



HALSTEAD SWIMMING CLUB

Annual Open Meet 2020

License number: 3ER200749



Date: **Sunday, 26 April 2020**

Closing date: **14 March 2020**

Venue: **Braintree Swimming Centre**

Ages at: **Day of meet**

Session 1

Provisional warm-up: 08:00

Start: 09:15

Event No.	Gender	Distance	Stroke
1	Girls	200M	Freestyle
2	Boys	200M	Freestyle
3	Girls	100M	Butterfly
4	Boys	100M	Butterfly
5	Girls	50M	Backstroke
6	Boys	50M	Backstroke
7	Girls	100M	Breaststroke
8	Boys	100M	Breaststroke
9	Girls	50M	Freestyle
10	Boys	50M	Freestyle

Session 2

Provisional warm-up: 13:30

Start: 14:15

Event No.	Gender	Distance	Stroke
11	Girls	100M	Individual Medley
12	Boys	100M	Individual Medley
13	Girls	50M	Butterfly
14	Boys	50M	Butterfly
15	Girls	100M	Backstroke
16	Boys	100M	Backstroke
17	Girls	50M	Breaststroke
18	Boys	50M	Breaststroke
19	Girls	100M	Freestyle
20	Boys	100M	Freestyle

FEMALE - Upper Limit Qualification Times

Distance	Stroke	9 yrs	10 yrs	11 yrs	12 yrs	13 yrs	14 yrs	15 yrs	16+ yrs
50m	Back	0:38.0	0:35.5	0:34.1	0:33.1	0:32.0	0:31.5	0:30.6	0:30.1
50m	Breast	0:43.0	0:40.4	0:38.4	0:36.8	0:36.5	0:35.8	0:35.3	0:35.0
50m	Fly	0:37.5	0:34.2	0:31.4	0:31.2	0:30.9	0:30.4	0:29.6	0:29.3
50m	Free	0:31.5	0:30.3	0:29.2	0:28.7	0:27.8	0:27.3	0:27.0	0:26.7
100m	Back		1:18.0	1:14.2	1:09.3	1:08.5	1:07.9	1:06.4	1:05.6
100m	Breast		1:30.0	1:24.7	1:21.4	1:20.0	1:18.1	1:17.5	1:16.4
100m	Fly		1:18.0	1:14.9	1:09.0	1:08.0	1:06.8	1:06.2	1:05.3
100m	Free		1:07.0	1:03.2	1:00.2	0:58.9	0:58.2	0:57.3	0:56.3
100m	IM	1:25.3	1:18.0	1:14.0	1:11.7	1:09.4	1:08.9	1:08.5	1:07.6
200m	Free	2:41.7	2:32.1	2:22.0	2:16.0	2:10.0	2:08.0	2:06.6	2:04.9

MALE - Upper Limit Qualification Times

Distance	Stroke	9 yrs	10 yrs	11 yrs	12 yrs	13 yrs	14 yrs	15 yrs	16+ yrs
50m	Back	0:38.5	0:36.3	0:34.5	0:32.4	0:30.0	0:28.5	0:27.4	0:26.9
50m	Breast	0:44.2	0:42.8	0:40.8	0:39.0	0:35.6	0:33.6	0:32.1	0:30.4
50m	Fly	0:37.5	0:34.5	0:33.0	0:32.0	0:29.3	0:28.5	0:27.0	0:25.2
50m	Free	0:33.0	0:30.7	0:28.9	0:27.9	0:26.7	0:25.7	0:24.5	0:23.3
100m	Back		1:19.0	1:14.0	1:09.0	1:05.2	1:03.2	1:00.7	0:57.9
100m	Breast		1:30.0	1:25.0	1:22.6	1:17.3	1:15.4	1:11.2	1:07.0
100m	Fly		1:18.0	1:14.0	1:09.5	1:05.2	1:02.3	0:59.3	0:57.3
100m	Free		1:10.0	1:05.0	0:59.9	0:56.5	0:54.6	0:52.9	0:51.9
100m	IM	1:24.2	1:21.5	1:15.1	1:12.3	1:08.5	1:05.2	1:02.5	0:59.2
200m	Free	2:41.6	2:29.0	2:28.0	2:15.0	2:08.8	2:01.5	1:57.5	1:55.3