Mens Open 200m Backstroke

24.50 Session 02  
2:17.00 Session 02  
1:00.90 Session 03  
26.40 Session 03  
28.10 Session 05  
57.70 Session 05  
55.36 Session 06  
2:10.94 Session 06

**William HANDLEY 02**

Event 501 Mens Open 200m IM  
Event 505 Mens Open 200m Breaststroke

2:23.03 Session 05  
2:41.46 Session 05

**Team Luton****Abbie BARNWELL 03**

Event 101 Womens Open 800m Freestyle  
Event 303 Womens Open 100m Freestyle  
Event 604 Womens Open 200m Freestyle

9:47.36 Session 01  
1:02.77 Session 03  
2:13.26 Session 06

**Anna FALLON 03**

Event 101 Womens Open 800m Freestyle

9:58.33 Session 01

**Celyn WALMSLEY 01**

Event 201 Womens Open 200m IM  
Event 207 Womens Open 100m Breaststroke  
Event 301 Womens Open 400m IM  
Event 307 Womens Open 200m Backstroke  
Event 504 Womens Open 200m Breaststroke  
Event 602 Womens Open 100m Backstroke  
Event 606 Womens Open 50m Breaststroke

2:25.91 Session 02  
1:16.70 Session 02  
5:09.10 Session 03  
2:26.80 Session 03  
2:43.10 Session 05  
1:08.59 Session 06  
37.20 Session 06

**Chantal SMITH 00**

Event 101 Womens Open 800m Freestyle  
Event 303 Womens Open 100m Freestyle  
Event 502 Womens Open 50m Freestyle  
Event 508 Womens Open 400m Freestyle  
Event 604 Womens Open 200m Freestyle

9:01.60 Session 01  
59.90 Session 03  
28.02 Session 05  
4:22.40 Session 05  
2:05.90 Session 06

**Chiara ROGERS 03**

Event 205 Womens Open 200m Butterfly  
Event 207 Womens Open 100m Breaststroke  
Event 303 Womens Open 100m Freestyle  
Event 305 Womens Open 50m Butterfly  
Event 504 Womens Open 200m Breaststroke  
Event 506 Womens Open 100m Butterfly  
Event 606 Womens Open 50m Breaststroke

2:32.35 Session 02  
1:15.40 Session 02  
1:02.65 Session 03  
30.71 Session 03  
2:41.30 Session 05  
1:08.60 Session 05  
35.59 Session 06

**Eleanor KING 00**

Event 203 Womens Open 50m Backstroke  
Event 303 Womens Open 100m Freestyle  
Event 305 Womens Open 50m Butterfly  
Event 502 Womens Open 50m Freestyle  
Event 602 Womens Open 100m Backstroke

30.78 Session 02  
1:01.50 Session 03  
30.50 Session 03  
28.49 Session 05  
1:06.97 Session 06



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**Freddie SYMONDS 02**

Event 206	Mens Open 100m Breaststroke	1:13.50	Session 02
Event 505	Mens Open 200m Breaststroke	2:41.80	Session 05
Event 605	Mens Open 50m Breaststroke	33.10	Session 06

**Rhys DAVIDSON 04**

Event 102	Mens Open 1500m Freestyle	18:04.70	Session 01
Event 204	Mens Open 200m Butterfly	2:29.20	Session 02
Event 601	Mens Open 400m IM	5:06.20	Session 06

**Thetford****Alexandra ASHLEY 99**

Event 604	Womens Open 200m Freestyle	2:15.04	Session 06
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**Alice FASEY 04**

Event 207	Womens Open 100m Breaststroke	1:19.72	Session 02
Event 504	Womens Open 200m Breaststroke	2:51.19	Session 05
Event 606	Womens Open 50m Breaststroke	36.90	Session 06

**Amie COPP 99**

Event 207	Womens Open 100m Breaststroke	1:18.76	Session 02
Event 606	Womens Open 50m Breaststroke	35.90	Session 06

**Jacob WRIGHT 00**

Event 607	Mens Open 200m Backstroke	2:21.71	Session 06
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**Tring****Brianna MAZEY 01**

Event 201	Womens Open 200m IM	2:36.11	Session 02
Event 502	Womens Open 50m Freestyle	28.30	Session 05
Event 602	Womens Open 100m Backstroke	1:10.75	Session 06

**Verulam****Isabel HARBER 03**

Event 203	Womens Open 50m Backstroke	31.96	Session 02
Event 602	Womens Open 100m Backstroke	1:08.67	Session 06

**Watford SC****Ashley HOLNESS-WRIGHT 96**

Event 202	Mens Open 50m Freestyle	25.19	Session 02
Event 306	Mens Open 50m Butterfly	26.50	Session 03
Event 503	Mens Open 50m Backstroke	30.05	Session 05
Event 507	Mens Open 100m Butterfly	1:00.73	Session 05
Event 603	Mens Open 100m Freestyle	55.93	Session 06

**Devesh KAPOOR 03**

Event 204	Mens Open 200m Butterfly	2:16.50	Session 02
Event 306	Mens Open 50m Butterfly	28.20	Session 03
Event 601	Mens Open 400m IM	5:10.20	Session 06

