



Harlow Penguins Swimming Club

www.harlowpenguins.com



Affiliated Club



Winter Open Meet

A Level 3 Licensed meet No. 3ER14074

under ASA Laws & ASA Technical Rules of Swimming

Harlow LeisureZone, Essex. CM20 3DT

Saturday 22nd November 2014

INDIVIDUAL ENTRY FORM

Surname:	Forename:
Address:	
Tel:	Club:
email:	Dob:
ASA#:	Age at 22/11/14:
Male / Female:	

DISTANCE	EVENT	ENTRY FEE	ENTRY TIME
200m	Freestyle		
200m	Backstroke		
100m	Backstroke		
100m	Freestyle		
100m	Butterfly		
100m	Breaststroke		
200m	Breaststroke		
200m	Butterfly		
400m	Freestyle		
	TOTAL FEE	£	No time = no swim

Entry fee £5.00 per event

HPSC reserves the right to restrict 400m entries on a “fastest time” basis to 2 heats

Please make cheques payable to HPSC

Closing date for entries is 22nd October 2014

Completed form & cheque should be sent to:

Jonathan Chan: 117 Parsonage Leys, Harlow. Essex. CM20 3PH.

Only individual entries on this form –electronic Club entries to be sent by SPORTSYS to openmeet@harlowpenguins.com. One cheque per Club.