



# British Gas ASA East Region Youth Championships(50m) 2014

*(Under ASA Laws & ASA Technical Rules)*

**Inspire: Luton Sports Village - Luton**

**Saturday 3 & Sunday 4 May 2014**

*(Licensed Meet No 1ERX406)*



## SCHEDULE OF EVENTS – DAY ONE

### SESSION ONE

**Saturday 3 May - Start 09:30**

101	Women	100m	Butterfly
102	Men	200m	Ind. Medley
103	Women	50m	Freestyle
104	Men	100m	Backstroke
105	Women	200m	Breaststroke
106	Men	1500m	Freestyle (TF)
107	Women 15/16	100m	Butterfly Final
108	Women 17/OV	100m	Butterfly Final
109	Men 15/16	200m	Ind. Medley Final
110	Men 17/OV	200m	Ind. Medley Final
111	Women 15/16	50m	Freestyle Final
112	Women 17/OV	50m	Freestyle Final
113	Men 15/16	100m	Backstroke Final
114	Men 17/OV	100m	Backstroke Final
115	Women 15/16	200m	Breaststroke Final
116	Women 17/OV	200m	Breaststroke Final

### SESSION TWO

**Saturday 3 May - Start 14:00**

201	Men	4x100m	Medley Team (TF)
202	Women	4x100m	Freestyle Team (TF)
203	Men	50m	Backstroke
204	Women	200m	Backstroke
205	Men	100m	Breaststroke
206	Women	50m	Butterfly
207	Men	400m	Freestyle (TF)
208	Men 15/16	50m	Backstroke Final
209	Men 17/OV	50m	Backstroke Final
210	Women 15/16	200m	Backstroke Final
211	Women 17/OV	200m	Backstroke Final
212	Men 15/16	100m	Breaststroke Final
213	Men 17/OV	100m	Breaststroke Final
214	Women 15/16	50m	Butterfly Final
215	Women 17/OV	50m	Butterfly Final

### SESSION THREE

**Saturday 3 May - Start 17:30**

301	Men & Women	4x100m	Freestyle Team (TF)
302	Men	4x200m	Freestyle Team (TF)
303	Women	50m	Breaststroke
304	Men	200m	Butterfly
305	Women	200m	Freestyle
306	Men	100m	Freestyle
307	Women	400m	Ind. Medley (TF)
308	Women 15/16	50m	Breaststroke Final
309	Women 17/OV	50m	Breaststroke Final
310	Men 15/16	200m	Butterfly Final
311	Men 17/OV	200m	Butterfly Final
312	Women 15/16	200m	Freestyle Final
313	Women 17/OV	200m	Freestyle Final
314	Men 15/16	100m	Freestyle Final
315	Men 17/OV	100m	Freestyle Final

TF = Timed Final

WarmUp One Hour Before Start Time



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## **SCHEDULE OF EVENTS – DAY TWO**

### **SESSION FOUR**

**Sunday 4 May - Start 09:30**

401	Men	100m	Butterfly
402	Women	200m	Ind. Medley
403	Men	50m	Freestyle
404	Women	100m	Backstroke
405	Men	200m	Breaststroke
406	Women	800m	Freestyle (TF)
407	Men 15/16	100m	Butterfly Final
408	Men 17/OV	100m	Butterfly Final
409	Women 15/16	200m	Ind. Medley Final
410	Women 17/OV	200m	Ind. Medley Final
411	Men 15/16	50m	Freestyle Final
412	Men 17/OV	50m	Freestyle Final
413	Women 15/16	100m	Backstroke Final
414	Women 17/OV	100m	Backstroke Final
415	Men 15/16	200m	Breaststroke Final
416	Men 17/OV	200m	Breaststroke Final

### **SESSION FIVE**

**Sunday 4 May - Start 14:00**

501	Women	4x100m	Medley Team (TF)
502	Men	4x100m	Freestyle Team (TF)
503	Women	50m	Backstroke
504	Men	200m	Backstroke
505	Women	100m	Breaststroke
506	Men	50m	Butterfly
507	Women	400m	Freestyle (TF)
508	Women 15/16	50m	Backstroke Final
509	Women 17/OV	50m	Backstroke Final
510	Men 15/16	200m	Backstroke Final
511	Men 17/OV	200m	Backstroke Final
512	Women 15/16	100m	Breaststroke Final
513	Women 17/OV	100m	Breaststroke Final
514	Men 15/16	50m	Butterfly Final
515	Men 17/OV	50m	Butterfly Final

### **SESSION SIX**

**Sunday 4 May - Start 17:45**

601	Women	4x200m	Freestyle Team (TF)
602	Men	50m	Breaststroke
603	Women	200m	Butterfly
604	Men	200m	Freestyle
605	Women	100m	Freestyle
606	Men	400m	Ind. Medley (TF)
607	Men 15/16	50m	Breaststroke Final
608	Men 17/OV	50m	Breaststroke Final
609	Women 15/16	200m	Butterfly Final
610	Women 17/OV	200m	Butterfly Final
611	Men 15/16	200m	Freestyle Final
612	Men 17/OV	200m	Freestyle Final
613	Women 15/16	100m	Freestyle Final
614	Women 17/OV	100m	Freestyle Final

TF = Timed Final

WarmUp One Hour Before Start Time