**Emily SELLEN 99**

Event 201	Womens Open 200m IM	2:30.74	Session 02
Event 207	Womens Open 100m Breaststroke	1:16.38	Session 02
Event 504	Womens Open 200m Breaststroke	2:45.13	Session 05
Event 606	Womens Open 50m Breaststroke	35.75	Session 06

**Erin O'MEARA 03**

Event 201	Womens Open 200m IM	2:26.23	Session 02
Event 207	Womens Open 100m Breaststroke	1:15.64	Session 02
Event 305	Womens Open 50m Butterfly	31.00	Session 03
Event 307	Womens Open 200m Backstroke	2:32.26	Session 03
Event 502	Womens Open 50m Freestyle	28.91	Session 05
Event 504	Womens Open 200m Breaststroke	2:42.10	Session 05
Event 604	Womens Open 200m Freestyle	2:13.37	Session 06
Event 606	Womens Open 50m Breaststroke	34.20	Session 06

**Ethan SUTTON 02**

Event 102	Mens Open 1500m Freestyle	18:07.40	Session 01
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**Francesca PECCEI 03**

Event 502	Womens Open 50m Freestyle	29.03	Session 05
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<b>Harrison LEES</b>	<b>01</b>		
Event 202	Mens Open 50m Freestyle	25.70	Session 02
Event 302	Mens Open 100m Backstroke	1:03.63	Session 03
Event 306	Mens Open 50m Butterfly	27.50	Session 03
Event 501	Mens Open 200m IM	2:19.78	Session 05
Event 503	Mens Open 50m Backstroke	29.47	Session 05
Event 507	Mens Open 100m Butterfly	1:01.00	Session 05
Event 603	Mens Open 100m Freestyle	56.13	Session 06

<b>Ketan RACH</b>	<b>04</b>		
Event 607	Mens Open 200m Backstroke	2:22.58	Session 06

<b>Lewis SHAYLER</b>	<b>03</b>		
Event 505	Mens Open 200m Breaststroke	2:40.80	Session 05

<b>Madeleine STARES</b>	<b>03</b>		
Event 305	Womens Open 50m Butterfly	30.90	Session 03

<b>Marcus KEMP</b>	<b>01</b>		
Event 202	Mens Open 50m Freestyle	26.10	Session 02
Event 206	Mens Open 100m Breaststroke	1:10.76	Session 02
Event 302	Mens Open 100m Backstroke	1:04.63	Session 03
Event 501	Mens Open 200m IM	2:22.61	Session 05
Event 503	Mens Open 50m Backstroke	29.73	Session 05

<b>Sophie BURNS</b>	<b>00</b>		
Event 303	Womens Open 100m Freestyle	1:02.17	Session 03
Event 307	Womens Open 200m Backstroke	2:25.22	Session 03

**West Norfolk**

<b>Alex FLORANCE</b>	<b>00</b>		
Event 206	Mens Open 100m Breaststroke	1:07.70	Session 02
Event 501	Mens Open 200m IM	2:22.55	Session 05
Event 505	Mens Open 200m Breaststroke	2:30.64	Session 05
Event 601	Mens Open 400m IM	4:58.57	Session 06
Event 605	Mens Open 50m Breaststroke	30.70	Session 06

<b>Bryony PACK</b>	<b>01</b>		
Event 305	Womens Open 50m Butterfly	29.40	Session 03
Event 502	Womens Open 50m Freestyle	29.00	Session 05
Event 506	Womens Open 100m Butterfly	1:07.10	Session 05

<b>Chloe SORRELL</b>	<b>01</b>		
Event 203	Womens Open 50m Backstroke	32.57	Session 02
Event 602	Womens Open 100m Backstroke	1:10.63	Session 06

<b>Ellie-Mei SHEPPERSON</b>	<b>03</b>		
Event 207	Womens Open 100m Breaststroke	1:18.30	Session 02
Event 504	Womens Open 200m Breaststroke	2:51.05	Session 05
Event 606	Womens Open 50m Breaststroke	37.14	Session 06

<b>Finlay RYAN</b>	<b>99</b>		
Event 206	Mens Open 100m Breaststroke	1:08.80	Session 02
Event 304	Mens Open 200m Freestyle	1:58.95	Session 03
Event 501	Mens Open 200m IM	2:12.30	Session 05
Event 505	Mens Open 200m Breaststroke	2:29.75	Session 05
Event 605	Mens Open 50m Breaststroke	30.90	Session 06

<b>Freddie LAWS</b>	<b>03</b>		
Event 206	Mens Open 100m Breaststroke	1:13.90	Session 02
Event 505	Mens Open 200m Breaststroke	2:36.30	Session 05

<b>Jacob ISLE</b>	<b>01</b>		
Event 202	Mens Open 50m Freestyle	26.20	Session 02
Event 603	Mens Open 100m Freestyle	57.50	Session 06

<b>Jake HALL</b>	<b>98</b>		
Event 204	Mens Open 200m Butterfly	2:26.54	Session 02

