

# Halstead SC : 4th Season Sprint Starter

3rd September 2016

License No 3ER161439



## Sign-In and Warm-Up Deatils

**Sign-In commences 16:40 and closes 17:10**

**Warm-Up Starts 16.55 (12 mins Warm Up incl. 3 mins Starts/Sprints)**

Session 1	Start Time	Finish Time	Club	No of Swimmers	Total
Warm-Up #1	16:55	17:07	Bishops Stortford SC	3	68
			Braintree & Bocking SC	48	
			Chelmsford SC Ltd	17	
Warm-Up #2	17:07	17:19	Clacton Swimming Club	10	60
			Hadleigh Swimming Club	6	
			Harwich Dovercourt/Parkeston SC	14	
			Hatfield SC	1	
			Leiston & District Swimming Club	6	
			Maldon Sharks Swimming Club	12	
			Royal Tunbridge Wells Monson SC	1	
			St Ives SC	2	
			Team Ipswich Swimming	2	
			West Suffolk Swimming Club	6	
Warm-Up #3	17:19	17:31	Halstead Swimming Club	68	68