



AGE GROUP CHAMPIONSHIPS 2015

SPECTATOR INFORMATION

- All spectator seats overlooking the Competition pool ONLY will be numbered- spectators will be given a ticket upon entry with their seat number on – Seat Tickets are for EACH session and will be colour coded per session - ALL spectators must be present at the time of entry to receive a ticket
 - Swimmers are not permitted on the balcony at any time
 - Fold up chairs are not permitted on the balcony
- The queue for the merchandise will open at the START of the last warm up for each session- queuing will not be permitted before this time
 - Disabled seats can be booked in advance by emailing essexswimming@btopenworld.com- These seats will be in the disabled seating area ONLY
- The balcony will be totally cleared between sessions- any belongings left will be placed along the back wall
- The queue for the Spectator Gallery will be directed along the Gallery of the Athletic track – therefore there will be some outside queuing
- Verbal abuse directed at our Volunteers will not be tolerated at any time and offenders may be asked to leave
- If you have a seat numbered ticket and leave before the end of the session please offer your tickets to someone else who is standing

Unoccupied numbered seats (where there are no belongings left) may be taken by others standing

Essex Age Group Championships 2015





ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION
County Association of East and London Regions

SWIMMERS INFORMATION

ALL clubs will be allocated a space on poolside

- **Entry to poolside will be 10 minutes before the first Warm up for ALL swimmers & Coaches for ALL sessions (except the 2nd session when there are 2 sessions in the day)**
 - **Swimmers will not be permitted on the balcony at any time**
 - **Fold Up Chairs are not permitted on the poolside**
 - **Swimmers must swim in their permitted warm up ONLY**
- **Swimmers can warm up at any time in the Swim Down Pool once the competition has started in Lanes 1-4 ONLY**
- **ALL swimmers must report to the marshalling area before their event**
- **Relay events do not report to the marshalling area- these remain the Coaches responsibility**
- **If a swimmer 'forgets to sign in this MUST be reported to the results area before the start of that event- If a lane is available they will be permitted on a first come first served basis to swim in the first heat**

Please email essexswimming@btopenworld.com with any questions