<b>Jake LAMMAS</b>	<b>01</b>		
Event 102	Mens Open 1500m Freestyle	17:48.80	Session 01
Event 601	Mens Open 400m IM	5:09.12	Session 06
Event 603	Mens Open 100m Freestyle	57.54	Session 06
Event 607	Mens Open 200m Backstroke	2:21.07	Session 06

<b>Jennifer READ</b>	<b>02</b>		
Event 101	Womens Open 800m Freestyle	9:49.44	Session 01
Event 604	Womens Open 200m Freestyle	2:16.30	Session 06



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**Joseph WELLS 99**

Event 102	Mens Open 1500m Freestyle	17:34.06	Session 01
Event 202	Mens Open 50m Freestyle	25.20	Session 02
Event 208	Mens Open 400m Freestyle	4:17.90	Session 02
Event 302	Mens Open 100m Backstroke	1:02.92	Session 03
Event 304	Mens Open 200m Freestyle	1:59.30	Session 03
Event 306	Mens Open 50m Butterfly	27.10	Session 03
Event 501	Mens Open 200m IM	2:15.26	Session 05
Event 503	Mens Open 50m Backstroke	29.25	Session 05
Event 507	Mens Open 100m Butterfly	1:00.71	Session 05
Event 601	Mens Open 400m IM	4:48.73	Session 06
Event 603	Mens Open 100m Freestyle	55.00	Session 06
Event 607	Mens Open 200m Backstroke	2:15.12	Session 06

**Lara-Grace MOUNT 02**

Event 201	Womens Open 200m IM	2:35.04	Session 02
Event 203	Womens Open 50m Backstroke	31.30	Session 02
Event 305	Womens Open 50m Butterfly	31.30	Session 03
Event 307	Womens Open 200m Backstroke	2:23.00	Session 03
Event 602	Womens Open 100m Backstroke	1:07.40	Session 06

**Lucie PECK 03**

Event 101	Womens Open 800m Freestyle	9:29.90	Session 01
Event 201	Womens Open 200m IM	2:30.83	Session 02
Event 205	Womens Open 200m Butterfly	2:29.19	Session 02
Event 301	Womens Open 400m IM	5:17.20	Session 03
Event 305	Womens Open 50m Butterfly	31.50	Session 03
Event 307	Womens Open 200m Backstroke	2:29.83	Session 03
Event 506	Womens Open 100m Butterfly	1:08.49	Session 05
Event 508	Womens Open 400m Freestyle	4:39.10	Session 05
Event 604	Womens 200m Freestyle	2:12.21	Session 06

**Luke BRYAN 00**

Event 102	Mens Open 1500m Freestyle	16:23.40	Session 01
Event 204	Mens Open 200m Butterfly	2:16.00	Session 02
Event 206	Mens Open 100m Breaststroke	1:09.61	Session 02
Event 208	Mens Open 400m Freestyle	4:13.90	Session 02
Event 304	Mens Open 200m Freestyle	2:01.35	Session 03
Event 501	Mens Open 200m IM	2:17.17	Session 05
Event 505	Mens Open 200m Breaststroke	2:26.27	Session 05
Event 601	Mens Open 400m IM	4:43.82	Session 06
Event 605	Mens Open 50m Breaststroke	31.70	Session 06

**Matthew ADDIS 98**

Event 202	Mens Open 50m Freestyle	25.62	Session 02
Event 304	Mens Open 200m Freestyle	2:04.33	Session 03
Event 501	Mens Open 200m IM	2:22.62	Session 05
Event 507	Mens Open 100m Butterfly	1:02.63	Session 05
Event 603	Mens Open 100m Freestyle	55.96	Session 06

**Molly LEE 01**

Event 201	Womens Open 200m IM	2:35.21	Session 02
Event 207	Womens Open 100m Breaststroke	1:12.21	Session 02
Event 504	Womens Open 200m Breaststroke	2:40.00	Session 05
Event 606	Womens Open 50m Breaststroke	32.90	Session 06

**Nathan WELLS 98**

Event 202	Mens Open 50m Freestyle	24.30	Session 02
Event 208	Mens Open 400m Freestyle	3:51.70	Session 02
Event 302	Mens Open 100m Backstroke	55.90	Session 03
Event 304	Mens Open 200m Freestyle	1:48.90	Session 03
Event 306	Mens Open 50m Butterfly	26.50	Session 03
Event 501	Mens Open 200m IM	2:02.40	Session 05
Event 503	Mens Open 50m Backstroke	26.40	Session 05
Event 601	Mens Open 400m IM	4:23.10	Session 06
Event 603	Mens Open 100m Freestyle	52.90	Session 06
Event 607	Mens Open 200m Backstroke	2:05.40	Session 06

**Oliver HARRIS 01**

Event 206	Mens Open 100m Breaststroke	1:14.05	Session 02
Event 605	Mens Open 50m Breaststroke	33.00	Session 06



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**Oliver KENNY 97**

Event 202	Mens Open 50m Freestyle	25.51	Session 02
Event 206	Mens Open 100m Breaststroke	1:12.19	Session 02
Event 302	Mens Open 100m Backstroke	1:02.70	Session 03
Event 306	Mens Open 50m Butterfly	26.50	Session 03
Event 501	Mens Open 200m IM	2:14.41	Session 05
Event 503	Mens Open 50m Backstroke	28.70	Session 05
Event 507	Mens Open 100m Butterfly	59.90	Session 05
Event 601	Mens Open 400m IM	4:49.32	Session 06
Event 607	Mens Open 200m Backstroke	2:15.07	Session 06

**Rachael JOHNSON 02**

Event 201	Womens Open 200m IM	2:30.60	Session 02
Event 207	Womens Open 100m Breaststroke	1:19.35	Session 02
Event 301	Womens Open 400m IM	5:24.51	Session 03
Event 305	Womens Open 50m Butterfly	31.40	Session 03
Event 307	Womens Open 200m Backstroke	2:30.00	Session 03
Event 504	Womens Open 200m Breaststroke	2:56.04	Session 05
Event 602	Womens Open 100m Backstroke	1:10.32	Session 06
Event 606	Womens Open 50m Breaststroke	35.90	Session 06

**Rosie MUSPRATT 02**

Event 207	Womens Open 100m Breaststroke	1:20.22	Session 02
Event 504	Womens Open 200m Breaststroke	2:51.77	Session 05
Event 606	Womens Open 50m Breaststroke	36.70	Session 06

**Roxanne UYS 99**

Event 201	Womens Open 200m IM	2:30.26	Session 02
Event 207	Womens Open 100m Breaststroke	1:13.90	Session 02
Event 504	Womens Open 200m Breaststroke	2:45.03	Session 05
Event 606	Womens Open 50m Breaststroke	32.30	Session 06

**Ryan SYKES 96**

Event 202	Mens Open 50m Freestyle	26.00	Session 02
Event 605	Mens Open 50m Breaststroke	31.53	Session 06

**Samuel ROSE 03**

Event 102	Mens Open 1500m Freestyle	17:25.31	Session 01
Event 202	Mens Open 50m Freestyle	26.20	Session 02
Event 208	Mens Open 400m Freestyle	4:16.50	Session 02
Event 302	Mens Open 100m Backstroke	1:03.49	Session 03
Event 304	Mens Open 200m Freestyle	2:04.50	Session 03
Event 306	Mens Open 50m Butterfly	27.40	Session 03
Event 501	Mens Open 200m IM	2:21.80	Session 05
Event 503	Mens Open 50m Backstroke	30.28	Session 05
Event 507	Mens Open 100m Butterfly	1:00.50	Session 05
Event 601	Mens Open 400m IM	5:02.50	Session 06
Event 603	Mens Open 100m Freestyle	57.40	Session 06
Event 607	Mens Open 200m Backstroke	2:19.40	Session 06

**West Suffolk**

**Alexander HARRISON 99**

Event 202	Mens Open 50m Freestyle	25.68	Session 02
Event 302	Mens Open 100m Backstroke	1:05.58	Session 03
Event 501	Mens Open 200m IM	2:20.02	Session 05
Event 503	Mens Open 50m Backstroke	30.19	Session 05
Event 603	Mens Open 100m Freestyle	56.10	Session 06

**Annabel HEYWOOD 00**

Event 101	Womens Open 800m Freestyle	9:40.63	Session 01
Event 203	Womens Open 50m Backstroke	31.90	Session 02
Event 307	Womens Open 200m Backstroke	2:29.71	Session 03
Event 504	Womens Open 200m Breaststroke	2:52.78	Session 05
Event 602	Womens Open 100m Backstroke	1:09.38	Session 06
Event 604	Womens Open 200m Freestyle	2:15.44	Session 06

**Ben WILKINSON 99**

Event 501	Mens Open 200m IM	2:23.45	Session 05
Event 505	Mens Open 200m Breaststroke	2:42.13	Session 05

**Bethany SAMPHER 99**

Event 305	Womens Open 50m Butterfly	29.20	Session 03
Event 506	Womens Open 100m Butterfly	1:06.80	Session 05



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**Charles WHYTE 01**

Event 202	Mens Open 50m Freestyle	26.29	Session 02
Event 204	Mens Open 200m Butterfly	2:18.80	Session 02
Event 208	Mens Open 400m Freestyle	4:21.06	Session 02
Event 302	Mens Open 100m Backstroke	1:02.30	Session 03
Event 304	Mens Open 200m Freestyle	2:05.71	Session 03
Event 306	Mens Open 50m Butterfly	27.70	Session 03
Event 501	Mens Open 200m IM	2:19.01	Session 05
Event 503	Mens Open 50m Backstroke	29.70	Session 05
Event 507	Mens Open 100m Butterfly	1:02.30	Session 05
Event 601	Mens Open 400m IM	4:59.87	Session 06
Event 603	Mens Open 100m Freestyle	57.20	Session 06
Event 607	Mens Open 200m Backstroke	2:19.70	Session 06

**Charlotte HUDSON 03**

Event 201	Womens Open 200m IM	2:34.64	Session 02
Event 207	Womens Open 100m Breaststroke	1:21.05	Session 02
Event 303	Womens Open 100m Freestyle	1:02.61	Session 03
Event 305	Womens Open 50m Butterfly	31.20	Session 03
Event 502	Womens Open 50m Freestyle	28.70	Session 05
Event 504	Womens Open 200m Breaststroke	2:53.93	Session 05
Event 606	Womens Open 50m Breaststroke	36.88	Session 06

**Charlotte WHITE 05**

Event 201	Womens Open 200m IM	2:36.01	Session 02
Event 207	Womens Open 100m Breaststroke	1:18.70	Session 02
Event 504	Womens Open 200m Breaststroke	2:47.40	Session 05
Event 606	Womens Open 50m Breaststroke	36.80	Session 06

**Ciaran RICHES 03**

Event 204	Mens Open 200m Butterfly	2:21.50	Session 02
Event 306	Mens Open 50m Butterfly	27.60	Session 03
Event 501	Mens Open 200m IM	2:24.70	Session 05
Event 503	Mens Open 50m Backstroke	30.80	Session 05
Event 507	Mens Open 100m Butterfly	1:01.40	Session 05
Event 603	Mens Open 100m Freestyle	57.00	Session 06

**Connor GILLINGHAM 03**

Event 503	Mens Open 50m Backstroke	29.80	Session 05
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**Eleanor LLEWELLYN 00**

Event 201	Womens Open 200m IM	2:33.65	Session 02
Event 203	Womens Open 50m Backstroke	31.72	Session 02
Event 303	Womens Open 100m Freestyle	1:02.58	Session 03
Event 305	Womens Open 50m Butterfly	30.90	Session 03
Event 502	Womens Open 50m Freestyle	28.80	Session 05
Event 506	Womens Open 100m Butterfly	1:08.27	Session 05

**Ella HALE 03**

Event 201	Womens Open 200m IM	2:27.20	Session 02
Event 203	Womens Open 50m Backstroke	32.80	Session 02
Event 207	Womens Open 100m Breaststroke	1:19.90	Session 02
Event 301	Womens Open 400m IM	5:20.30	Session 03
Event 303	Womens Open 100m Freestyle	1:01.00	Session 03
Event 305	Womens Open 50m Butterfly	30.00	Session 03
Event 502	Womens Open 50m Freestyle	27.60	Session 05
Event 504	Womens Open 200m Breaststroke	2:53.60	Session 05
Event 506	Womens Open 100m Butterfly	1:07.50	Session 05
Event 604	Womens Open 200m Freestyle	2:14.10	Session 06
Event 606	Womens Open 50m Breaststroke	36.93	Session 06

**Freya WRIGHT 02**

Event 101	Womens Open 800m Freestyle	9:44.41	Session 01
Event 201	Womens Open 200m IM	2:32.34	Session 02
Event 307	Womens Open 200m Backstroke	2:31.39	Session 03
Event 602	Womens Open 100m Backstroke	1:10.71	Session 06

**Hannah O'CONNOR 03**

Event 101	Womens Open 800m Freestyle	9:59.66	Session 01
Event 203	Womens Open 50m Backstroke	32.38	Session 02
Event 307	Womens Open 200m Backstroke	2:31.35	Session 03
Event 602	Womens Open 100m Backstroke	1:08.74	Session 06

**Jack BOWYER 02**

Event 302	Mens Open 100m Backstroke	1:00.80	Session 03
Event 306	Mens Open 50m Butterfly	26.00	Session 03
Event 503	Mens Open 50m Backstroke	27.70	Session 05
Event 507	Mens Open 100m Butterfly	58.30	Session 05
Event 607	Mens Open 200m Backstroke	2:16.76	Session 06





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<b>Jacob CLARKE</b>	<b>01</b>		
Event 202	Mens Open 50m Freestyle	25.60	Session 02
Event 306	Mens Open 50m Butterfly	27.80	Session 03
Event 503	Mens Open 50m Backstroke	30.49	Session 05
<b>Lily GENNER</b>	<b>03</b>		
Event 305	Womens Open 50m Butterfly	31.20	Session 03
Event 502	Womens Open 50m Freestyle	28.80	Session 05
<b>Logan PYLE</b>	<b>02</b>		
Event 204	Mens Open 200m Butterfly	2:29.85	Session 02
<b>Millie SMALL</b>	<b>01</b>		
Event 502	Womens Open 50m Freestyle	28.90	Session 05
<b>Molly OLLINGTON</b>	<b>98</b>		
Event 203	Womens Open 50m Backstroke	30.68	Session 02
Event 303	Womens Open 100m Freestyle	58.10	Session 03
Event 305	Womens Open 50m Butterfly	28.60	Session 03
Event 502	Womens Open 50m Freestyle	27.00	Session 05
Event 506	Womens Open 100m Butterfly	1:05.60	Session 05
<b>Molly PEACOCK</b>	<b>02</b>		
Event 307	Womens Open 200m Backstroke	2:30.04	Session 03
Event 602	Womens Open 100m Backstroke	1:10.37	Session 06
<b>Myles TURNER</b>	<b>00</b>		
Event 102	Mens Open 1500m Freestyle	16:22.00	Session 01
Event 204	Mens Open 200m Butterfly	2:18.63	Session 02
Event 206	Mens Open 100m Breaststroke	1:09.70	Session 02
Event 208	Mens Open 400m Freestyle	4:06.40	Session 02
Event 302	Mens Open 100m Backstroke	1:00.67	Session 03
Event 304	Mens Open 200m Freestyle	1:57.00	Session 03
Event 501	Mens Open 200m IM	2:09.86	Session 05
Event 503	Mens Open 50m Backstroke	29.27	Session 05
Event 505	Mens Open 200m Breaststroke	2:28.24	Session 05
Event 601	Mens Open 400m IM	4:36.59	Session 06
Event 603	Mens Open 100m Freestyle	55.26	Session 06
Event 605	Mens Open 50m Breaststroke	33.14	Session 06
Event 607	Mens Open 200m Backstroke	2:07.76	Session 06
<b>Niamh PERRY</b>	<b>02</b>		
Event 508	Womens Open 400m Freestyle	4:34.80	Session 05
Event 604	Womens Open 200m Freestyle	2:09.80	Session 06
<b>Oliver PYLE</b>	<b>00</b>		
Event 202	Mens Open 50m Freestyle	25.79	Session 02
Event 206	Mens Open 100m Breaststroke	1:11.37	Session 02
Event 306	Mens Open 50m Butterfly	26.20	Session 03
Event 505	Mens Open 200m Breaststroke	2:36.24	Session 05
Event 507	Mens Open 100m Butterfly	1:00.50	Session 05
Event 605	Mens Open 50m Breaststroke	31.00	Session 06
<b>Olivia NICOLAI</b>	<b>00</b>		
Event 201	Womens Open 200m IM	2:36.32	Session 02
Event 207	Womens Open 100m Breaststroke	1:16.98	Session 02
Event 504	Womens Open 200m Breaststroke	2:46.86	Session 05
Event 606	Womens Open 50m Breaststroke	36.23	Session 06
<b>Samuel WORTLEY</b>	<b>01</b>		
Event 102	Mens Open 1500m Freestyle	18:03.41	Session 01
Event 302	Mens Open 100m Backstroke	1:02.90	Session 03
Event 304	Mens Open 200m Freestyle	2:05.76	Session 03
Event 503	Mens Open 50m Backstroke	30.00	Session 05
Event 607	Mens Open 200m Backstroke	2:16.59	Session 06
<b>Taylor BOWEN</b>	<b>01</b>		
Event 202	Mens Open 50m Freestyle	25.40	Session 02
Event 206	Mens Open 100m Breaststroke	1:13.00	Session 02
Event 302	Mens Open 100m Backstroke	1:03.69	Session 03
Event 306	Mens Open 50m Butterfly	26.20	Session 03
Event 501	Mens Open 200m IM	2:13.30	Session 05
Event 503	Mens Open 50m Backstroke	29.40	Session 05
Event 507	Mens Open 100m Butterfly	58.00	Session 05
Event 603	Mens Open 100m Freestyle	55.28	Session 06
<b>Witham Dolphins</b>			
<b>Aoife MARLEY</b>	<b>02</b>		
Event 201	Womens Open 200m IM	2:34.33	Session 02
Event 207	Womens Open 100m Breaststroke	1:15.90	Session 02
Event 301	Womens Open 400m IM	5:25.24	Session 03
Event 504	Womens Open 200m Breaststroke	2:42.90	Session 05

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Event 606 Womens Open 50m Breaststroke 35.20 Session 06

**Joseph BENTLEY 99**

Event 202 Mens Open 50m Freestyle 25.60 Session 02

Event 503 Mens Open 50m Backstroke 30.82 Session 05

**Joshua FOWLES 99**

Event 202 Mens Open 50m Freestyle 25.12 Session 02

Event 208 Mens Open 400m Freestyle 4:14.13 Session 02

Event 304 Mens Open 200m Freestyle 1:59.40 Session 03

Event 505 Mens Open 200m Breaststroke 2:34.70 Session 05

Event 603 Mens Open 100m Freestyle 54.10 Session 06

Event 605 Mens Open 50m Breaststroke 33.00 Session 06

**Maia MCPHERSON 01**

Event 207 Womens Open 100m Breaststroke 1:21.23 Session 02

Event 504 Womens Open 200m Breaststroke 2:54.52 Session 05

Event 606 Womens Open 50m Breaststroke 36.70 Session 06

### teamipswich

**Adam HARDY 02**

Event 206 Mens Open 100m Breaststroke 1:10.41 Session 02

Event 302 Mens Open 100m Backstroke 1:05.17 Session 03

Event 501 Mens Open 200m IM 2:21.33 Session 05

Event 503 Mens Open 50m Backstroke 30.02 Session 05

Event 605 Mens Open 50m Breaststroke 31.80 Session 06

**Amie PHILPOT 02**

Event 203 Womens Open 50m Backstroke 30.20 Session 02

Event 303 Womens Open 100m Freestyle 59.80 Session 03

Event 305 Womens Open 50m Butterfly 28.00 Session 03

Event 502 Womens Open 50m Freestyle 26.60 Session 05

Event 506 Womens Open 100m Butterfly 1:02.80 Session 05

Event 602 Womens Open 100m Backstroke 1:05.22 Session 06

**Annabelle BURGESS 03**

Event 207 Womens Open 100m Breaststroke 1:16.35 Session 02

Event 303 Womens Open 100m Freestyle 1:00.10 Session 03

Event 502 Womens Open 50m Freestyle 27.60 Session 05

Event 604 Womens Open 200m Freestyle 2:10.70 Session 06

Event 606 Womens Open 50m Breaststroke 34.20 Session 06

**Annika BROWN 03**

Event 303 Womens Open 100m Freestyle 1:02.10 Session 03

Event 502 Womens Open 50m Freestyle 28.48 Session 05

**Bayley FINBOW 00**

Event 102 Mens Open 1500m Freestyle 16:09.20 Session 01

Event 202 Mens Open 50m Freestyle 26.16 Session 02

Event 208 Mens Open 400m Freestyle 4:08.10 Session 02

Event 302 Mens Open 100m Backstroke 1:02.63 Session 03

Event 304 Mens Open 200m Freestyle 2:00.28 Session 03

Event 603 Mens Open 100m Freestyle 56.75 Session 06

Event 607 Mens Open 200m Backstroke 2:12.41 Session 06

**Dominic SCIFO 99**

Event 202 Mens Open 50m Freestyle 24.45 Session 02

Event 304 Mens Open 200m Freestyle 1:57.58 Session 03

Event 306 Mens Open 50m Butterfly 25.61 Session 03

Event 507 Mens Open 100m Butterfly 56.66 Session 05

Event 603 Mens Open 100m Freestyle 52.40 Session 06

**Ellie-Mae SMITH 01**

Event 203 Womens Open 50m Backstroke 32.55 Session 02

Event 305 Womens Open 50m Butterfly 30.20 Session 03

Event 506 Womens Open 100m Butterfly 1:09.66 Session 05

**Elliott DAY 02**

Event 202 Mens Open 50m Freestyle 26.23 Session 02

Event 204 Mens Open 200m Butterfly 2:21.90 Session 02

Event 306 Mens Open 50m Butterfly 27.40 Session 03

Event 507 Mens Open 100m Butterfly 58.50 Session 05

Event 603 Mens Open 100m Freestyle 55.90 Session 06

**Emily DOWDING 98**

Event 101 Womens Open 800m Freestyle 9:07.96 Session 01

Event 201 Womens Open 200m IM 2:26.62 Session 02

Event 506 Womens Open 100m Butterfly 1:04.92 Session 05

Event 508 Womens Open 400m Freestyle 4:29.80 Session 05

Event 604 Womens Open 200m Freestyle 2:09.40 Session 06



**East Swimming**  
**2017 Winter Championships (50m)**  
*(Under ASA Laws and Regulations and ASA Technical Rules of Racing)*  
**Sportspark: UEA Norwich**  
(Licensed Meet No. 1ER170911)



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<b>Emily WHYTE</b>		<b>03</b>		
Event 203	Womens Open 50m Backstroke	31.50	Session 02	
Event 303	Womens Open 100m Freestyle	1:02.13	Session 03	
Event 307	Womens Open 200m Backstroke	2:27.19	Session 03	
Event 502	Womens Open 50m Freestyle	28.68	Session 05	
Event 602	Womens Open 100m Backstroke	1:07.59	Session 06	
<b>Emma CRUICKSHANKS</b>		<b>03</b>		
Event 203	Womens Open 50m Backstroke	31.00	Session 02	
Event 303	Womens Open 100m Freestyle	1:01.65	Session 03	
Event 307	Womens Open 200m Backstroke	2:22.00	Session 03	
Event 502	Womens Open 50m Freestyle	28.00	Session 05	
Event 602	Womens Open 100m Backstroke	1:05.97	Session 06	
<b>Grace KING</b>		<b>03</b>		
Event 201	Womens Open 200m IM	2:32.25	Session 02	
Event 207	Womens Open 100m Breaststroke	1:18.36	Session 02	
Event 301	Womens Open 400m IM	5:22.54	Session 03	
Event 504	Womens Open 200m Breaststroke	2:48.21	Session 05	
<b>Isabelle ROSHER</b>		<b>03</b>		
Event 201	Womens Open 200m IM	2:33.90	Session 02	
Event 207	Womens Open 100m Breaststroke	1:18.67	Session 02	
Event 502	Womens Open 50m Freestyle	29.11	Session 05	
Event 504	Womens Open 200m Breaststroke	2:47.91	Session 05	
<b>Joe COOPER</b>		<b>04</b>		
Event 102	Mens Open 1500m Freestyle	17:45.30	Session 01	
Event 208	Mens Open 400m Freestyle	4:27.90	Session 02	
Event 505	Mens Open 200m Breaststroke	2:40.30	Session 05	
Event 601	Mens Open 400m IM	5:06.67	Session 06	
<b>Lewis MOORE</b>		<b>02</b>		
Event 202	Mens Open 50m Freestyle	24.50	Session 02	
Event 206	Mens Open 100m Breaststroke	1:10.90	Session 02	
Event 304	Mens Open 200m Freestyle	2:00.82	Session 03	
Event 501	Mens Open 200m IM	2:16.60	Session 05	
Event 505	Mens Open 200m Breaststroke	2:36.50	Session 05	
Event 603	Mens Open 100m Freestyle	54.70	Session 06	
Event 605	Mens Open 50m Breaststroke	32.60	Session 06	
<b>Matthew DEBENHAM</b>		<b>04</b>		
Event 102	Mens Open 1500m Freestyle	18:01.75	Session 01	
Event 206	Mens Open 100m Breaststroke	1:13.40	Session 02	
Event 505	Mens Open 200m Breaststroke	2:40.19	Session 05	
Event 605	Mens Open 50m Breaststroke	33.00	Session 06	
<b>Mia MASPERS</b>		<b>02</b>		
Event 203	Womens Open 50m Backstroke	31.11	Session 02	
Event 303	Womens Open 100m Freestyle	57.00	Session 03	
Event 305	Womens Open 50m Butterfly	29.30	Session 03	
Event 502	Womens Open 50m Freestyle	25.80	Session 05	
<b>Rebecca SHERWIN</b>		<b>00</b>		
Event 201	Womens Open 200m IM	2:19.06	Session 02	
Event 203	Womens Open 50m Backstroke	28.80	Session 02	
Event 303	Womens Open 100m Freestyle	56.00	Session 03	
Event 307	Womens Open 200m Backstroke	2:14.07	Session 03	
Event 508	Womens Open 400m Freestyle	4:16.30	Session 05	
Event 602	Womens Open 100m Backstroke	1:01.85	Session 06	
Event 604	Womens Open 200m Freestyle	2:00.70	Session 06	
<b>Regan LLOYD</b>		<b>97</b>		
Event 202	Mens Open 50m Freestyle	24.21	Session 02	
Event 208	Mens Open 400m Freestyle	3:53.85	Session 02	
Event 304	Mens Open 200m Freestyle	1:48.75	Session 03	
Event 603	Mens Open 100m Freestyle	50.77	Session 06	
<b>Safia BUTTON</b>		<b>04</b>		
Event 203	Womens Open 50m Backstroke	31.73	Session 02	
Event 303	Womens Open 100m Freestyle	59.00	Session 03	
Event 305	Womens Open 50m Butterfly	30.30	Session 03	
Event 307	Womens Open 200m Backstroke	2:29.92	Session 03	
Event 502	Womens Open 50m Freestyle	27.40	Session 05	
Event 506	Womens Open 100m Butterfly	1:08.40	Session 05	
Event 508	Womens Open 400m Freestyle	4:33.80	Session 05	
Event 602	Womens Open 100m Backstroke	1:06.70	Session 06	
Event 604	Womens Open 200m Freestyle	2:07.80	Session 06	

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<b>Sam PERKINS</b>		<b>02</b>		
Event 202	Mens Open 50m Freestyle	25.30	Session 02	
Event 206	Mens Open 100m Breaststroke	1:07.91	Session 02	
Event 304	Mens Open 200m Freestyle	2:01.72	Session 03	
Event 501	Mens Open 200m IM	2:14.00	Session 05	
Event 505	Mens Open 200m Breaststroke	2:27.50	Session 05	
Event 603	Mens Open 100m Freestyle	54.70	Session 06	
Event 605	Mens Open 50m Breaststroke	31.20	Session 06	
<b>Samuel COTTEE</b>		<b>00</b>		
Event 202	Mens Open 50m Freestyle	24.00	Session 02	
Event 206	Mens Open 100m Breaststroke	1:09.05	Session 02	
Event 304	Mens Open 200m Freestyle	1:57.10	Session 03	
Event 501	Mens Open 200m IM	2:14.00	Session 05	
Event 603	Mens Open 100m Freestyle	52.30	Session 06	
Event 605	Mens Open 50m Breaststroke	30.60	Session 06	
<b>Thomas CLARE</b>		<b>01</b>		
Event 302	Mens Open 100m Backstroke	56.76	Session 03	
Event 304	Mens Open 200m Freestyle	1:55.50	Session 03	
Event 306	Mens Open 50m Butterfly	25.80	Session 03	
Event 503	Mens Open 50m Backstroke	26.90	Session 05	
Event 507	Mens Open 100m Butterfly	57.00	Session 05	
Event 603	Mens Open 100m Freestyle	53.10	Session 06	
Event 607	Mens Open 200m Backstroke	2:03.93	Session 06	
<b>William PESTELL</b>		<b>03</b>		
Event 501	Mens Open 200m IM	2:23.53	Session 05	
Event 601	Mens Open 400m IM	5:04.34	Session 06	